October 2024

Independent Living Calendar
Hazelton Place Retirement Residence

Verve | INSPIRED SENIOR LIVING

HAZELTON PLACE RETIREMENT RESIDENCE
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Active Aging Week **1** 10:00 Sit and Stretch (MR) 10:30 Dance Class with Yvonne (MR) 11:30 Active Ageing - Walking Club (2LL) 1:30 Documentary - The Art Of Aging Well (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Harvey (1950) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Active Ageing - Walking Club (2LL) 7:00 Movie Night- Harvey (1950) (MT)	9:30 Flexibility Class with Sam (MR) **2** 10:15 Strength Class with Sam (MR) 10:30 Active Ageing - Walking Club (walk to Ramsden park) (2LL) 11:00 Balance Class with Sam (MR) 11:00 Fairview Mall Outing. (Out) 11:30 Hand Therapy (AS) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:30 Movie Matinee- The Long Game (2023) (MT) 3:00 Tea Time (LL) 3:15 Brain Games and Charades (Active aging week) (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Long Game (2023) (MT)	10:00 Yoga with Karusia(Active aging week) (MR) **3** 11:15 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 12:30 Documentary- How to be Active (Active Aging week) (MT) 2:00 Meet me at the MOMA Artist Discussion: Vesod (MT) 2:30 Movie Matinee- Going My Way (1944) (MT) 3:00 Tea Time (LL) 3:00 Jenga (MR) 4:00 A Story Reading by Sondra (AS) 5:00 Active Ageing - Walking Club (walk to Ramsden park) (2LL) 7:00 Bridge with David (BR) 7:00 Movie Night- Going My Way (1944) (MT)	9:30 Flexibility Class with Sam(Active Aging week) (MR) **4** 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Morning Sing Along (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Midnight Run (1988) (MT) 3:00 Tea-Time Concert with Jordan Klapman (LL) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Midnight Run (1988) (MT)	10:00 Sit & Stretch (Active Aging week) (MR) **5** 10:45 Morning Sing Along (MT) 1:30 Active Aging: Go4Life Walking Club (Out) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- The Glenn Miller Story (1954) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 4:00 Active Aging - Meditation (MT) 5:00 Ted Talks (MT) 7:00 Movie Night- The Glenn Miller Story (1954) (MT)
10:00 Sit & Stretch(Active aging week) (MR) **6** 11:00 Active Aging Documentary- How to Become More Active (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- You Cant Take IT With You (1938) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- You Cant Take IT With You (1938) (MT)	9:30 Flexibility Class with Sam (MR) **7** 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam(Active Aging week) (MR) 10:30 Active Aging - Meditation (MT) 11:00 Balance Class with Sam (MR) 11:30 Spiritual Guided Meditation (MT) 11:30 Active Aging - Meditation (MT) 1:00 Falls Prevention #1 (MR) 2:00 Poetry Club (AS) 2:30 Active Aging: Go4Life Walking Club (Out) 2:30 Movie Matinee- Grand Hotel (1932) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 6:00 Book Launch: "In Form: Life & Legacies in Bronze" (Out) 7:00 Movie Night- Grand Hotel (1932) (MT)	10:00 Sit and Stretch (MR) **8** 10:45 Strength Class (MR) 11:00 Balance Class (MR) 11:30 Morning Sing Along (MT) 1:30 Documentary - Muscle Knows No Age-15 Min Workout (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Innocent (2011 (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Innocent (2011 (MT)	9:30 Flexibility Class with Sam (MR) **9** 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:00 Outing to the McMichael Canadian Art Collection (Out) 11:00 Residents' Food Meeting (MT) 11:30 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Drum Fit (MT) 2:30 Movie Matinee- (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Hamlet (1996) (MT)	10:00 Yoga with Karusia (MR) **10** 11:15 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 12:30 Documentary- Food as Medicine (MT) 2:00 MOMA - Art Session: Vesod. (AS) 2:30 Movie Matinee- Hamlet (1996) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night-Hamlet (1996) (MT)	9:30 Flexibility Class with Sam (MR) **11** 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Morning Sing Along (MT) 2:00 Artful Enrichment- Acrylics on canvas with Lynn (AS) 2:30 Movie Matinee- From Here To Eternity (1953) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Morals and Ethics Discussion Club (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- From Here To Eternity (1953) (MT)	10:00 Sit & Stretch (MR) **12** 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Chef (2014) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Chef (2014) (MT)
10:00 Sit & Stretch (MR) **13** 10:45 Morning Sing Along (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Hoax (2006) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Hoax (2006) (MT)	Thanksgiving **14** 9:30 Flexibility Class with Sam (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention #1 (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Marty (1955) (MT) 3:00 Thanksgiving Celebration with Patricia Duffy (LL) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Marty (1955) (MT)	10:00 Sit and Stretch (MR) **15** 10:45 Strength Class (MR) 11:00 Balance Class (MR) 11:30 Morning Sing Along (MT) 1:30 Documentary - England's Forgotten Queen: The Life and Death of Lady Jane Gray; Ep 1 (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- The Lost Weekend (1945) (MT) 3:00 Tea Time (LL) 3:00 Jewish Spiritual and Cultural Service (STG) 4:00 Classical Piano Concert with Shaya Petrof (STG) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- The