

May 2021

Granville Gardens Life Enrichment Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						*Weekly Scattergories Sheet Available at Reception (L) 10:30 Granville Knitting Club (GR) 2:15 Go4Life Walking Club (OUT) 6:30 Classic Movie Night: "Good Morning Vietnam" (GR)
*Weekly Puzzle Package Available at Reception (L) 2 10:30 Fun & Fitness Video (L) 2:00 Afternoon Documentary: "Born in China" (GR) 6:30 Sunday Movie Night: "Sweet Home Alabama" (GR)	10:00 Morning Yoga (GR) 3 10:45 Fit Minds (AR) 2:15 BINGO! (GR) 3:30 Creative Colouring Hour (AR) 6:00 Name 10 Word Game (L)	10:00 Tai Chi Video (GR) 4 10:45 Name That Tune (L) 2:00 Wellness Clinic with Christopher (GR) 2:15 Go4Life Walking Club (OUT) 3:00 Meet Me At The MoMa Lecture: "Yves Gaucher - Asagao 1961" (GR)	10:00 Fun & Fitness with Kaylie (GR) 5 10:45 Group Trivia! (L) 2:30 Cinco De Mayo Celebration! (DR) 3:45 TED Talk Presentation & Discussion: "Life is short, Travel now" (GR)	10:00 Fun & Fitness with Kaylie (GR) 6 10:45 Travelogue: "Rick Steve's Egypt: Yesterday & Today" (GR) 2:15 BINGO! (GR) 3:30 Go4Life Walking Club (OUT)	10:00 Morning Meditation Session (GR) 7 10:30 Java Music Club (GR) 2:30 Build Your Own Sundae Social (GR) 4:30 Living Loving Local Dinner - Asparagus & Rhubarb (DR) 6:30 Popcorn Movie Night: "Green Book" (GR)	*Weekly Scattergories Sheet Available at Reception (L) 8 10:30 Granville Knitting Club (GR) 2:15 Go4Life Walking Club (OUT) 6:30 Classic Movie Night: "The Poseidon Adventure" (GR)
*Weekly Puzzle Package Available at Reception (L) 9 10:30 Fun & Fitness Video (L) 2:00 Mother's Day Afternoon Tea & Social - Wear your favourite fascinator or fancy hat! (GR) 6:30 Sunday Movie Night: "Mother's Day" (GR)	10:00 Morning Yoga (GR) 10 10:45 Fit Minds (AR) 2:15 BINGO! (GR) 3:30 Creative Colouring Hour (AR) 6:00 Name 10 Word Game (L)	10:00 Tai Chi Video (GR) 11 10:45 Name That Tune (L) 2:00 Meet Me At The MoMa Painting Session (AR) 2:15 Go4Life Walking Club (OUT) 3:00 Jumbo Crossword Puzzle (GR)	10:00 Fun & Fitness with Kaylie (GR) 12 10:45 Group Trivia! (L) 2:15 BINGO! (GR) 3:45 TED Talk Presentation & Discussion: "How to stay calm when you know you'll be stressed" (GR)	10:00 Fun & Fitness with Kaylie (GR) 13 10:45 Travelogue: "Rick Steve's Iran" (GR) 2:15 Go4Life Walking Club (OUT) 3:00 Culinary Demo with Chef Michael (GR)	10:00 Morning Meditation Session (GR) 14 10:30 Java Music Club (GR) 2:00 Friday Afternoon Music Documentary: "Barbara - The Music, The Memories, The Magic!" (GR) 6:30 Popcorn Movie Night: "Speed" (GR)	*Weekly Scattergories Sheet Available at Reception (L) 15 10:30 Granville Knitting Club (GR) 2:15 Go4Life Walking Club (OUT) 6:30 Classic Movie Night: "9 to 5" (GR)
