



Dec 18th- Nov 24th



Lunch

Week 2	Monday 18th	Tuesday 19th	Wednesday 20th	Thursday 21st	Friday 22nd	Saturday 23rd	Sunday 24th
Soup	* Minestrone Soup	Chicken Noodle Soup	Hearty Scotch Broth	Potato Leek	Tomato Bisque	Country Vegetable	Sweet Potato Soup
Entrée 1	Hotdog	Crab Salad Croissant	Turkey and swiss Sandwich w/ Hashbrown	Tuna Melt	Crispy Chicken Caesar Salad	Beef Rib Sandwich	Chicken Fingers w/ plum sauce
Side	Caesar Salad	Hashbrown & Orange Slices	Tomato & Cucumber Slices	Home Fried Potatoes		Pickle Slice & Fries	Tater Tots w/ tomato slice
Entrée 2	Nacho's w/ Beef Cheese Tomato & Olives	Belgian Waffles & Sausage Link	Eggs Benedict w/ Hashbrown	Roast Beef & Cheddar Sandwich	Fish & Tartar & Fries	Pulled Pork Sandwich	* Spinach & Mushroom Quiche
Side	Caesar Salad	Hashbrown & Orange Slices	Tomato & Cucumber Slices	Home Fried Potatoes	Coleslaw	Pickle Slice & Fries	Tater Tots w/ tomato slice
Dessert	Yogurt Parfait	Assorted Desserts	Butterscotch Pudding	Brownie	Mango Ice Cream	Assorted Desserts	Chocolate Pudding

DINNER

Appetizer	Italian Salad	Copper Penny Carrot Salad	Brushetta	Beef Dumpling	Cucumber Salad	Greek Salad	Waldorf Salad
Entrée 1	Chicken a L'Orange	Lasagna	Sweet & Sour Ribs	Roasted Garlic & Rosemary Chicken Thighs	Roasted Cod W/ Tarragon Butter	Salisbury Steak W/ Onion Gravy	Baby Back Ribs
Side	Roasted Potatoes	Garlic Bread stick	Steamed White Rice	Roasted Sweet Potatoes	Mashed Potato	O'Brien Potatoes	Roasted Potato
Entrée 2	Korean Beef Kabob	Bratwurst Sausages & Gravy	Honey Garlic Meatballs	Liver with Fried Onions	Lamb Shepherd's Pie	Mediterranean Chicken Breast	* Seasoned Beets Key West Vegetables
Side	Roasted Potatoes	Steamed Potatoes	Steamed White Rice	Roasted Sweet Potatoes	Mix Vegetables	O'Brien Potatoes	
Vegetable	Yellow Waxed Beans	Buttered Corn	California Vegetable	Seasoned Peas		Roasted Candied Carrots	
Vegetable	* Seasoned Broccoli	Brussels Sprouts		* Parslied Cauliflower		Zucchini	
Dessert	Carrot Cake	Apple Crisp	Chocolate Pudding Cake	Banana Cream Pie	Strawberry Cheesecake	Cream Pie	Pineapple Delight

* Menu item contains a Superfood.

LLL Cranberry



Choose Superfoods more often for optimal health

Breakfast - In MP room/ Café Daily. menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea