June 2024

Memory Care Households Calendar

INSPIRED SENIOR LIVING

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					**1** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Bingo On The Patio (2MP) 3:00 Ice Cream Social! (2FP) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)	**2** 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)
3 9:45 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Crafters Corner Floral Letters! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**4** 9:45 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Living, Loving, Local Strawberries & Cream On The Patio & Games (2FP) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**5** 9:45 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Live Entertainment with Zack (2K) 2:30 Fancy High Tea Party On The Patio (2DR) 4:00 Finish the Poem/Song (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**6** 9:45 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Strawberry Lemonade Social & Patio Games (P) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**7** 9:45 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**8** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Bingo On The Patio (2MP) 3:00 Ice Cream Social! (2FP) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)	**9** 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)
10 9:45 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Crafters Corner: Rock Garden! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**11** 9:45 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Living, Loving, Local Strawberries & Cream On The Patio & Games (2FP) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**12** 9:45 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Live Entertainment! with Common Thread! (2DR) 2:30 Fancy High Tea Party (2DR) 4:00 Who AM I Trivia? (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**13** 9:45 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Strawberry Lemonade Social & Patio Games (P) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**14** 9:45 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Zoo To You: Animal Visit! (2LR) 1:30 Artful Enrichment Program (2DR) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**15** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Bingo On The Patio (2MP) 3:00 Ice Cream Social! (2FP) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)	**16** 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)

Verve INSPIRED SENIOR LIVING

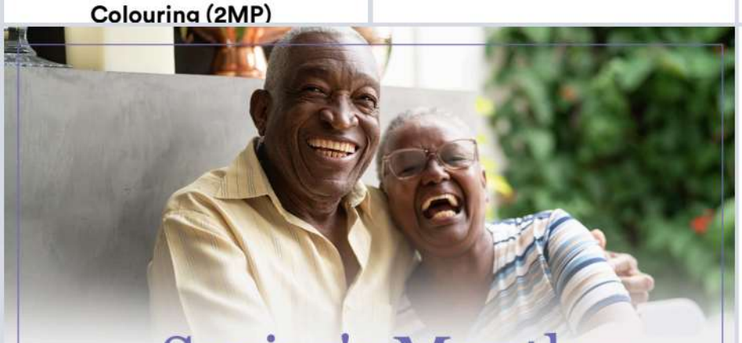
June 2024

Memory Care Households Calendar

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
17 9:45 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Crafters Corner: Bird Feeders! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**18** 9:45 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Living, Loving, Local Strawberries & Cream On The Patio & Games (2FP) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**19** 9:45 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 2:00 Fancy High Tea Party (2DR) 4:00 Who AM I Trivia? (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**20** Smile Mobile Dental *Book Appointments With Reception* (S) 9:45 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:00 Afternoon Ice Cream On The Patio & Games! (2K) 2:30 Strawberry Lemonade Social & Patio Games (P) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**21** 9:45 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**22** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Bingo On The Patio (2MP) 3:00 Ice Cream Social! (2FP) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)	**23** 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)
24 9:45 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Resident Birthday Celebration Tea (2K) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**25** 9:45 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Living, Loving, Local Strawberries & Cream On The Patio & Games (2FP) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**26** 9:45 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 2:00 Fancy High Tea Party (2DR) 4:00 Who AM I Trivia? (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**27** 9:45 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Strawberry Lemonade Social & Patio Games (P) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**28** 9:45 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**29** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Bingo On The Patio (2MP) 3:00 Ice Cream Social! (2FP) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)	**30** 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Life Skills: Gardening Group! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)



Be Inspired

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Patio (2FP)
- 2nd Floor Living Room (2LR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Kitchen (2K)
- Outing (RSVP)
- Patio (P)
- Country Kitchen (CK)
- Spa (S)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local Signature Program