*Weekly Puzzle Package Available at Reception (L) 16 10:30 Fun & Fitness Video (L) 2:00 Afternoon Documentary: "Deep Blue" (GR) 6:30 Sunday Movie Night: "The American President" (GR)	10:00 Morning Yoga (GR) 17 10:45 Fit Minds (AR) 2:15 BINGO! (GR) 3:30 Creative Colouring Hour (AR) 6:00 Name 10 Word Game (L)	10:00 Tai Chi Video (GR) 18 10:45 Name That Tune (L) 2:00 Wellness Clinic with Christopher (GR) 2:15 Go4Life Walking Club (OUT) 3:00 Meet Me At The MoMa Lecture: "Prudence Heward - Mrs. Zimmerman 1943" (GR)	10:00 Fun & Fitness with Kaylie (GR) 19 10:45 Group Trivia! (L) 2:15 BINGO! (GR) 3:45 TED Talk Presentation & Discussion: "Life lessons from the youngest person to travel to every country" (GR)	10:00 Fun & Fitness with Kaylie (GR) 20 10:45 Travelogue: "Bazaars and Baklava in Morocco & Turkey" (GR) 2:15 Go4Life Walking Club (OUT) 3:00 Wine & Cheese Tasting with Kaylie (Sign-up at Reception)	10:00 Morning Meditation Session (GR) 21 10:30 Java Music Club (GR) 3:00 National Pizza Day! Create your own personal pizza (GR) 6:30 Popcorn Movie Night: "Jackie" (GR)	*Weekly Scattergories Sheet Available at Reception (L) 22 10:30 Granville Knitting Club (GR) 2:15 Go4Life Walking Club (OUT) 6:30 Classic Movie Night: "Anna & The King" (GR)
*Weekly Puzzle Package Available at Reception (L) 23 10:30 Fun & Fitness Video (L) 2:00 Afternoon Documentary: "Kingdom of the Blue Whale" (GR) 6:30 Sunday Movie Night: "The Butler" (GR)	10:00 Morning Yoga (GR) 24 2:00 Monday Matinee Movie: "The Queen" (GR) 3:30 Creative Colouring Hour (AR) 6:00 Name 10 Word Game (L)	10:00 Tai Chi Video (GR) 25 10:45 Name That Tune (L) 2:00 Meet Me At The MoMa Painting Session (AR) 2:15 Go4Life Walking Club (OUT) 3:00 Jumbo Crossword Puzzle (GR)	10:00 Fun & Fitness with Kaylie (GR) 26 10:45 Group Trivia! (L) 2:15 BINGO! (GR) 3:45 TED Talk Presentation & Discussion: "How to become your best, When life gives you it's worst" (GR)	10:00 Fun & Fitness with Kaylie (GR) 27 10:45 Travelogue: "Expoza Travel - Persia" (GR) 2:15 Go4Life Walking Club (OUT) 3:00 Book Club Meeting with Jennifer & Kaylie - "Little Fires Everywhere" (PDR)	10:00 Morning Meditation Session (GR) 28 10:30 Java Music Club (GR) 2:30 Afternoon Lemonade Social (OUT) 6:30 Popcorn Movie Night: "A Night at The Museum" (GR)	*Weekly Scattergories Sheet Available at Reception (L) 29 10:30 Granville Knitting Club (GR) 2:15 Go4Life Walking Club (OUT) 6:30 Classic Movie Night: "Splash" (GR)
*Weekly Puzzle Package Available at Reception (L) 30 10:30 Fun & Fitness Video (L) 2:00 Afternoon Documentary: "Before the Flood" (GR) 6:30 Sunday Movie Night: "That Thing You Do" (GR)	10:00 Morning Yoga (GR) 31 10:45 Fit Minds (AR) 2:15 BINGO! (GR) 3:30 Creative Colouring Hour (AR) 6:00 Name 10 Word Game (L)	<u>Locations Legend</u> Great Room (GR) Lobby (L) Outside (OUT) Fine Arts Room (AR) Dining room (DR) Private Dining Room (PDR)	<i>"Act as if what you do makes a difference. It does."</i> - William James			