June 2024

Don Mills Retirement Residence
Memory Care

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Senior's Month		 SUNDAY JUN 16 Father's Day		 FRIDAY JUN 21 Canada's National Indigenous Peoples Day		**1** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Afternoon Entertainment with Zack Erickson (MC) 2:00 Chef Choice Social (MC) 2:30 * New* Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
2 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**3** 9:45 Seated Yoga Class (MC) 10:30 Smoothie Social on the Patio (MC) 11:00 Baking Club (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Fitminds Interactive (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**4** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Picture BINGO (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (DDH)	**5** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Moccasin Trail (OUT) 11:30 Daily Chronicles (MC) 1:30 Finish the Proverbs (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Gardening Club (MC) 3:30 Travel Brief Destination: Africa (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Coloring Inn W/ RSA's (MC)	**6** 9:45 Life Skill: Watering the Gardens (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Fit Minds Flash Card (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**7** 9:45 Morning Exercise (MC) 10:30 Sun Bathing on the Patio (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Afternoon Entertainment w/ Filipa Sousa (B/B) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**8** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
9 Dental Hygienist *Sign up at the Front Desk* (SPA) 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**10** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Fit Minds Interactive (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**11** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Picture BINGO (MC) 1:30 Hearing Clinic *Sign up at the front desk* (SPA) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (DDH)	**12** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Edwards Garden (OUT) 11:30 Daily Chronicles (MC) 1:30 Finish the Proverbs (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Gardening Club (MC) 3:30 EZ Music: Anything Goes with Cole Porter (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Coloring Inn W/ RSA's (MC)	**13** 9:45 Life Skill: Watering the Gardens (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Fit Minds Flash Card (MC) 4:00 Life Skill: Folding and Sorting (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**14** 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**15** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Happy Fathers Day! 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Fathers Day BBQ (Make Reservations at the Front Desk) (DR) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**17** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Fit Minds Interactive (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**18** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Picture BINGO (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (DDH)	**19** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Real Fruit Smoothie (OUT) 11:30 Daily Chronicles (MC) 1:30 Finish the Proverbs (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Gardening Club (MC) 3:30 EZ does it Trivia (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Coloring Inn W/ RSA's (MC)	**20** 9:45 Life Skill: Watering the Gardens (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (DDH) 3:30 Fit Minds Flash Card (MC) 4:00 Life Skill: Folding and Sorting (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**21** 9:45 Morning Exercise (MC) 10:30 Sun Bathing on the Patio (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment w/ Pianist Martin wall (DR) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**22** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
23 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**24** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Fit Minds Interactive (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**25** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Picture BINGO (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (DDH)	**26** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 10:45 Outing: Moccasin Trail (OUT) 11:30 Daily Chronicles (MC) 1:30 Finish the Proverbs (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Gardening Club (MC) 3:30 Monthly Birthday Happy Hour and Snack* Come Celebrate the June Birthday's* (DMP) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Coloring Inn W/ RSA's (MC) 7:00 Evening Entertainment with Megacity Swing Band (B/B)	**27** 9:45 Life Skill: Watering the Gardens (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:00 Culinary Corner (Cooking Demo) (DDH) 2:30 Fall Prevention with Adrineh (MC) 3:30 Fit Minds Flash Card (MC) 4:00 Life Skill: Folding and Sorting (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**28** 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment with Kelly Davis (B/B) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**29** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Go for Life Walking Group (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Jigsaw Puzzle w/ RSA (MC) 6:00 You and Me Time with the Household Team (MC)
30 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Walking and Music w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)						

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program

Locations Legend

Memory Care (MC)

Decadence Dining Hall (DDH)

Outing (OUT)

Don's Bar/Bistro (B/B)

Spa (SPA)

Dining Room (DR)

Don Mills Patio (DMP)