HAWTHORN PARK RETIREMENT COMMUNITY

October 2019
Orchard Manor

Verve INSPIRED SENIOR LIVING

- Emotional
- Intellectual
- Physical
- Purposeful
- Social
- Spiritual

Living Loving Local

Apples

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 ***Active Ageing Week!*** 9:00 *Go4Life Walking Club* 9:45 Pet Therapy with Sparkles and Winston 10:45 Music therapy with Ipods + Hand Massages 1:15 ***Legion Outing *Sign up*** 3:30 Afternoon Visits 6:30 Oktoberfest Choir Performance in the Hawthorn Park Lounge	2 **Laura's Planning Day** 9:00 Visits with Amaljeet! 10:00 Pet Therapy with Nina and Oakley 2:00 Musical Performance by Memory Lane	3 9:00 Morning Visits 9:45 Java Music Club 10:45 Communion 1:30 Baking Healthy Breakfast Apple Crumble! 2:30 **Learning the health benefits of Fruit and Veggies!** 3:30 Go4Life Walking Club	4 **Living Loving Local Monthly Dinner *Featuring Apples*** 9:15 Morning Yoga and Meditation 10:30 Active Games ! 1:15 Outdoor walks 2:00 **Happy Hour & Social with Ray Turner** 3:15 Words of advice to live healthy and happy!	5 10:00 Piano Music with Beryl 2:30 Coffee Time! 3:15 Movie Feature and snacks "Young at Heart"
6 **Katie is in this morning** 9:00 *Go4Life Walking Club* 10:00 Shake Loose a Memory + Card Games 11:15 One on One Visits	7 **Katie is in today** 9:00 Bean Bag Toss Game 10:15 Word Games & Trivia 11:00 Current Events & News! 1:15 Krafts with Katie! 2:00 Music Therapy With Ria Falkner 3:30 Manicures	8 9:00 *Go4Life Walking Club* 9:45 Pet Visits with Sparkles and Winston 10:45 Lunch at Boston Pizza on the Westside! 2:30 Music therapy with Ipods + Hand Massages 3:30 Afternoon Visits 6:15 Games Night 7:00 Sensory Visits	9 9:00 Visits with Amaljeet! 9:30 Tractor Ride and Farm Tour and Lunch at Davidson's Orchard (Vernon) 11:00 **Anglican Church Service** 3:00 Follow your Nose Game!	10 9:00 Morning Visits 9:45 Java Music Club 10:45 Communion 1:30 Making Graham Cracker Apple Snacks 2:30 Apple Trivia and Fun Facts 3:30 Balloon Badminton!	11 10:30 Song Bingo with Jolynne! 2:00 **Happy Hour & Social with Rolland Quesseth [LO]**	12 10:00 Piano Music with Beryl 11:30 Thanksgiving Lunch! Guests are welcome. Please RSVP at reception by October 4th 2:30 Coffee Time! 3:15 Movie Feature and snacks "Sherlock Holmes Mysteries"
13 **Laura is in today** 9:00 *Go4Life Walking Club* 1:45 Scenic Drive 3:30 Manicures with Laura	14 **Thanksgiving** 10:30 Java Music Club at Hawthorn Park! 3:30 Afternoon Visits	15 9:00 *Go4Life Walking Club* 9:45 Pet Visits with Sparkles and Winston 10:45 Lunch Outing to the Old Spaghetti Factory & Scenic Drive! 3:30 Afternoon Visits 6:15 Book Club 7:00 Sensory Visits	16 9:00 Visits with Amaljeet! 9:15 Morning Sing A Long 10:00 Pet Visits with Nina and Oakley 2:00 Music with the Good Time Entertainers 3:15 Music therapy with Ipods + Hand Massages	17 9:00 Morning Visits 9:45 Java Music Club 10:45 Communion 1:30 Baking Program 3:00 Painting Pumpkins	18 9:15 Morning Exercises and Stretches 10:15 Word Games & Trivia 11:00 One on One Visits 2:00 **Happy Hour & Social with Mar** 3:15 Reading Ghost Stories	19 10:00 Piano Music with Beryl 2:30 Coffee Time! 3:15 Movie Feature and snacks "The Bishops Wife"
20 **Katie is in this morning** 9:00 *Go4Life Walking Club* 10:00 Shake Loose a Memory + Card Games 11:15 One on One Visits	21 **Katie is in today** 9:00 Bean Bag Toss Game 10:15 Word Games & Trivia 11:00 Current Events & News! 1:30 Krafts with Katie! 2:30 Reading Short Stories & Poems 3:30 Manicures	22 9:00 *Go4Life Walking Club* 9:45 Pet Visits with Sparkles and Winston 10:45 Lunch at Perkins! 2:30 Painting Group! 3:00 Music therapy with Ipods + Hand Massages 6:15 Games Night 7:00 Sensory Visits	23 9:00 Visits with Amaljeet! 9:15 Morning Sing A Long 10:30 News and Current Events 1:30 Making Halloween Slime! 2:30 Go4Life Walking Club 3:00 Afternoon Visits	24 8:00 Breakfast Club *Featuring Apple Cinnamon French Toast 9:00 Morning Visits 9:45 Java Music Club 10:45 Communion 11:00 Catholic Mass 1:30 Making Fruit Salad! 2:30 Reading Poems and Stories	25 10:30 Active Games & Stretch 1:30 **Happy Hour & Social with Ria Falkner**	26 10:00 Piano Music with Beryl 2:30 Coffee Time! 3:15 Movie Feature and snacks ft. Alfred Hitchcock's " North by Northwest"
27 **Laura is in today** 9:00 Exercises and stretches 10:00 *Go4Life Walking Club* 10:45 Manicures with Laura 1:45 Scenic Drive 3:15 Music therapy with Ipods + Hand Massages	28 **Katie is in today** 9:00 Bean Bag Toss Game 11:00 Current Events & News! 1:30 Krafts with Katie! 2:30 Reading Short Stories & Poems 3:30 Manicures	29 9:00 *Go4Life Walking Club* 9:45 Pet Visits with Sparkles and Winston 10:15 Painting Group! 1:30 Scenic Drive to Apple Orchards in Kelowna with a special Hot Apple Cider 3:30 Afternoon Visits 6:15 Book Club 7:00 Sensory Visits	30 9:00 Visits with Amaljeet! 9:30 Pumpkin Bowling 10:00 Pet Visits with Nina and Oakley 1:30 Baking Ghost Cakes! 2:30 Halloween Themed Song Bingo!	31 **Halloween** 9:00 Morning Monster Mash Exercise! 9:45 Java Music Club with Spooky Snacks 10:45 Communion 1:30 Halloween Party with COCO Blanca 3:00 Halloween Jokes and Trivia!		

Created on Monday, September 30, 2019 3:10 PM