

June 2024- Assisted Living

Evergreen Retirement Community

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Senior's Month	 Father's Day	 Canada's National Indigenous Peoples Day				
9:30 Go for Life Walk (TS) 2 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Music Therapy (LGE) 2:00 Piano with Lukas (LGE) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes - Gemini Facts (LGE) 3:30 Brain Games - Math Challenge (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night with Popcorn (LGE)	9:30 Go for Life Walk (TS) 3 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Ping Pong Cup Game (LGE) 2:00 Charades (LGE) 3:00 Frozen Yogurt Social (TS) 3:00 Cards - Crazy Eights (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Rose Trivia - June Birth Flower (LGE)	9:30 Go for Life Walk (TS) 4 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 10:30 Outing- Great Canadian Casino (TS) 11:00 Java Music (LGE) 1:15 Bingo (LGE) 2:30 Fit Minds (LGE) 3:00 Lifemark- Movement Matters with Vishwa (LGE) 3:00 Apple Cinnamon Mocktail Social (TS) 3:30 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 4:15 Group Sudoku (LGE) 6:45 Pet Therapy with Rudy (TS)	9:30 Go for Life Walk (TS) 5 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Nail Care (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Non-Denomination Service (COM) 3:00 Holy Mass (Catholic) (T) 3:00 Lifemark- Osteo Exercises with Navjot (LGE) 3:30 World Environment Day - Facts & Trivia (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Scattergories (LGE)	9:30 Go for Life Walk (TS) 6 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 11:00 Vendor- Tocara Jewellery (TS) 1:15 Bingo (LGE) 2:00 Sing a long with Derrick (WB) 2:00 IPAC- Hand Hygiene & Glo-Germ Seminar (T) 3:00 Craft Corner - Planting for National Gardening Week (DR) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 New York Times Spelling Game (LGE)	9:30 Go for Life Walk (TS) 7 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Argentina (LGE) 1:00 Seated Bowling (LL) 2:00 Entertainment- Kelly Davies with Doughnuts (DPR) 3:00 Lifemark- Osteo Exercises with Tap (LGE) 3:30 Mindfulness Colouring (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	9:30 Go for Life Walk (TS) 8 10:00 Current Events & News (LGE) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games - World Oceans Day Word Unscramble (LGE) 3:00 Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 6:00 Movie Night with Popcorn (LGE)
9:30 Go for Life Walk (TS) 9 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Music Therapy (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 2:00 Piano with Lukas (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:30 Brain Games - Maze Puzzles (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night with Popcorn (LGE)	9:00 Mississauga Bi-Election Voting (T) 10 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Volleyball (LGE) 2:00 Iced Fruit Tea Social - National Iced Tea Day (LGE) 3:00 Cards - UNO (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - All About the Pearl (June Birthstone) (LGE)	9:30 Go for Life Walk (TS) 11 9:30 Outing- Ripley's Aquarium (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 1:15 Bingo (LGE) 2:30 Fit Minds (LGE) 3:00 Lifemark- Movement Matters with Vishwa (LGE) 3:00 Iced Tea Social (TS) 3:30 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 4:15 Brain Games - Wordle (LGE) 6:45 Pet Therapy with Rudy (TS)	9:30 Go for Life Walk (TS) 12 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Nail Care (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Non-Denomination Service (COM) 3:00 Lifemark- Osteo Exercises with Navjot (LGE) 3:30 Name that Tune - Finish the Lyric (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Alphabet Challenge (LGE)	9:30 Go for Life Walk (TS) 13 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:15 Bingo (LGE) 2:00 Word Games- Hangman (LGE) 2:00 Sing a long with Derrick (WB) 3:00 Craft Corner - Father's Day Cards (DR) 3:00 LLL- Spring Pea Mojito Social (TS) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 Who/What am I? - Riddles (LGE)	9:30 Go for Life Walk (TS) 14 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Egypt (LGE) 1:00 Seated Bowling (LL) 2:00 Entertainment- Davis Steven served with Strawberry Shortcake (DPR) 3:00 Lifemark- Osteo Exercises with Tap (LGE) 3:30 Ducky Love with Susan Franklin and Baby Ducks (CK) 3:30 Mindfulness Colouring (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	9:30 Go for Life Walk (TS) 15 10:00 Current Events & News (LGE) 11:00 Artfull Enrichment (LGE) 1:00 Ted Talks - World Elder Abuse Awareness Day (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 4:30 Brain Games - June Word Search Challenge (LGE) 6:00 Movie Night with Popcorn (LGE)

