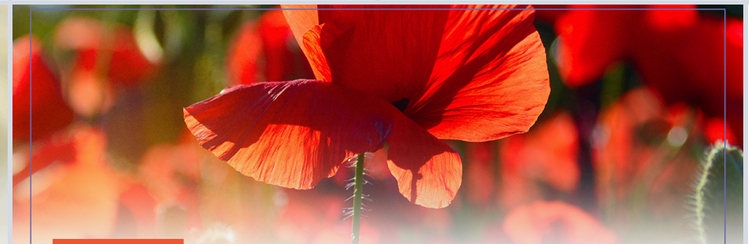
November 2024

Don Mills Retirement Residence
Memory Care Household

Verve INSPIRED SENIOR LIVING

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Happy Diwali! **1** 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Noodle Balloon (MC) 1:30 Indian Henna Design (DDH) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**2** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 1:30 Seated Badminton (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Sujal * New Instructor* (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
3 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 3:30 Afternoon Entertainment w/ Pianist Martin Wall (DR) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**4** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Math Fitness (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Picture Bingo (DDH) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**5** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	**6** 9:45 Virtual Fall Prevention (DDH) 10:00 Evelyn's Baking Corner (MC) 10:30 Kerplunk Game (MC) 11:30 Daily Chronicles (MC) 1:30 Crafternoon: Paint-a-Picture Puzzle (MC) 2:00 Tea Time Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Travel Brief Destination: Clevland Ohio (MC) 6:00 Coloring Inn W/ RSA's (MC)	**7** 9:45 Life Station: Folding & Sorting (MC) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 Tik Tok Dance with Manpreet (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tai Chi and Chai Tea (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**8** 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Cup Pong (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**9** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 1:30 Seated Badminton (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
10 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**11** Remembrance Day! 9:45 Seated Yoga (MC) 10:00 Remembrance Day Tea Social with Entertainment by John Amato (B/B) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Math Fitness (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Picture Bingo (DDH) 4:00 EZ Junk Drawer Detective (MC) 6:00 Reading with Household (MC)	**12** Optician On Wheels * Make appointment at the front desk* (T&L) 9:45 Seated Zumba (MC) 10:15 Outing: Tim Hortons (OUT) 10:30 Fitminds Interactive (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Java Music Club Sing-along (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	**13** 9:45 Virtual Fall Prevention (DDH) 10:00 Evelyn's Baking Corner (MC) 10:30 Jenga Game (MC) 11:30 Daily Chronicles (MC) 1:30 Purposeful Magazine Scavenger Hunt (MC) 2:00 High Tea Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Crafternoon: Make your own Slime (CC) 6:00 Coloring Inn W/ RSA's (MC)	**14** 9:45 Life Station: Folding & Sorting (MC) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tai Chi and Chai Tea (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:30 Hungry Hippo Physical Game (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**15** 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**16** 9:45 Drumfit (MC) 10:00 Morning Entertainment w/ Marcus (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 1:30 Seated Badminton (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 10:30 Pet Therapy (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 2:30 Christmas Decorating and Special Holiday Drink w/ Life Enrichment *Sign up at Reception* (ML) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**18** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Paint by Numbers (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Afternoon Entertainment with Vocalist Tony (B/B) 4:00 Sticker by Numbers (MC) 6:00 Reading with