Verve INSPIRED SENIOR LIVING

May 2024

Memory Care Households Calendar

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			**1** 10:15 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Animal Bingo! (2DR) 11:30 Go For Life Walking Club (2FH) 1:00 The Busy Bakers! (2K) 1:30 Feel Franfrantastic Dance Class! (2MP) 2:30 Fancy High Tea Party (2DR) 3:30 Making Bracelets For Our Alzheimer Fundraiser (2MP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**2** 10:15 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Balloon Games! (2K) 2:00 Afternoon Tea & Treats (2K) 3:00 Artful Enrichment Program (CK) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**3** 10:15 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number BINGO (2MP) 11:30 Go For Life Walking Club (2FH) 2:00 Afternoon Tea & Treats With Short Stories (2DR) 3:00 Friday Dance Party! (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**4** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Fit Minds! Brain Games (2MP) 1:30 Cinco De Mayo Entertainment (CK) 2:00 Afternoon Tea & Treats With Jokes! (2K) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
5 Cinco De Mayo! Wear Red, White & Green! (ML) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 2:00 Mexico Travelogues (2LR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**6** 10:15 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Dog Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Butterfly Craft Afternoon (2K) 2:30 Chair Soccer (2K) 3:15 Manicure Mondays (2LR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**7** 10:15 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Java Music Club (2LR) 3:00 Neighbourhood Walk (RSVP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**8** 10:15 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Animal Bingo! (2DR) 11:30 Go For Life Walking Club (2FH) 1:00 The Busy Bakers! (2K) 1:30 Entertainment With Judy! (2LR) 2:30 Fancy High Tea Party! (2K) 3:30 Making Bracelets For Our Alzheimer Fundraiser (2MP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**9** 10:15 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Balloon Games! (2K) 2:00 Afternoon Tea & Treats (2K) 3:00 Artful Enrichment Program (CK) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**10** 10:15 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number BINGO (2MP) 11:30 Go For Life Walking Club (2FH) 2:00 Afternoon Tea & Treats With Short Stories (2DR) 3:00 Friday Dance Party! (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**11** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Fit Minds! Brain Games (2MP) 1:15 Board Games and Puzzles (2LR) 2:00 Afternoon Tea & Treats With Jokes! (2K) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
12 Happy Mother's Day! (ML) 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Mother's Day Entertainment (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**13** 10:15 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Dog Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Craft Afternoon: Flower Arrangements! (2MP) 2:30 Chair Soccer (2K) 3:15 Manicure Mondays (2LR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**14** 10:15 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Java Music Club (2LR) 3:00 Neighbourhood Walk (RSVP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**15** 10:15 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Animal Bingo! (2DR) 11:30 Go For Life Walking Club (2FH) 1:00 The Busy Bakers! (2K) 2:00 Fancy High Tea Party (2DR) 3:30 Making Bracelets For Our Alzheimer Fundraiser (2MP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**16** National Mimosa Day! *Wear Yellow, Orange or White* (PB) 10:15 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Balloon Games! (2K) 2:00 Afternoon Tea & Treats (2K) 3:00 Artful Enrichment Program (CK) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**17** 10:15 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number BINGO (2MP) 11:30 Go For Life Walking Club (2FH) 2:00 Afternoon Tea & Treats With Short Stories (2DR) 3:00 Friday Dance Party! (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**18** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Fit Minds! Brain Games (2MP) 1:15 Board Games and Puzzles (2LR) 2:00 Afternoon Tea & Treats With Jokes! (2K) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**20** 10:15 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Dog Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Painting Spring Bird Houses! (2MP) 2:30 Chair Soccer (2K) 3:15 Manicure Mondays (2LR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**21** National Tea Day! Wear Your Fancy Hats & Fascinators! (ML) 10:15 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Getting Our Patio Summer Ready! (2FP) 11:30 Go For Life Walking Club (2FH) 1:30 Java Music Club (2LR) 3:00 Neighbourhood Walk (RSVP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**22** 10:15 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Animal Bingo! (2DR) 11:30 Go For Life Walking Club (2FH) 1:00 The Busy Bakers! (2K) 2:00 Fancy High Tea Party (2DR) 3:30 Making Bracelets For Our Alzheimer Fundraiser (2MP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**23** 10:15 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Balloon Games! (2K) 2:00 Afternoon Tea & Treats (2K) 3:00 Artful Enrichment Program (CK) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**24** 10:15 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number BINGO (2MP) 11:30 Go For Life Walking Club (2FH) 2:00 Afternoon Tea & Treats With Short Stories (2DR) 3:00 Friday Dance Party! (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**25** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Fit Minds! Brain Games (2MP) 1:15 Board Games and Puzzles (2LR) 2:00 Afternoon Tea & Treats With Jokes! (2K) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
26 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**27** 10:15 Gentle Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Dog Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Creating Fairy Gardens! (2MP) 2:30 Chair Soccer (2K) 3:15 Manicure Mondays (2LR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**28** 10:15 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Java Music Club (2LR) 3:00 Neighbourhood Walk (RSVP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**29** 10:15 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Animal Bingo! (2DR) 11:30 Go For Life Walking Club (2FH) 1:00 The Busy Bakers! (2K) 1:30 Piano Lounge Afternoon With Patricia Duffy (2DR) 2:00 Fancy High Tea Party (2DR) 3:30 Jewlery Making Workshop! (2MP) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**30** 10:15 Music & Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:15 Balloon Games! (2K) 2:00 Afternoon Tea & Treats (2K) 3:00 Artful Enrichment Program (CK) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**31** 10:15 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number BINGO (2MP) 11:30 Go For Life Walking Club (2FH) 2:00 Afternoon Tea & Treats With Short Stories (2DR) 3:00 Friday Dance Party! (2DR) 4:00 LIFE SKILLS: Table Setting (2DR) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	



Be Proud

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Kitchen (2K)
- 2nd Floor Living Room (2LR)
- Country Kitchen (CK)
- Outing (RSVP)
- Main Lobby (ML)
- Pub/Bistro (PB)
- 2nd Floor Patio (2FP)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local Signature Program