



INSPIRED
SENIOR LIVING



MENU OFFERING

Our main dining room is open for two hours at lunch and dinner, join us whenever you are hungry. There is always a choice of two soups, two lunch, and dinner specials.

Here is a selection of what you may find on this week's menu...



SOUPS

TO SAVOUR THE SEASON

Sweet Potato	French Onion
Tomato Bisque	Tomato Kale
Minestrone	Chicken Rice
Cream of Mushroom	Carrot Ginger
New England Clam Chowder	Beef Barley
Hearty Scotch Broth	Egg Drop Soup
Butternut Squash	Potato Leek
Beef Vegetable	Cream of Broccoli

We offer plenty of choice for Main Features each week at lunch and dinner. They are available in our Main Dining Room or Bistro.



SALADS

TO SUIT EVERY TASTE

- Caesar Salad with Shrimp or Chicken
- Pear, Blue Cheese & Walnut Salad with Maple Dressing
- Shrimp & Avocado Salad
- Cucumber & Dill Salad
- Purple Apple Slaw
- Waldorf Salad
- Kale & Apple Salad
- Beet & Onion Salad
- Orzo Spinach Salad
- Quinoa Salad
- Spinach & Orange Salad
- Strawberry, Goat Cheese & Almond Salad with Balsamic Dressing

MAINS WORTH MENTIONING

Seafood Newburg with
Green & Golden Beans

Shrimp Vegetable Stir Fry
with Rice

Shepherd's Pie with Salad
& Green Beans Almondine

Herb Roast Veal au Jus
with Sautéed Spinach

BBQ Back Ribs with Corn
& Candied Carrots

Filet of Sole Parisienne with
Rice & Sautéed Bok Choy

Roast Beef & Yorkshire
Pudding with Mixed
Vegetables

Butter Chicken with Rice,
Salad & Naan Bread

Baked Ham, Pineapple Salsa
with Rice & Corn Salad

Provini Calf's Liver with Sautéed
Onions, Mushrooms & Swiss Chard

Pasta Primavera with Greek Salad

Rosemary Roast Lamb with Herb
Roasted Potatoes & Seasoned Beets

Rainbow Trout, Tomato Olive
Relish with Rice Pilaf & Asparagus

Salisbury Steak, Mushroom Gravy
with Scalloped Potatoes, Parsley
Buttered Carrots & Sautéed Peppers

Spaghetti & Meatballs with Caesar Salad



WOULD YOU LIKE DESSERT WITH THAT?

Black Forest Cake

Chocolate Vanilla Parfait

Toffee Pudding Cake

Lemon Macaroon Bar

Raspberry Cheesecake

Strawberry Shortcake

Ice Cream with Toppings

Cherry Greek Yogurt Danish

Pineapple Upside-Down Cake

Homemade Pudding & Mousse

Vanilla Swirl Cake

Apple Crumble

Peach Melba

Carrot Cake

Pumpkin Pie

Date Square

Fresh Fruit



We have a large selection of desserts at all times as well as our daily Feature Dessert. These are just a few examples to tempt your taste buds.

BISTRO MENU

STARTERS

Soup of the Day
Caprese Salad
Cobb Salad
Perogies
Bruschetta

MAINS

Verve Burger
Fish & Chips
Chicken Fingers
Club House Wrap

SIDES

Greek or Garden Salad
Steamed Vegetables
French Fries
Rice

DESSERTS

Double Chocolate Cake
Raspberry Torte
Cherry Cheesecake
Tiramisu

*Join us for a meal or drink in
our Bistro, open daily from
11:30 AM to 6:30 PM.*

DAILY MENU

SOUP

Chicken Vegetable Soup
or
Pasta Fagioli Soup

SALAD

Caesar Salad
or
Mixed Greens with
Cheese & Seasonal Fruit

MAIN

Lemon Pepper
Crusted Salmon Steak
or
Roasted Chicken Breast

*Served with our daily
featured sides:*

Vegetable Rice Pilaf
Carrots Vichy
Sautéed Swiss Chard

DESSERT

Choice of:
Ice Cream with Toppings
Cherry Pie
Fresh Fruit Cobbler
Rice Pudding

A LA CARTE MENU

SOUPS

Potato Leek Soup
Soup of the Day

SALADS

Spring Salad
Spinach Salad

APPETIZERS

Spring Rolls
Prosciutto Wrapped Asparagus

SANDWICHES

Hot Roast Beef Sandwich
Turkey & Cranberry Sandwich
Grilled Cheese Sandwich

MAINS

Maple Glazed Salmon Steak
Lasagna – Beef or Vegetarian
Steak & Frites

DESSERTS

Ice Cream
Blueberry Pie
Fresh Fruit
Coupe Romanoff

*Don't see anything you like
on today's menu? Our
seasonal A La Carte Menu
is available daily.*

THERE IS NEVER A DULL MOMENT WHEN YOU DINE WITH VERVE

Annually we offer over 36 gourmet dining experiences, perfect to host your friends and family. Enjoy our International-themed Dining experiences with entertainment, our annual Wine & Cheese and Beer & Sausage Tastings, and a full week of Cruise-themed foods at our annual Cruise Week Celebrations. Join us monthly for our Sunday Brunches, Holiday Meals, and Living Loving Local Dinners. Bon appetite!

DISCLAIMER: The items listed here are a representation of the choice and variety that you may see throughout your Verve dining experience, they are not intended as exact menus for any specific residence.