

| Sunday                                                                                                                                                                                                                                                                                                            | Monday                                                                                                                                                                                                                                                                | Tuesday                                                                                                                                                                                                                                      | Wednesday                                                                                                                                                                                                                                                                                     | Thursday                                                                                                                                                                                                                                                                | Friday                                                                                                                                                                                                                                                                        | Saturday                                                                                                                                                                                                                               |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <div>January cont'd</div> <div>31</div> <div>Weekly Puzzle Package Available at Reception (Pick-up)</div> <div>10:30 ☺ Easy Listening Music Hour [L]</div> <div>2:00 🧠 Afternoon Documentary: "Sea of Hope" [GR]</div> <div>6:30 ☺ Sunday Movie Night: "Miracle" [GR]</div>                                       | <div></div> <div>JANUARY</div>                                                                                                                                                      |                                                                                                                                                                                                                                              | <div></div>                                                                                                                                                                                                | <div></div> <div>GRANVILLE GARDENS</div>                                                                                                                                             | <div>New Year's Day</div> <div>1</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>2:15 ☺ Friday Afternoon Entertainment: "Andre Rieu - Live in Brazil" [L]</div> <div>6:30 ☺ Popcorn &amp; A Movie Night: "Remember the Titans" [GR]</div>                       | <div>10:30 🧶 Granville Knitting Club [AR]</div> <div>2:00 🚶 Go4Life Walking Club (Self Run)</div> <div>6:30 ☺ Classic Movie Night: "Hello Dolly" [GR]</div>                                                                            |
| <div>Foot Care Service with Gurpindeer</div> <div>3</div> <div>Weekly Puzzle Package Available at Reception (Pick-up)</div> <div>10:30 ☺ Easy Listening Music Hour [L]</div> <div>2:00 🧠 Afternoon Documentary: "Diana: In her own words" [GR]</div> <div>6:30 ☺ Sunday Movie Night: "Captin Phillips" [GR]</div> | <div>4</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>2:15 ☺ Monday Movie Matinee: "We Bought A Zoo" [GR]</div> <div>3:00 ☺ Adult Colouring Hour [PDR]</div>                                                                                           | <div>5</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Name that Tune [L]</div> <div>2:00 🧠 Meet Me @ The MoMa Lecture: "Greg Curnoe" [GR]</div> <div>6:00 🧠 Mad Gab Game Night [L]</div>                          | <div>6</div> <div>10:00 ☺ Coffee &amp; Chats [L]</div> <div>11:00 🧠 Blurt! [L]</div> <div>2:15 🧠 BINGO! [GR]</div> <div>3:45 🧠 TED Talk Presentation &amp; Discussion: "My Journey from Marine to Actor" [GR]</div> <div>6:00 🧠 Brain Games with JP! [L]</div>                                | <div>7</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Travelogue: "Rick Steve's - Amsterdam" [GR]</div> <div>2:30 🧠 New Year Vision Board Workshop [GR]</div> <div>6:00 🧠 Group Trivia! [L]</div>                                            | <div>8</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 ☺ Java Music Club [GR]</div> <div>2:15 ☺ Friday Afternoon Entertainment: "La Bamba"</div> <div>6:30 ☺ Popcorn &amp; A Movie Night: "Chef" [GR]</div>                                               | <div>New Scattergories Sheet Available at Reception (Pick-up)</div> <div>10:30 🧶 Granville Knitting Club [AR]</div> <div>2:00 🚶 Go4Life Walking Club (Self Run)</div> <div>6:30 ☺ Classic Movie Night: "Big Business" [GR]</div>       |
