

Spring Summer Weekly Menu Week 3

Aug 21st- Aug 27th



Lunch

Week 3	Monday 21st	Tuesday 22nd	Wednesday 23rd	Thursday 24th	Friday 25th	Saturday 26th	Sunday 27th
Soup	Potato Leek	Country Vegetable	* French Lentil Soup	* Tomato Basil Soup	French Onion	Chicken Lemon Rice	Cream of Mushroom
Entrée 1	Deli Cut Cold Plate	Creamy Macaroni and Cheese W/ Garlic Bread	Crispy Chicken Caesar Salad	Salmon Salad Sandwich	Roast Beef & Cheddar Sandwich	Chicken Strips	Tuna Melt
side	Garlic Bread	Coleslaw	Dinner Roll	Tossed Salad	French Fries	Hashbrowns & Tomato Slices	Mixed Green Salad
Entrée 2	Hot Turkey Sandwich	Canadian Club Sandwich	Belgian Waffles & Sausage Link	Grilled Cheese Sandwich	Ham & Cheese Quiche	Vegetable Quesadilla	Bacon Egger Sandwich
Side	House Salad	Coleslaw	Caesar Salad	Tossed Salad	French Fries	Hashbrowns & Tomato Slices	Mixed Green Salad
Dessert	Banana Cake	Assorted Desserts	Butterscotch Pudding	Chocolate Pudding	Ice Cream	Assorted Desserts	Ginger Snap & Dip

Dinner

Appetizer	Spring Greens Strawberry Goat Cheese Salad	* Chickpea Salad	* Beet & Onion Salad	Jell-o Salad	House Salad	7-Layer Salad	Cheese Fruit Plate
Entrée 1	Cabbage Rolls Marinara Sauce	Pork Schnitzel W/ Gravy	Beef Meatloaf	Dill Salmon Fillet	Beef Stew	Beef Pot Pie	
Side	Parslied Boiled Potatoes	Parslied Boiled Potatoes	Mashed Potatoes	Greek Lemon Potato		Roasted Potatoes	
Entrée 2	Ham Steaks W/ Raisin Sauce	Catalina Chicken	Crusted Sole Fillet	Chicken Souvlaki with Tzatziki Sauce	Vegetable Lasagna	BBQ Chicken Drumsticks	Roasted Pork W/ Gravy
Side	Rice Pilaf	Parslied Boiled Potatoes	Mashed Potatoes	Greek Lemon Potato	Garlic Bread	Roasted Potatoes	Garlic Mashed Potatoes
Vegetable	Diced Carrots	* Seasoned Beets	* Seasoned Broccoli	Peas & Carrots	California Veggies	Seasoned Peas	Garlic Parslied Cauliflower
Vegetable	Sugar Snap Peas	Asparagus	Baby Carrots			Creamed Corn	French Green Beans
Dessert	Bread pudding	* Apple Brown Betty	1/2 Hour Pudding	German Chocolate Cake	Macaroon Madness Bar	Dutch Brownie	Maple Mania Cake

* Menu item contains a Superfood.



Reception Phone Number 780-808-2161
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Peaches

Breakfast - from 7-9am. Daily menu choices - Egg day is on wednesday, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea Available daily!