GILMORE GARDENS WEEKENDER HIGHLIGHTS

November 8th, 2024

IN HOUSE NEWS



We are looking for donations of unopened, new bottles of any kind for our **Bottle Draw** at the Craft Fair on Saturday, November 30th. Please bring your bottles to Recreation by Monday, November 25th. The Bottle Draw will take place on Saturday, November 30th at 1:30PM in the Fireside Lounge.

We have a **Bus Outing: Songs for A Winter's Night with The Richmond Singers** on Sunday, December 1st at 3:00PM. The bus will leave Gilmore Gardens at 2:15PM. The concert is about 2 hours in length with an intermission and will be held at Fraserview Mennonite Brethren Church. Tickets are $20 for Seniors, available through Valerie in Recreation. **But wait**…there is also an opportunity to win one of 5 free tickets to this special concert! The 5 winners will be announced at the Birthday Tea on Thursday, November 28th at 2:00PM in the Dining Room. The sign-up sheet is in the Activity Room.

Please be advised that **Tech Time with Erin** will be located in the Activity Room on Sunday, November 10th.

REMINDERS



If you need a manicure or pedicure, make an appointment at Reception to visit our **Esthetician, Angie** who works on Saturdays, by appointment only. Please see the updated pricelist on the salon window. **Nails with Angie** is here on Saturday, November 9th from 8:30AM-2:30PM in the Beauty Salon.

Enjoy music in the afternoon at **Music with The Richmond School** on Saturday, November 9th at 2:00PM in the Fireside Lounge. The students enjoy this opportunity to showcase their musical talents in playing for our residents!



Join us for our **Remembrance Day Service with Reverend Bruce** on Monday, November 11th at 10:45AM in the Fireside Lounge. Please come and take a seat early to remember the sacrifices and achievements of those who have served our country in uniform. Programs for this Service will be provided.

Do you have your shopping list ready? Sign up for the **Bus Outing: Shopping Trip to Ironwood** on Monday, November 11th at 1:00PM. Bring your reusable bags with you and wait at Reception before we board the bus.

Mark your calendar for our **Purdy's Christmas Order Desk** on Tuesday, November 12th from 10:00AM-12:00PM in the Fireside Lounge. Browse the catalogue and choose your gifts, then place your order with payment in time for Christmas!

Sign up for our popular **Bus Outing: Lunch & Shopping at Mandeville Gardens** on Wednesday, November 13th at 11:30AM. The Gardens look festive at this time of year, and you have the opportunity to buy lovely gifts throughout the store. There is also a bistro where you can purchase beverages and a light lunch.

Bring your questions or concerns about Richmond and its community and **Chat with Liberal MP, Wilson Miao** on Wednesday, November 13th at 2:00PM in the Fireside Lounge. All are welcome.

Everyone needs help with their vision, and regular optometrist visits can help detect potential issues early. If you have any eye concerns or would like to know more about how you can better care for your eyes, join our **Wellness Session: Presentation on Common Senior Eye Conditions and Care** on Thursday, November 14th at 11:00AM in the Activity Room.



Come for **Entertainment: Lulu Island Strummers** is on Thursday, November 14th at 2:00PM in the Fireside Lounge. Enjoy a fun sing along as this talented group leads us through a variety of songs! Song sheets will be provided!

Do you like puzzles and trivia? Come for **Trivia with Jill** on Friday, November 15th at 11:00AM in the Activity Room. There will be a variety of fun Rebus puzzles, riddles, and different categories of trivia questions! We always end with a treat for everyone! 😉

Enjoy a musical hour of **Entertainment with Roberto Risman** on Friday, November 15th at 2:00PM in the Fireside Lounge. Join us afterwards at **Happy Hour** in the Club Lounge at 3:00PM where you can have complimentary fruit punch and appetizers or purchase a glass of wine or beer for $7.

Weekly Calendar for November 8th – November 15th, 2024

Saturday, November 9th		Sunday, November 10th	
8:30AM	Nails with Angie	10:00AM	Armchair Exercise Video
10:00AM	Armchair Exercise Video	10:30AM	GPUC Worship Service
11:00AM	Tai Chi	11:00AM	Gentle Fit with Winnie
2:00PM	Music with The Richmond School	1:30PM	Tech Time with Erin
3:00PM	Artful Aging: Painting with Elizabeth & Friends		

Monday November 11th	Tuesday November 12th	Wednesday November 13th	Thursday November 14th	Friday November 15th
Remembrance Day	10:00AM Armchair Exercise Video	10:00AM Chair Fitness	***Hairdresser***	***Hairdresser***
10:45AM Remembrance Day Service with Reverend Bruce	10:00AM Purdy's Christmas Order Desk	10:30AM Catholic Prayer & Communion	10:00AM Chair Fitness: Strength & Balance	10:00AM Osteofit with Robin Masters
	11:30AM Meditation	11:00AM Armchair Video	11:00AM Go4Life Walking Club	11:00AM Play Reading with Stephen
1:00PM Bus Outing: Shopping Trip to Ironwood	1:30PM Wellness Session: Chair Yoga with Lynn Walters	11:30AM Bus Outing: Bistro Lunch & Shopping at Mandeville Gardens	11:00AM Wellness Session: Presentation on Common Senior Eye Conditions and Care	11:00AM Trivia with Jill
3:00PM "Sit and Be Fit" Gentle Arthritis Exercise Video	2:45PM Giant Crosswords	1:30PM Billiards		1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動
7:30PM Bingo	7:00PM Crib/Chess	2:00PM Chat with Liberal MP, Wilson Miao	2:00PM Entertainment with Lulu Island Strummers	2:00PM Entertainment with Roberto Rishman
		3:00PM Happy Hour	7:00PM Game of Hearts	3:00PM Happy Hour
		7:00PM Rummikub		3:30PM Table Tennis
				6:00PM Mah Jong