HEMSTOCK HEARTHSTONE PLACE

Verve INSPIRED SENIOR LIVING

Spring Summer Weekly Menu Week 2

Aug 14th-Aug 20th

Lunch

Week 2	Monday 14th	Tuesday 15th	Wednesday 16th	Thursday 17th	Friday 18th	Saturday 19th	Sunday 20th
Soup	Hearty Scotch Broth	Chicken Rice	Cream of Mushroom	* Butternut Squash Soup	Potato Leek	* Minestrone Soup	* Cream of Broccoli
Entrée 1	Vegetable Omelet	* Baked Beans & Weiners	BBQ Chicken Wrap	Grilled Cheese Sandwich	* Cobb Salad Turkey Bacon Egg Avocado Tomato Blue Cheese	Chicken Wings	Chicken Salad Sandwich
side	* Tomato Slices	Homefried Potatoes	Potato Salad	Greek Salad	* Orzo & Spinach Salad	Macaroni Salad	Hashbrowns & Tomato Slices
Entrée 2	Beef Taco Salad	Ham & Cheese Quiche	Bologna Sandwich	Reuben Sandwich on Rye Pickle	Crab Salad on Croissant	BBQ Beef Riblette on Kaiser	* Eggs Benedict
Side	* Tomato Slices	Homefried Potatoes	Potato Salad	Greek Salad	* Orzo & Spinach Salad	Macaroni Salad	Hashbrowns & Tomato Slices
Dessert	Banana Pudding	Assorted Desserts	Chocolat & Vanilla Parfait	Baked Apples & Custard	Orange Tapioca	Assorted Desserts	Jell-O
Dinner							
Appetizer	Stuffed Mushrooms	Copper Penny Carrot Salad	Caesar Salad	* Corn and Black Bean Salad	* Waldorf Salad	Egg Roll with Plum Sauce	Tossed Salad
Entrée 1	Beef Stir Fry	Four Cheese Ravioli Marinara Sauce	Spaghetti & Meatballs Garlic Bread	Country Style Chicken	*Peach Salmon*	Sweet & Sour Pork	
Side	Steamed Rice	Garlic Bread	_	Mini Roasted Red Potatoes	Creamy Coleslaw	Steamed Rice	
Entrée 2	Italian Sausage Fried Onions	Pork Chops & Mushrooms Sauce	Pesto Crusted Chicken Breast with Tomato Basil Sauce	Baked Fish Supreme	Beef Lasagna	Pineapple Chicken	Roast Turkey W/ Stuffing & Gravy
Side	Roasted Potatoes	Mashed Potatoes	Roasted Sweet Potatoes	Roasted Potatoes		Steamed Rice	Whipped Potatoes
Vegetable	Yellow Waxed Beans	Sugar Snap Peas	Braised Red Cabbage	Seasoned Peas	Broccoli	Roasted Candied Carrots	* Seasoned Beets
Vegetable	* Seasoned Broccoli	*Cauliflower	* Green Beans Almondine	* Parslied Cauliflower	Sauteed Red & Yellow Peppers	Asparagus	Buttered Corn
Dessert	Rice Pudding	Raspberry Cheesecake	Pear Cobbler	English Trifle	*Peach Crisp*	Carrot Cake	Five Fruit Pie

* Contains a Superfood.

Superfoods

Reception Phone Number 780-808-2161

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Living Loving Local

Peaches

Breakfast - from 7-9am. Daily menu choices - Egg day is on wednesday, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea Available daily!