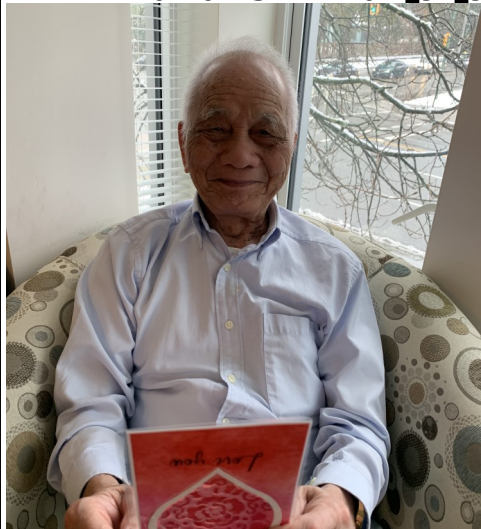


What's Happening At Granville Gardens



MARCH 2021

Granville Gardens Gazette

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INSPIRED SENIOR LIVING WITH





CRUISE WEEK

March 7th—March 12th



It's that time of year again! Join us as we embark on our cruise around the Caribbean. We have 5 different ports to stop at throughout the week, all with themed programs and events. Be sure to come and "board the cruise ship" on Sunday March 7th at 2:00pm with our virtual Cruise Ship tour. Everyone will receive a passport to bring with you to each program. For every cruise week program you attend, you will receive a sticker. Whoever has the most stamps at the end of Cruise Week will win a prize!

Get into the Cruise Week spirit by dressing up for each of the following theme days:

Monday March 8th Cruise Port: The Bahamas—Wear White & Blue for Nautical Theme Day



Tuesday March 9th Cruise Port: Jamaica—Caribbean T-Shirt Theme Day



Wednesday March 10th Cruise Port: Cuba—Sunhat & Sunglasses Theme Day



Thursday March 11th Cruise Port: Martinique—Beach Bum Attire Theme Day



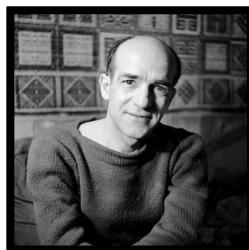
Friday March 12th Cruise Port: Mexico—Tacky Tourist Theme Day

MoMA

Meet me at the MoMA

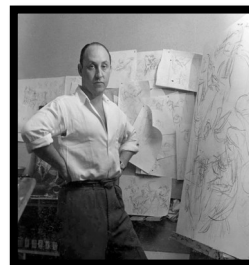
Weekly Art Program at Granville Gardens

Join us for our MoMA lectures to learn about these fascinating artists.



Paul Emile Borduas

A Québécois artist known for his abstract paintings. The leader of the avant-garde Automatiste movement and the chief author of the Refus Global manifesto of 1948. Borduas had a profound impact on the development of the arts and of thought, both in the province of Quebec and in Canada.



Oscar Cahen

A Canadian painter and illustrator. Cahén is best known as a member of Painters Eleven, a group of abstract artists active in Toronto from 1953-1960, and for his fifteen years of work as an illustrator of Canadian magazines.

ST. PATRICK'S DAY

On Wednesday March 17th we are asking everyone to wear green as we celebrate St. Patrick's Day this year.

We will be hosting a socially distanced social in the dining room at 3:00pm. If you are interested in joining please sign-up ahead of time at reception.

BI-WEEKLY WELLNESS CLINIC

Christopher will be hosting his Wellness clinic again in February

Tuesday March 9th 2:00pm-3:30pm

Tuesday March 23rd 2:00pm-3:30pm

If you are interested please sign up at reception ahead of time.

MARCH BIRTHDAYS

Amy C. Mar 4th

Mariam L. Mar 6th

Christa T. Mar 25th

Happy Birthday!



Living Loving Local

Maple Month



Canada is responsible for 84% of the world's production of maple syrup. Quebec, Ontario, New Brunswick and Nova Scotia are the main maple producing provinces. In Ontario alone there are 400 maple sugar bushes where it takes 1 person, 1 hour to tap 100 maple trees. At 40L of sap per 1L of maple syrup, you can see there is a significant amount of labour involved, but a labour of love it is! And we Canadians love our maple as a syrup, sugar, butter, or candy eh?