



INSPIRED
SENIOR LIVING

December 2022

Gilmore Gardens



GILMORE
GARDENS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Armchair Video 10:30 GPUC Worship Service 11:00 Zumba with Winnie 7:30 Sing Along with Errol	Richmond Public Library books due 10:00 Chair Fitness 10:00 Raffle Draw and Bottle Draw Ticket Sales 11:00 Armchair Video 11:00 Go4Life Walking Club 11:00 Avon with Janice 1:00 Bus Outing: Shopping Trip to Ironwood 7:30 Bingo	10:00 Armchair Video 10:00 Raffle Draw and Bottle Draw Ticket Sales 11:30 Meditation 3:30 Tech Time with Makena and Alexa 7:30 Maple Leaf Singers 8:30 Christmas Dessert Buffet	New Richmond Public Library Books in 10:00 Chair Yoga with Robin Masters 10:00 Raffle Draw and Bottle Draw Ticket Sales 10:30 Catholic Prayer and Communion 11:00 Armchair Video 11:00 Bus Outing: Christmas Shopping at Tsawwassen Mills 1:30 Raffle Draw! 3:00 Happy Hour 7:00 Rummikub	9:45 GPUC "The Seekers" Bible Study Group 10:00 Chair Fitness: Strength and Balance 10:00 Raffle Draw and Bottle Draw Ticket Sales 11:00 Armchair Video 1:30 Java Music Club 2:45 Meet Me at the Moma: Maud Lewis "Hauling Logs" 3:15 Meet Me at the Moma: Tim Gardner (Painter) "Man in Moonlight, Niagra Falls" 7:00 Game of Hearts	Living Loving Local Celebration Dinner: Featuring Winter Squash 9:00 All Day Decorating for Christmas 10:00 Osteofit with Robin Masters 10:00 Raffle Draw and Bottle Draw Ticket Sales 11:00 Play Reading with Stephen 1:30 Weekender Review in Chinese: 中文講解 李週活動 1:30 Christmas Tree Decorating all Floors 6:45 Mah Jong	10:00 Armchair Video 11:00 Virtual Tai Chi 2:00 Richmond Music School
10:00 Armchair Video 10:30 GPUC Worship Service 11:00 Zumba with Winnie 7:30 Sing Along with Errol	10:00 Chair Fitness 11:00 Armchair Video 11:00 Go4Life Walking Club 1:00 Bus Outing: Shopping Trip to Landsdowne 1:30 Craft Session: Making Christmas Wreaths 7:30 Bingo	10:00 Armchair Video 11:00 Altavida Fashions 11:30 Meditation 1:30 Wellness Session: Chair Yoga with Lynn Walters 2:45 Fit Minds 7:00 Christmas Caroling with the Scouts	10:00 Chair Fitness 10:30 Catholic Prayer and Communion 11:00 Armchair Video 2:00 Richmond Singers at GPUC 3:00 Happy Hour 7:00 Rummikub 7:00 Bus Outing: Christmas Light Tour	10:00 Chair Fitness: Strength and Balance 11:00 Armchair Video 1:30 Java Music Club 4:30 Entertainment with Jana Seale 7:00 Game of Hearts Christmas Buffet 5:00PM & 6:30PM Seating	10:00 Osteofit with Robin Masters 11:00 Play Reading with Stephen 11:00 Chair Yoga Stretch and Strength with Lauren 1:30 Weekender Review in Chinese: 中文講解 李週活動 3:00 Happy Hour Christmas Sing Along 6:45 Mah Jong	10:00 Armchair Video 11:00 Virtual Tai Chi 1:30 Church Harvest Choir 2:30 Richmond Orchestra and Chorus Association
10:00 Armchair Video 10:30 GPUC Worship Service 11:00 Zumba with Winnie 2:00 Youth Musician Performance 7:30 Sing Along with Errol	10:00 Chair Fitness 11:00 Armchair Video 11:00 Go4Life Walking Club 1:00 Bus Outing: Shopping Trip to FreshCo 2:00 Men's Chat Club 7:30 Bingo	9:00 Esthetician 10:00 Armchair Video 11:30 Meditation 11:30 Food Committee Meeting 3:00 Recreation Committee Meeting 3:30 Tech Time with Makena and Alexa 7:00 Crib/Chess	National Crossword Puzzle Day 10:00 Chair Yoga with Robin Masters 10:30 Catholic Mass 11:00 Armchair Video 1:30 Giant Crosswords 3:00 Happy Hour 7:00 Rummikub	10:00 Chair Fitness: Strength and Balance 11:00 Armchair Video 1:30 Craft Session: Making Christmas Cards 3:00 Resident Forum 7:00 Game of Hearts	Christmas Sweater Day 10:00 Osteofit with Robin Masters 11:00 Play Reading with Stephen 11:00 Chair Yoga Stretch and Strength with Lauren 1:30 Weekender Review in Chinese: 中文講解 李週活動 2:00 Camilli Quartet Christmas Concert 2:50 Best Christmas Door Winner 3:00 Happy Hour 6:45 Mah Jong	10:00 Armchair Video 11:00 Virtual Tai Chi 2:00 Artful Aging: Painting with Elizabeth and Friends 7:00 Movie Night: It's a Wonderful Life
10:00 Armchair Video 10:30 GPUC Worship Service 7:00 Movie Night: White Christmas Merry Christmas!	10:00 Chair Fitness 11:00 Armchair Video 11:00 Go4Life Walking Club 1:00 Bus Outing: Shopping Trip to Seafair 7:30 Bingo	10:00 Armchair Video 11:30 Meditation 1:30 Wellness Session: Chair Yoga with Lynn Walters 2:45 Giant Crosswords 7:00 Crib/Chess	10:00 Chair Fitness 10:30 Catholic Prayer and Communion 11:00 Armchair Video 11:00 Bus Outing: Lunch at Country Meadows Golf Club 3:00 Happy Hour 7:00 Rummikub	10:00 Chair Fitness: Strength and Balance 11:00 Armchair Video 1:30 Java Music Club 2:00 Birthday Party & Welcome Tea 7:00 Game of Hearts	10:00 Osteofit with Robin Masters 11:00 Play Reading with Stephen 11:00 Chair Yoga Stretch and Strength with Lauren 1:30 Weekender Review in Chinese: 中文講解 李週活動 2:00 New Year's Entertainment with "The Dimes" 3:00 Happy Hour 6:45 Mah Jong	10:00 Armchair Video 11:00 Virtual Tai Chi New Year's Eve Dinner Open Seating 4:45PM - 6:00PM