Verve INSPIRED SENIOR LIVING

September 2024

Memory Care Households

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**2** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:15 Crafters Corner! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**3** 10:00 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Apple Cider Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**4** 10:00 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 4:00 Who AM I Trivia? (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**5** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**6** 10:00 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**7** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
8 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 1:30 Special Entertainment By Greg Noguera (2K) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**9** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:15 Crafters Corner! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**10** 10:00 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Apple Cider Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**11** 10:00 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Entertainment Afternoon With Rick Groves! (2DR) 2:30 Fancy High Tea Party (2DR) 4:00 Who AM I Trivia? (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**12** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**13** 10:00 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**14** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
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September 2024

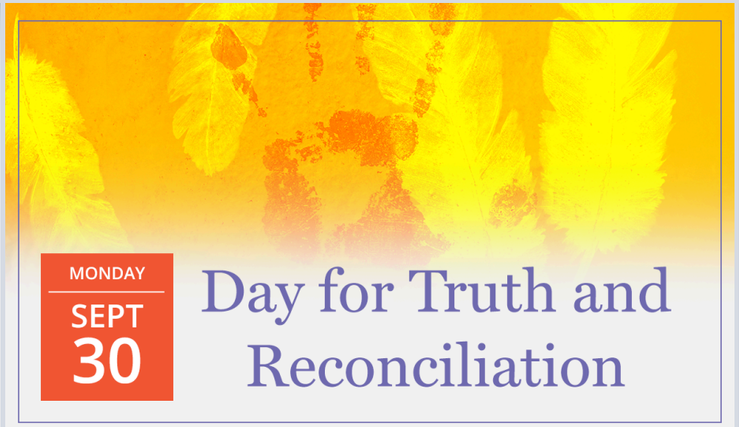
Memory Care Households

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Be Supported

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Living Room (2LR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Kitchen (2K)
- Outing (RSVP)
- Country Kitchen (CK)
- 2nd Floor Patio (2FP)
- Spa (S)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program