Household (MC)	**19** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	**20** 9:45 Virtual Fall Prevention (DDH) 10:00 Evelyn's Baking Corner (MC) 10:30 Kerplunk Game (MC) 11:30 Daily Chronicles (MC) 1:30 Paint by Numbers (MC) 2:00 Tea Time Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 November Trivia (MC) 6:00 Coloring Inn W/ RSA's (MC)	**21** 9:45 Life Station: Folding & Sorting (MC) 10:15 Outing: Scenic Drive (OUT) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 Tik Tok Dance with Manpreet (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tai Chi and Chai Tea (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:30 Horse Race (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**22** 9:45 Seated Tai Chi and Chai Tea (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Cup Pong (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC) 7:00 Evening Entertainment with Tim Godfrey (B/B)	**23** 9:45 Drumfit (MC) 10:30 Sing Along with Suzzie Q (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 1:00 Armchair Travel (MC) 1:30 Seated Badminton (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)
24 9:45 Ball Toss (MC) 10:30 Coloring and Conversation (MC) 10:30 Pet Therapy (MC) 11:00 Spiritual Eldercare: Hymns (MC) 11:30 Virtual Church Service (MC) 1:30 Sing Fit (MC) 2:00 Chef Choice Social (MC) 3:00 Hand Massages w/ Relaxing Music (MC) 3:30 Memory Lane (MC) 4:00 Life Skill: Helping Hands (MC) 6:00 Evening Movie (MC)	**25** 9:45 Seated Yoga (MC) 10:30 Baking Club (MC) 11:00 Memory Lane Reminiscing (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Math Fitness (MC) 2:00 Freshly Baked Goods Social (MC) 3:00 Picture Bingo (DDH) 4:00 EZ Junk Drawer Detective (MC) 6:00 Reading with Household (MC)	**26** 9:45 Seated Zumba (MC) 10:30 Java Music Club Sing-along (MC) 11:00 Life Skill: Nursery Time (MC) 11:30 How It's Made (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Fitminds Interactive (MC) 2:00 Seasonal Fruit Social (MC) 3:00 Artfull Enrichment Crafternoon (MC) 6:00 What Happened This Week (MC)	**27** 9:45 Virtual Fall Prevention (DDH) 10:00 Evelyn's Baking Corner (MC) 10:30 Jenga Game (MC) 11:30 Daily Chronicles (MC) 1:30 Crafternoon: Felt Mums (MC) 2:00 High Tea Social (MC) 3:00 Life Skill: Folding and Sorting (MC) 3:30 Monthly Birthday Happy Hour ' November Birthdays' (B/B) 6:00 Coloring Inn W/ RSA's (MC)	**28** 9:45 Life Station: Folding & Sorting (MC) 10:30 Going Down Memory Lane Morning Music (MC) 11:00 One-on-One with Life Enrichment (MC) 11:30 Life Skill: Set up for Lunch (MC) 1:30 Group Reading Circle (MC) 2:00 Tai Chi and Chai Tea (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:30 Hungry Hippo Physical Game (MC) 4:00 Afternoon Sing-A-long (MC) 6:00 Tangrams and Puzzles w/ RSA (MC)	**29** 10:00 Chair Yoga with Sue (MC) 10:30 MOMA Painting (MC) 11:00 Anagrams , Crossword, Word Search and Chit Chat (MC) 11:30 Nature Walk and Reflection (MC) 1:30 Noodle Balloon (MC) 2:00 Munchies and Mocktails Social (MC) 3:00 Meditation and Mandela Coloring (MC) 3:30 Entertainment with Filipa Sousa (B/B) 4:30 Life Skills: Helping with Dinner (MC) 6:00 Friday Night Movie and Popcorn (MC)	**30** 10:00 Music Therapy w/ Caleb (MC) 11:00 Jigsaw Puzzle w/ RSA (MC) 11:00 Memory Care Resident Forum (T&L) 11:15 Drumfit (MC) 1:00 Armchair Travel (MC) 1:30 Seated Badminton (MC) 2:00 Chef Choice Social (MC) 2:30 Fall Prevention w/ Sujal (MC) 3:00 Picture Trivia (MC) 4:00 Go for Life Walking Group (MC) 6:00 You and Me Time with the Household Team (MC)





Locations Legend

- Memory Care (MC)
- Decadence Dining Hall (DDH)
- Don's Bar/Bistro (B/B)
- Great Escapes (T&L)
- Outing (OUT)
- Dining Room (DR)
- The Country Club (CC)
- Mills Lobby (ML)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program