

Granville Gardens: It feels like home

This boutique-style retirement community offers an 'all-inclusive' approach to life

Life at Granville Gardens Retirement Residence can best be described as an opportunity "to explore a lifestyle of enriching opportunities," says Jennifer Juarez, General Manager of Granville Gardens.

"Whether through our variety of stimulating programs, our exclusive fine dining experience, and options for additional care within the independent and assisted living scope," says Juarez. "We are a welcoming senior living community where professional and experienced staff and certified wellness attendants care about our residents and encourage a lifestyle of independence and exclusivity. A retirement residence where your physical needs and sense of belonging are met, but most importantly a place to call home."

Juarez describes the retirement community concept as similar to an all-inclusive retreat. At Granville Gardens, residents can enjoy upscale and fine dining three-meals a day or help themselves to the complimentary 24-hour bistro. Multicultural offerings are

also an important part of the daily menus at Granville Gardens. As well, residents can order a bagged lunch to-go if they have an event or appointment.

"Our food is inclusive and diverse and freshly made every day to accommodate all cultural preferences," says Juarez. "We thrive on healthy living and a lifestyle of fresh ingredients with an emphasis on excellence. From continental breakfast items available at any time in our bistro or an alternative of a full hot breakfast buffet, the choices are endless. Our certified chefs understand quality and expertise for an excellent senior living lifestyle."

Juarez says Granville Gardens includes a fresh, open concept with contemporary details used to create a warm, West Coast look and feel. And, when it comes to getting residents moving and motivated, the team at Granville Gardens goes out of its way to ensure there's something for everyone. Spearheaded by the Life Enrichment Services Manager, Life Enrichment attendants, volunteers and even

the residents themselves, the Gardens offers numerous programs, activities and outings.

Programs and opportunities offered at the Gardens include everything from art to exercise, to music, games, community outings, lectures and presentations to themed and seasonal parties.

"We offer plenty of options that cater to the emotional, physical, purposeful, social and spiritual needs of our existing community," says Juarez. "Our residents are encouraged to have purpose, be involved and bring their own talents, creativity, ideas and suggestions to make this the most enriching, long-lasting exclusive home living they deserve."

The Gardens is home to 62 suites over three floors, with two elevators and short hallways, which allow residents to feel at home in their own private apartments. And, with the option for prolonged living, it also offers personalized services — at an additional cost — including help with bathing, dressing, companionship, medication administration and more.

"We thrive off of our health and wellness aspect of independent/assisted living by helping you stay here for as long as possible with an emphasis on personalized healthy living and care," says Juarez. "Our nurse and wellness team will prepare you for the next step by monitoring your wellbeing, cognitively, physically, emotionally and mentally and will guide you in the right direction once the next step is needed. Our sister residences offer extended 24-hour care and memory care." ●



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