September 2024

Independent & Assisted Living Calendar

Verve INSPIRED SENIOR LIVING

HOLLAND GARDENS RETIREMENT RESIDENCE
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Catholic Church Service with Deacon David (T) 2:30 Afternoon Tea With Sonia *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	**2** Holiday Monday! No Exercise Today! (ML) 9:45 Jeopardy / Virtual Games (T) 11:00 Ladder Toss Game! (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo With Terry (CK) 3:15 Movie Popcorn Matinee: Sully (T) 7:00 Resident Movie Pick: (T)	**3** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Fall Decor Craft *RSVP* (CK) 3:15 Java Music Club! (3FL) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	**4** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 10:30 Giant Tiger & Value Village Shopping Trip! (RSVP) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Fun & Games, Mexican Train Dominos! (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Artful Enrichment Program! (CK) 3:00 Bean Bag Toss Competiton! (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	**5** Theme Day: Casual (ML) Vendor: Anish Women's Clothing, Jewlery & Gifts (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 2:00 End Of Summer Dance Party With Ed Cotton! (CK) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	**6** Ladies Breakfast Today! (DR) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races (CK) 3:00 Living, Loving, Local Cocktail Hour (PB) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	**7** Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 2:00 Loonie Bingo (CK) 3:15 Bocce Game! *Parking Lot Patio* (PLP) 6:30 Game Night Saturdays! (GR)
8 Happy Grandparent's Day! (ML) Sunday Brunch *11:00am-1:00pm* (DR) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:15 Special Entertainment By Greg Noguera (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	**9** 9:45 Assisted Living Exercise Class (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Back To School Fun! (CK) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick: (T)	**10** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Create Your Own Mad Hatter's Tea Party Hat! *RSVP* (CK) 3:00 Wine Tasting Event *RSVP* (PB) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	**11** Chocolate Milkshake Day (ML) Living,Loving,Local Dinner: Corn (DR) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 11:00 The Mandarin Lunch Outing (RSVP) 1:00 Fun & Games, Mexican Train Dominos! (CK) 1:00 GO 4 Life Walking Club (ML) 2:15 Entertainment Afternoon With Rick Groves & Chocolate Milkshakes (CK) 3:15 Washer Toss Competition! (T) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	**12** Vendor: Mary Kay (ML) Theme Day! Wear Your Country Clothes! (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 2:00 Holland Gardens Fall Fair Event!! (P) 3:00 Movie Popcorn Matinee: A Perfect Pairing (T) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	**13** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races (CK) 3:00 Welcome Cocktail Hour With Shelley! (PB) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	**14** Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 2:00 Loonie Bingo (CK) 3:15 Ladder Toss Game! (T) 6:30 Game Night Saturdays! (GR)
15 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:30 September Birthday Tea Celebration! (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	**16** 9:45 Assisted Living Exercise Class (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:00 Loonie Bingo (CK) 2:00 Guest Speaker Lianne Harris-Topic: Maya & Aztec Secrets That Shocked The Spanish (T) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick: (T)	**17** Vendor: Maria's Jewlery (ML) Theme Day: Casual (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Balloon Volleyball Competiton! (CK) 3:00 Silly Auction *Bring Your Items* (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	**18** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 10:30 Upper Canada Mall Shopping (RSVP) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Fun & Games, Mexican Train Dominos! (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 The Mad Hatter's Tea Party! *RSVP* (CK) 3:15 Washer Toss Competition! (T) 4:30 Chef's Private Dinner *RSVP* (PDR) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	**19** Smile Mobile Dental (S) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 11:00 B-I-N-G-O IN SUTTON (RSVP) 1:30 Artful Enrichment Program! (CK) 3:00 The Friendly Debate! (T) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	**20** Men's Breakfast Today! (DR) Mobile Hearing Clinic 1:30pm-3:30pm (S) (S) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races (CK) 3:00 Cocktail Hour & Sing A Long (PB) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	**21** Puzzles & Colouring Pages Available in Mailroom (ML) Open House Today! Sunset On Summer Themed! (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 1:00 Open House Sip & Paint: Summer Sunset *RSVP* (GR) 1:45 Entertainment By Shannon (CK) 3:15 Movie Popcorn Matinee: Dirty Dancing (T) 6:30 Game Night Saturdays! (GR)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 1st Day Of Fall- Wear Your Fall Colours! (ML) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:30 Fall Themed Tea Party! *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	**23** 9:45 Assisted Living Exercise Class (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Manicure Monday's *RSVP* (CK) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick: (T)	**24** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 10:00 Pine Farms Orchard Apple Picking! *RSVP* (RSVP) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Fresh Fruit & Sweet Arrangements *RSVP* (CK) 3:00 Resident Forum & Apple Cider! (CK) 4:00 Book Club With Shelley! (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	**25** 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 Fun & Games, Mexican Train Dominos! (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Spa Afternoon With Amanda *RSVP* (CK) 3:00 The Price Is Right! Dessert Edition (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	**26** Mobile Senior Shop Vendor (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 11:00 Georgian Downs Casino Outing *RSVP* (RSVP) 1:30 Artful Enrichment Program! (CK) 3:00 Bean Bag Toss Competition! (T) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	**27** Theme Day: Wear Your Plaid! (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Horse Races (CK) 2:30 Entertainment With Common Thread & Cocktails! (CK) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	**28** Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 2:00 Loonie Bingo (CK) 3:15 Ladder Toss Game! (T) 6:30 Game Night Saturdays! (GR)
29 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:30 Movie Popcorn Matinee: Dog Gone (T) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	**30** National Day For Truth & Reconciliation *Wear Your Orange Shirt Day* (ML) 9:45 Assisted Living Exercise Class (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:30 Manicure Monday's *RSVP* (CK) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick: (T)					



Be Supported

Locations Legend

- Country Kitchen (CK)
- Theater (T)
- Main Lobby (ML)
- 3rd Floor Lounge (3FL)
- Pub/Bistro (PB)
- Games Room (GR)
- Outing (RSVP)
- Dining Room (DR)
- Spa (S)
- Parking Lot Patio (PLP)
- Patio (P)
- Private Dining Room (PDR)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program