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Father's Day 16 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Music Therapy (LGE) 1:30 Father's Day- Blue Jays Game with Beer & Wings (WB) 2:00 Piano with Lukas (LGE) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:30 Word Games - Men's Health Themed (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night with Popcorn (LGE)	9:30 Go for Life Walk (TS) 17 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Tennis (LGE) 2:00 Charades (LGE) 2:00 Afternoon Tea Social (WB) 3:00 Cards - Crazy Eights (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Vegetable/Garden Trivia (Eat your Vegetables Day) (LGE)	9:30 Go for Life Walk (TS) 18 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:00 Outing- Toro Toro Sushi & Stroll in Kariya Park (TS) 1:15 Bingo (LGE) 2:30 Picnic Day - Balcony Picnic Social (P) 3:00 Lifemark- Movement Matters with Vishwa (LGE) 3:00 Ice Cream Social (TS) 3:30 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 4:30 Fit Minds (LGE) 6:45 Pet Therapy with Rudy (TS)	9:30 Go for Life Walk (TS) 19 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Nail Care (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Non-Denomination Service (COM) 3:00 Lifemark- Osteo Exercises with Navjot (LGE) 3:30 Name that Tune - Finish the Lyric (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Eye-Spy (LGE)	9:30 Go for Life Walk (TS) 20 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:15 Bingo (LGE) 2:00 Sing a long with Derrick (WB) 3:00 Ice Cream Float Day Social (TS) 3:00 Craft Corner - Dragonflies for First Day of Summer (DR) 3:30 820 Residents Meeting (T) 4:00 Go for Life Walk Club (TS) 4:30 Who/What am I? (LGE) 7:00 Entertainment- JT Choir Band (TS)	9:30 Go for Life Walk (TS) 21 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (National Yoga Day) (LGE) 11:00 Travelogue - Portugal (LGE) 1:00 Take Your Dog To Work Day - Pet Therapy (LGE) 2:00 Entertainment- Vili V. served with Chocolate Eclairs (DPR) 3:00 Lifemark- Osteo Exercises with Tap (LGE) 3:30 Mindfulness Colouring (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	9:30 Go for Life Walk (TS) 22 10:00 Current Events & News (LGE) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games - Rainforest Day Word Hunt (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 6:00 Movie Night with Popcorn (LGE)
9:30 Go for Life Walk (TS) 23 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Music Therapy (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 2:00 Piano with Lukas (LGE) 3:00 Coffee Social and Horoscopes - Cancer Sign Facts (LGE) 3:30 Word Games - Fill in the Blanks (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night with Popcorn (LGE)	9:30 Go for Life Walk (TS) 24 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Beach Ball Soccer (LGE) 2:00 Pictionary (LGE) 3:00 Cards - UNO (LGE) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - What Happened in June History (LGE)	9:30 Go for Life Walk (TS) 25 9:30 Outing- African Lion Safari (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:00 Vendor- Anish's Fashion Traditions (TS) 1:15 Bingo (LGE) 2:30 Fit Minds (LGE) 3:00 Lifemark- Movement Matters with Vishwa (LGE) 3:00 Ice Cream Sandwich Social (TS) 3:30 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 4:15 Brain Games - Group Crossword Puzzle (LGE) 6:45 Pet Therapy with Rudy (TS)	9:30 Go for Life Walk (TS) 26 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Nail Care (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Non-Denomination Service (COM) 3:00 Lifemark- Osteo Exercises with Navjot (LGE) 3:30 Name that Tune - Finish the Lyric (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Spelling Bee (LGE)	9:30 Go for Life Walk (TS) 27 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 11:00 Vendor- EZ Fit Shoes (TS) 1:15 Bingo (LGE) 2:00 Sing a long with Derrick (WB) 2:15 Craft Corner - Melted Bead Suncatchers (DR) 3:00 LLL- Pea Smoothie Social (TS) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 Wheel of Fortune (LGE)	9:00 Sense of Hearing Clinic (CK) 28 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Ukraine (LGE) 1:00 Seated Bowling (LL) 2:00 Entertainment- Paul Cafecae with Fudgesicles (DPR) 3:00 Lifemark- Osteo Exercises with Tap (LGE) 3:30 Mindfulness Colouring (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	9:30 Go for Life Walk (TS) 29 10:00 Current Events & News (LGE) 11:00 Artfull Enrichment (LGE) 1:15 Bingo (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 4:30 Alzhiemer's and Brain Health Month - Cognitive Activity (LGE) 6:00 Movie Night with Popcorn (LGE)
9:30 Go for Life Walk (TS) 30 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Music Therapy (LGE) 2:00 Piano with Lukas (LGE) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes - Strawberry Moon Facts (LGE) 3:30 Word Games - Word Ladder (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night with Popcorn (LGE)				Locations Legend Lounge (LGE) Town Square (TS) Theatre (T) Dining Room (DR) Craft Kitchen (CK) Games Room (GR) Window Bar (WB)	Calendar Legend Outing Special Program Living, Loving, Local Signature Program	