Lost Weekend (1945) (MT)	9:30 Flexibility Class with Sam (MR) **16** 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:00 AGO Museum Outing (Out) 11:30 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Drum Fit (MT) 2:30 Movie Matinee- My Old Lady (2014) (MT) 3:00 Tea Time (LL) 3:00 Communion Service with Paige (STG) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- My Old Lady (2014) (MT)	10:00 Yoga with Karusia (MR) **17** 11:15 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 12:30 Documentary- England's Forgotten Queen: The Life and Death of Lady Jane Gray; Ep 2 (MT) 2:00 Meet me at the MOMA Artist Discussion: Denyse Thomasos (MT) 2:30 Movie Matinee- The Talented Mr. Ripley (1999) (MT) 3:00 Tea Time (LL) 3:00 Jenga (MR) 4:00 A Story Reading by Sondra (AS) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- The Talented Mr. Ripley (1999) (MT)	9:30 Flexibility Class with Sam (MR) **18** 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Morning Sing Along (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- How Green Was My Valley (1941) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Morals and Ethics Discussion Club (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- How Green Was My Valley (1941) (MT)	10:00 Sit & Stretch (MR) **19** 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- The Woman King (2022) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- The Woman King (2022) (MT)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20 10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Best Years Of Our Lives (1946) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Best Years Of Our Lives (1946) (MT)	**21** 9:30 Flexibility Class with Sam (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention #1 (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- The Chase (1966) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- The Chase (1966) (MT)	**22** 10:00 Sit and Stretch (MR) 10:45 Strength Class (MR) 11:00 Balance Class (MR) 11:30 Morning Sing Along (MT) 1:30 Living, Loving, Local: Pumpkin Presentation. (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- White Mischief (1987) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- White Mischief (1987) (MT)	**23** 9:30 Flexibility Class with Sam (MR) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:00 Pumpkin Farm Outing & Picking (Out) 11:30 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 1:30 Java Music Club - Sing Along (MT) 2:00 Arts & Crafts- Collage Making (AS) 2:00 Drum Fit (MT) 2:30 Movie Matinee- Thelma (2024) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Thelma (2024) (MT)	**24** 10:00 Yoga with Karusia (MR) 11:15 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 12:30 Documentary- England's Forgotten Queen: The Life and Death of Lady Jane Gray: Ep 3 (MT) 2:00 MOMA - Art Session: Denyse Thomasos (AS) 2:30 Movie Matinee- A Few Good Men (1992) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- A Few Good Men (1992) (MT)	**25** 9:30 Flexibility Class with Sam (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Morning Sing Along (MT) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- Frankie And Johnny (1991) (MT) 3:00 October's Birthdays Party with Patricia Duffy (LL) 4:00 Morals and Ethics Discussion Club (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Frankie And Johnny (1991) (MT)	**26** Dental Cleaning Clinics (Sign up at Reception) (LL) 10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Out Of Africa (1985) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 5:00 Ted Talks (MT) 7:00 Movie Night- Out Of Africa
27 10:00 Sit & Stretch (MR) 10:45 Morning Sing Along (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- My Cousin Vinny (1992) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- My Cousin Vinny (1992) (MT)	**28** 9:30 Flexibility Class with Sam (MR) 10:00 Individual Visits (SUI) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention #1 (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Scent Of A Woman (1992) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Scent Of A Woman (1992) (MT)	**29** 10:00 Sit and Stretch (MR) 10:45 Strength Class (MR) 11:00 Balance Class (MR) 11:30 Morning Sing Along (MT) 1:30 Documentary - Castle Builders (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Dead Poets Society (1989) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Dead Poets Society (1989) (MT)	**30** 9:30 Flexibility Class with Sam (MR) 10:15 Strength Class with Sam (MR) 11:00 Balance Class with Sam (MR) 11:30 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Art with Lynn (AS) 2:30 Movie Matinee- Donnie Brasco (1997) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Donnie Brasco (1997) (MT)	**31** Halloween 10:00 Yoga with Karusia (MR) 11:15 Morning Sing Along (MT) 11:30 Hand Therapy (AS) 12:30 Documentary- History Of Halloween (MT) 2:00 Arts and Crafts: Halloween Pumpkin Carving. (AS) 2:30 Movie Matinee- The Haunting (1963) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 4:00 Jenga (MR) 6:00 Halloween Party with Noah (LL) 7:00 Bridge with David (BR) 7:00 Movie Night- The Haunting (1963) (MT)	
	Be Vibrant					

Locations Legend

- Movie Theatre (MT)
- Meeting Room (MR)
- 111 Art Studio (AS)
- Lower Lobby (LL)
- Meet at Front Desk (MEE)
- Games Room (GAM)
- Suites (SUI)
- Outside (Out)
- Bedford Bridge Lounge (BR)
- Lower Lobby and 2nd (2LL)
- Annex Bar (AB)
- St. George Lounge (STG)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program