| <div>Weekly Puzzle Package Available at Reception (Pick-up)</div> <div>10</div> <div>10:30 ☺ Easy Listening Music Hour [L]</div> <div>2:00 🧠 Afternoon Documentary: "Titanic: 20 Years Later" [GR]</div> <div>6:30 ☺ Sunday Movie Night: "Black Beauty" [GR]</div>                                                | <div>11</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 🧠 Fit Minds [AR]</div> <div>2:15 ☺ Monday Movie Matinee: "Hidden Figures" [GR]</div> <div>3:00 ☺ Adult Colouring Hour [PDR]</div> <div>6:00 ☺ Tea &amp; Reminiscing with Thea [L]</div>   | <div>12</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Name that Tune [L]</div> <div>2:00 🧠 Meet Me @ The MoMa Painting Session [AR]</div> <div>6:00 🧠 Mad Gab Game Night [L]</div>                               | <div>13</div> <div>10:00 ☺ Coffee &amp; Chats [L]</div> <div>11:00 🧠 Rhyming Riddles [L]</div> <div>2:15 🧠 BINGO! [GR]</div> <div>3:45 🧠 TED Talk Presentation &amp; Discussion: "Ethan Hawke: Give Yourself Permission to be Creative" [GR]</div> <div>6:00 🧠 Brain Games with JP! [L]</div> | <div>14</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Travelogue: "Rick Steve's - The Netherlands Beyond Amsterdam" [GR]</div> <div>3:00 ☺ Wine &amp; Cheese Tasting with Kaylie [DR]</div> <div>6:00 🧠 Group Trivia! [L]</div>             | <div>15</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 ☺ Java Music Club [GR]</div> <div>2:15 ☺ Friday Afternoon Entertainment: "Dolly Parton - Here I am"</div> <div>6:30 ☺ Popcorn &amp; A Movie Night: "Aladdin" [GR]</div>                           | <div>New Scattergories Sheet Available at Reception (Pick-up)</div> <div>10:30 🧶 Granville Knitting Club [AR]</div> <div>2:00 🚶 Go4Life Walking Club (Self Run)</div> <div>6:30 ☺ Classic Movie Night: "The Sound of Music" [GR]</div> |
| <div>Weekly Puzzle Package Available at Reception (Pick-up)</div> <div>17</div> <div>10:30 ☺ Easy Listening Music Hour [L]</div> <div>2:00 🧠 Afternoon Documentary: "Into the Grand Canyon" [GR]</div> <div>6:30 ☺ Sunday Movie Night: "Togo" [GR]</div>                                                          | <div>18</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 🧠 Fit Minds [AR]</div> <div>2:15 ☺ Monday Movie Matinee: "The Finest Hours" [GR]</div> <div>3:00 ☺ Adult Colouring Hour [PDR]</div> <div>6:00 ☺ Tea &amp; Reminiscing with Thea [L]</div> | <div>19</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Name that Tune [L]</div> <div>2:00 🧠 Meet Me @ The MoMa Lecture: "Helen McNicoll - The Apple Gatherer" [GR]</div> <div>6:00 🧠 Mad Gab Game Night [L]</div> | <div>20</div> <div>10:00 ☺ Coffee &amp; Chats [L]</div> <div>11:00 🧠 Blurt! [L]</div> <div>2:15 🧠 BINGO! [GR]</div> <div>3:45 🧠 TED Talk Presentation &amp; Discussion: "Brene Brown - Listening to Shame" [GR]</div> <div>6:00 🧠 Brain Games with JP! [L]</div>                              | <div>21</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Travelogue: "Rick Steve's - Scotland's Islands" [GR]</div> <div>3:00 🧠 Culinary Demonstration with Chef Michael (Sign-up at Reception) [GR]</div> <div>6:00 🧠 Group Trivia! [L]</div> | <div>22</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 ☺ Java Music Club [GR]</div> <div>2:15 ☺ Friday Afternoon Entertainment: "Clive Davis - The Soundtrack of Our Lives"</div> <div>6:30 ☺ Popcorn &amp; A Movie Night: "It's Complicated" [GR]</div> | <div>New Scattergories Sheet Available at Reception (Pick-up)</div> <div>10:30 🧶 Granville Knitting Club [AR]</div> <div>2:00 🚶 Go4Life Walking Club (Self Run)</div> <div>6:30 ☺ Classic Movie Night: "Forest Gump" [GR]</div>        |
| <div>Weekly Puzzle Package Available at Reception (Pick-up)</div> <div>24</div> <div>10:30 ☺ Easy Listening Music Hour [L]</div> <div>2:00 🧠 Afternoon Documentary: "Brene Brown: The Call to Courage" [GR]</div> <div>6:30 ☺ Sunday Movie Night: "Secretariat" [GR]</div>                                        | <div>25</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 🧠 Fit Minds [AR]</div> <div>2:15 ☺ Monday Movie Matinee: "Eddie The Eagle" [GR]</div> <div>3:00 ☺ Adult Colouring Hour [PDR]</div> <div>6:00 ☺ Tea &amp; Reminiscing with Thea [L]</div>  | <div>26</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Name that Tune [L]</div> <div>2:00 🧠 Meet Me @ The MoMa Painting Session [AR]</div> <div>6:00 🧠 Mad Gab Game Night [L]</div>                               | <div>27</div> <div>10:00 ☺ Coffee &amp; Chats [L]</div> <div>11:00 🧠 Rhyming Riddles [L]</div> <div>2:15 🧠 BINGO! [GR]</div> <div>3:45 🧠 TED Talk Presentation &amp; Discussion: "Amy Cuddy - Your body language may shape who you are" [GR]</div> <div>6:00 🧠 Brain Games with JP! [L]</div> | <div>28</div> <div>10:00 🚶 Go4Life Walking Club (Self Run) [L]</div> <div>10:30 ☺ Travelogue: "Rick Steve's - Edinburgh" [GR]</div> <div>3:00 ☺ "The Alchemist" Book Club Meeting with Jennifer [PDR]</div> <div>6:00 🧠 Group Trivia! [L]</div>                         | <div>29</div> <div>10:00 ☺ Morning Meditation Session [GR]</div> <div>10:30 ☺ Java Music Club [GR]</div> <div>2:15 ☺ Friday Afternoon Entertainment: "Tricky Dick and the Man in Black"</div> <div>6:30 ☺ Popcorn &amp; A Movie Night: "Moneyball" [GR]</div>                 | <div>New Scattergories Sheet Available at Reception (Pick-up)</div> <div>10:30 🧶 Granville Knitting Club [AR]</div> <div>2:00 🚶 Go4Life Walking Club (Self Run)</div> <div>6:30 ☺ Classic Movie Night: "Speed" [GR]</div>              |

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