August 2024

Don Mills Retirement Residence

Memory Care

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tea and Biscuits Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**2** National Ice Cream Sandwich Day! (MC) 9:45 Morning Exercise (MC) 10:30 Bird House Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Ice Cream Sandwich Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment w/ Pianist Martin wall (DR) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**3** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
4 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**5** 2024 Paris Summer Olympics- Wear Red 9:45 Frisbee Golf (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Paris Bingo (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Bowling (MC) 3:30 Celebrate Caribana with the Caribbean Steel Pans (B/B) 4:00 Olympic Rings Craft (MC) 6:00 Reading with Household (MC)	**6** 2024 Paris Summer Olympics - Wear Yellow 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Ladder Toss Olympic Competition (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**7** 2024 Paris Summer Olympics - Wear Green 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:30 Daily Chronicles (MC) 1:30 Axe Throwing (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Who Sang it; Gene Kelly or Louis Armstong (MC) 6:00 Coloring Inn W/ RSA's (MC)	**8** 2024 Paris Summer Olympics - Wear Dark Blue 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**9** 2024 Paris Summer Olympics - Wear Light Blue or Sky blue 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**10** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Kerplunk Game (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
11 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**12** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 3:00 Snakes and Ladders (MC) 4:00 EZ Junk Drawer Detective (MC) 6:00 Reading with Household (MC)	**13** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 2:00 Special Performance by Marcus and the Don Mills Choir (B/B) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**14** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:30 Daily Chronicles (MC) 1:30 Movie and Popcorn (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Crafternoon: Paper Palm Leaf Fans (MC) 6:00 Coloring Inn W/ RSA's (MC)	**15** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tea and Biscuits Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**16** 9:45 Morning Exercise (MC) 10:30 Flower Arrangements (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**17** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)



MONDAY
AUG
5

Civic Holiday



SUNDAY
AUG
25

Banana Split Day

August 2024

Don Mills Retirement Residence

Memory Care

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 Mobile Dental Hygiene Services w/ Joanna *Sign up at the front desk* (SPA) 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit w/ RSAs (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**19** 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Chips Tasting (MC) 3:00 Shuffleboard (SP) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**20** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**21** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:30 Daily Chronicles (MC) 1:30 Axe Throwing (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Monthly Birthday Happy Hour and Snack* Come Celebrate the August Birthday's* (B/B) 6:00 Coloring Inn W/ RSA's (MC)	**22** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 High Tea Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**23** 9:45 Morning Exercise (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment w/ Carla Gonzalez (B/B) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**24** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Zach (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
25 National Banana Split Day! 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit w/ RSAs (MC) 2:00 Banana Split Bar (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane w/ Rsa (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**26** National Dog Day! (MC) 9:45 Seated Yoga with Smoothies (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Picture Bingo (MC) 1:45 Fall Prevention (DDH) 2:00 Freshly Baked Goods Social (MC) 2:00 Entertianment w/ Tony (B/B) 4:00 EZ Junk Drawer Detective (MC) 6:00 Reading with Household (MC)	**27** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Watering the Gardens (MC) 11:30 How It's Made (MC) 1:30 Fitminds Interactive (MC) 2:00 Watermelon Social (MC) 3:00 Physical Game (MC) 4:00 Go for Life Walking Group (MC) 6:00 What Happened This Week (MC)	**28** 9:45 Fall Prevention (DDH) 10:30 Evelyn's Baking Corner (MC) 11:30 Daily Chronicles (MC) 1:30 Ladder Toss (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Travel Brief Destination: Kauai Hawaii (MC) 6:00 Coloring Inn W/ RSA's (MC)	**29** 9:45 Watering the Garden (MC) 10:30 Memory Lane: Cooking Shows (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tea and Biscuits Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**30** 9:45 Morning Exercise (MC) 10:30 Crafternoon: Form Visors (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 1:30 Noodle Balloon (MC) 2:00 Mocktails and Chaucherie Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:00 Go for Life Walking Group (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**31** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention with Adrineh (MC) 3:00 Afternoon Entertainment with Bryan Humphreys (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)



Be Vibrant

Calendar Legend

Outing
Special Program
Senior Olympics
Living, Loving, Local
Signature Program

Locations Legend

Memory Care (MC)
Decadence Dining Hall (DDH)
Don's Bar/Bistro (B/B)
Dining Room (DR)
Spa (SPA)
Spa Terrace (SP)