

Dec 11th-Dec 17th



Lunch

Week 1	Monday 11th	Tuesday 12th	Wednesday 13th	Thursday 14th	Friday 15th	Saturday 16th	Sunday 17th
Soup	Split Pea & Ham	Chicken Vegetable	Butternut Squash Soup	Cream of Mushroom	Beef Barley	Seafood Chowder	Chicken Rice
Entrée 1	* Tuna Salad on Whole Wheat	Fresh Fruit Plate with Cottage Cheese & Baked Scone	Fish Cakes W/ Side of Tartar Sauce	Salami & swiss W/ Lettuce & Tomato sandwich	Grilled Turkey & Cranberry Creamcheese Sandwich	Salmon Salad Sandwich	Chicken Salad Sandwich on Whole Wheat
side	Cucumber Dill Salad		* Apple Pecan Salad	Tossed Salad	Caesar Salad	Tomato & Cucumber slices	Mixed Green Salad
Entrée 2	Beans & weiners W/ Garlic Toast	Peameal Bacon on Brioche with Lettuce, Tomato, Pepper & Maple Aioli	Reuben Sandwich on Rye with Pickle Wedge	Western Omelette	Veggie & Cheese Quiche	Grilled Cheese W/ Ham	Perogies with Bacon Fried Onion Sour Cream
Side	Cucumber Dill Salad	Greek Salad	* Apple Pecan Salad	Tossed Salad	Caesar Salad	Tomato & Cucumber slices	Mixed Green Salad
Dessert	Date Square	Assorted Desserts	Ginger cookie & dip	Bananna Pudding	Impossible Pie	Assorted Desserts	Jell-O with fruits
DINNER							
Appetizer	Jellied Salad	* Broccoli Bacon & Cheddar Salad	Carrot Raisin Salad	* Chickpea Salad	Cranberry Apple Pecan Salad	Veggie dumpling	7 Layer Salad
Entrée 1	Spaghetti & Meatsauce	Brown Sugar, Orange & 5-Spice Glazed Ham	Beef Goulash	Veal Cutlet & gravy	Beef Brisket w/ Gravy & Shrimp Skewer	Tuscan Roast Pork Loin	Country Style Chicken
Side	Breadstick	Scalloped Potatoes	Garlic Toast	Roasted Potato		Parisienne Potatoes	Mashed Potatoes
Entrée 2	Shrimp Alfredo	Oven Roasted Chicken Breast with Garlic Cream Sauce	Battered Sole With Tartar Sauce	Pork Stew W/ Dumplings		Beef Pot Pie	
Side	Rice	Scalloped Potatoes	Baked Potato	Roasted Potato	Fingerling Potatoes		
Vegetable	Stir Fry Veggies	* Corn Beet & Pea Medley	Brussels Sprouts	*Cauliflower	Broccoli & Carrots	Roasted Zucchini	Baby Carrots
Vegetable		-	Wax Bean	* Seasoned Broccoli		Buttered Corn	French Green Beans
Dessert	1/2 Hour pudding	Cream Puff	Pear Pudding Cake	Apple Crisp	Christmas Present Chocolate Cake	Angel Food Cake	Oreo Cheesecake

* Menu item contains a Superfood.

LLL Cranberry



Choose Superfoods more often for optimal health

Breakfast - In MP Room & Café Daily. menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea