



INSPIRED
SENIOR LIVING

September 2024

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Packages Available At Reception 1 10:00 Exercises with Shantel (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Sunday Movie Screening: Forgotten Love (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Musical Hang Man with Shantel (CK) 6:30 Movie Night: Forgotten Love (TH)	10:00 Seated Exercises with Shantel (PL) 2 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: Hello, Dolly! (TH) 2:00 Cryptograms (PL) 3:00 Afternoon Tea Social (BAR) 3:30 Chocolate Bingo with Shantel (CK) 6:30 Movie Night: Musical Movie Mondays: Hello, Dolly! (TH) 6:30 Labour Day Entertainment with Tristan Alexander (CK)	10:00 Gentle Fitness (CK) 3 10:00 Outing to Centerpoint Mall (Sign up @ Reception) Group 1 (L) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Night On Earth: Moonlit Plains (TH) 2:00 Outing to Centerpoint Mall (Sign up @ Reception) Group 2 (L) 2:00 Artfull Presentation: Fall & Autumn Art (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tour the Kitchen with Chef Crystel (Sign Up @ Reception) (BAR) 3:30 Fit Minds-Stay Sharp (CK) 6:30 Movie Night: The Water Diviner (TH) 6:30 Game Night with Sandra: Matching Sets (GR)	10:00 4 Pictures One Word (BAR) 4 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: In Enemy Hands (TH) 2:00 Word in a Word (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 3:00 Crafty Wednesdays with Sandra: No-Sew Scented Sachet (PL) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: In Enemy Hands (TH)	10:00 Gentle Fitness (CK) 5 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Loonie Bingo (CK) 2:00 National Geographic: Drain the Oceans, Episode 1 - The Nazi Secrets (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (CK) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: The Journey of Natty Gann (TH) 7:00 Four Corners Debate (CK)	10:00 Exercises with Sandra (CK) 6 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Scattegories with Sandra (PL) 2:00 Movie Matinee: Mr. and Mrs. Mahi (TH) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Mr. and Mrs. Mahi (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	10:00 Exercises with Sandra (CK) 7 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 11:45 Walk to Mel Lastman Square for Taste of North York Event (Please Sign Up @ Reception) (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Beethoven - Symphony No 5 in C minor Op 67 (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: The Island on Bird Street (TH)
Happy Grandparents Day! Queen Elizabeth II Passing Anniversary 8 Activity Packages Available At Reception 10:00 Exercises with Sandra (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia (BAR) 2:00 Sunday Movie Screening: The Queen (TH) 2:00 Celebrate Grandparents Day and Make Your Own Taco with Shantel & Sandra **Sign-up @ Reception** (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Grandparents Day Concert (CK) 6:30 Movie Night: The Queen (TH)	Hearing Clinic (Sign Up @ Reception) (PL) 9 10:00 Seated Exercises with Shantel (PL) 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: Almost Angels (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (CK) 3:00 Afternoon Tea Social (BAR) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Almost Angels (TH)	10:00 Gentle Fitness (CK) 10 10:00 Outing - Picnic at Dempsey Park (Sign-up at Reception) (L) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Night On Earth: Frozen Nights (TH) 2:00 Artfull Enrichment Workshop: Under the Fall Tree (CK) 2:00 November Bazaar Meeting Would You Like to Participate ? (PL) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (CK) 6:30 Movie Night: A Vow to Cherish (TH) 6:30 Game Night with Sandra: Who wants to be a Millionaire? (GR)	Crazy Hat Day! 11 10:00 4 Pictures One Word (BAR) 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 1:00 Opera Box Concert & Cocktails (CD) 2:00 Movie Matinee: The Boy Who Harnessed the Wind (TH) 2:00 Riddles Me This (BAR) 2:30 Crafty Wednesdays with Sandra: Dining Room Fall Centerpieces (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 3:00 Milkshake Tasting with Crystel & Shantel (CK) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: The Boy Who Harnessed the Wind (TH)	10:00 Gentle Fitness (CK) 12 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Loonie Bingo (CK) 2:00 National Geographic: Drain the Oceans, Episode 2 - Gulf of Mexico (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Happy Hour (BAR) 3:00 Make Dining Room Fall Centerpieces (PL) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: 84 Charing Cross Road (TH) 7:00 Scrabble Night (GR)	10:00 Exercises with Sandra (PL) 13 10:30 Church Service with Msgr. Pat (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 11:30 Last Summer BBQ Style Lunch (DR) 2:00 Movie Matinee: Set It Up (TH) 2:00 Friday Afternoon Bingo w/ Sandra (CK) 3:00 Kings in the Corner (GR) 3:00 Special Afternoon Tea Social Featuring Popcorn Bar and Jungle Bird Cocktail (BAR) 6:30 Movie Night: Set It Up (TH)	10:00 Exercises with Sandra (CK) 14 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Tchaikovsky, Symphony No. 5 in E minor, Op. 64 (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Scattegories with Sandra (CK) 6:30 Movie Night: Can't Buy Me Love (TH)
Activity Packages Available At Reception 15 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Andrea (BAR) 2:00 Sunday Movie Screening: Love is in the Air (TH) 2:00 Quiddler (Self-Directed) (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Love is in the Air (TH)	Bedding and More (Vendor 11:30a.m. to 3:00p.m.) (PL) 16 10:00 Seated Exercises with Shantel (PL) 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: Bedknobs and Broomsticks (TH) 2:00 Meet Me at the MoMa Presentation - Anslem Kiefer (PL) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Shantel (Sign-up at Reception) (CK) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Bedknobs and Broomsticks (TH)	10:00 Gentle Fitness (CK) 17 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 12:00 Outing- Lunch to Mezza Notte Trattoria (Sign up @ Reception) (L) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Night On Earth: Jungle Nights (TH) 2:00 Fit Minds-Stay Sharp (Pick up @ Reception) (CK) 2:30 Make Dining Room Fall Centerpieces (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Living, Loving, Local Themed Demo with Crystel featuring Pear & or Corn (CK) 4:30 Living, Loving, Local Themed Dinner (DR) 4:30 Outing- Dinner to Mezza Notte Restaurant (Sign up @ Reception) (L) 6:30 Movie Night: Hi Nanna (TH)	10:00 4 Pictures One Word (BAR) 18 10:00 Drumfit Classics with Shantel (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 1:00 Tuck Shop Meeting (CK) 2:00 Link Word (BAR) 2:00 Movie Matinee: Until Forever (TH) 2:30 Taste Of the Caribbean Demo (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 5:00 Artfull Enrichment Workshop: Cone Flower (PL) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Until Forever (TH)	10:00 Gentle Fitness (CK) 19 10:30 Thursday Trivia with Bill (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Loonie Bingo (CK) 2:00 National Geographic: Drain the Oceans, Episode 3 - Lost Worlds of Mediterranean (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Happy Hour (BAR) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Black and White (TH) 7:00 Four Corners Debate (CK)	10:00 Seated Exercises with Shantel (CK) 20 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Habibi (TH) 2:00 Scattegories (PL) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Sing A-long Concert with Patricia Duffy (PL) 6:30 Movie Night: Habibi (TH)	OPEN HOUSE 21 10:00 Virtual Exercises (PL) 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:00 Artfull Enrichment Workshop: Sip & Sunset Silhouette Painting (CK) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: KYOHEI SORITA – final round (18th Chopin Competition, Warsaw) (TH) 2:00 Open House Entertainment with The Pepper Shakers (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 6:30 Movie Night: The Healer (TH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Packages Available At Reception 22 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 2:00 Sunday Movie Screening: Falling Inn Love (TH) 3:00 Afternoon Tea Social (BAR) 3:00 End of Summer Celebration with Martin Wall (CK) 6:30 Movie Night: Falling Inn Love (TH)	EYE CARE EXPRESS (9:30 am - 3:00 pm) (S) 23 10:00 Seated Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: The Stars are Singing (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (PL) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: The Stars are Singing (TH)	FOOT CLINIC (Sign Up @ Reception) (IS) 24 10:00 Gentle Fitness (CK) 10:00 Outing to Walmart (Sign up @ Reception) (L) 10:30 Jumbo Crossword (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Night On Earth: Dark Seas (TH) 2:00 Outing to Walmart (Sign up @ Reception) (L) 2:00 Artfull Enrichment Workshop: Forget Me Nots Drawing (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Getting To Know Crystel Breary Dining Services Manager (CK) 3:30 Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 6:30 Movie Night: Shadow in the Cloud (TH) 7:00 Sing A-long with Patricia Duffy (PL)	10:00 4 Pictures One Word (BAR) 25 10:00 Drumfit Classics with Shantel (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: Midnight Sun (TH) 2:00 Artfull Enrichment Workshop: Full Moon Forest (PL) 2:00 Riddles Me This (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Kings in the Corner (GR) 3:00 Champagne Tasting (CK) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Midnight Sun (TH)	10:00 Gentle Fitness (CK) 26 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 National Geographic: Drain the Oceans, Episode 4 - Sunken Treasures (TH) 2:00 Loonie Bingo (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Celebrating September Birthdays with Carla Gonzalez (CK) 6:00 Paraffin Wax Treatment (Register @ Reception) (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Where the Red Fern Grows (TH) 7:00 Scrabble Night (GR)	WEAR A PURPLE SHIRT DAY FOR WORLD ALZHEIMER'S MONTH 27 10:00 Seated Exercises with Shantel (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Movie Matinee: I'll See You in my Dreams (TH) 2:00 Overview on Dementia Presentation with Kasey from the Alzheimer Society (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Life Enrichment Meeting (PL) 3:30 Scategories with Shantel (PL) 4:30 Oktoberfest Themed Dinner (CK) 6:30 Movie Night: I'll See You in my Dreams (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	10:00 Seated Exercises with Shantel (CK) 28 10:30 Quiddler (GR) 10:45 Drumfit Classics Exercises (PL) 1:30 Go4Life Walking Grp (L) 2:00 Word in a Word (CK) 2:00 Saturday Afternoon Entertainment: Yuja Wang: Brahms Piano Concerto No. 2 in B-flat major Op. 83 (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Name That Tune with Shantel (CK) 6:30 Movie Night: The Out-Laws (TH)

Activity Packages Available At Reception 29 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 2:00 Sunday Movie Screening: Look Both Ways (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (Self Directed) (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Look Both Ways (TH)

National Day of Truth and Reconciliation (Wear Orange Day) 30 Ladies & Men One Stop Shop (Clothing Vendor 10:00am to 3:00pm) (PL) 10:00 All Resident Information Meeting (CK) 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Group to Mel Lastman Square (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Meet Me at the MoMa Presentation - Jacques Joseph Tissot (PL) 2:00 Movie Matinee: The Body Remembers When the World Broke Open (TH) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (PL) 3:30 Java Music Club Sing A-long (CK) 6:30 Movie Night: The Body Remembers When the World Broke Open (TH)



SUNDAY
SEPT
1

World Alzheimer's Month



SUNDAY
SEPT
8

Grandparent's Day



FRIDAY
SEPT
13

Stand Up to Cancer Day

MONDAY
SEPT
30

Day for Truth and Reconciliation

Be Proud

Locations Legend	
Country Kitchen (CK)	Lobby (L)
Theatre (TH)	Dining Room (DR)
Piano Lounge (PL)	In Suite (IS)
Bar (BAR)	Canterbury Driveway (CD)
Games Room (GR)	Salon (S)

Calendar Legend
Outing
Special Program
Living, Loving, Local
Signature Program