November 2024

Memory Care Households Calendar

Verve INSPIRED SENIOR LIVING

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Movember		MONDAY NOV 11 Remembrance Day		**Locations Legend** 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Living Room (2LR) 2nd Floor Hallways (2FH) 2nd Floor Kitchen (2K) 2nd Floor Patio (2FP) Outing (RSVP) Country Kitchen (CK)	10:00 Drum Fit Exercise Class (2DR) **1** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	10:30 Gentle Exercise (2DR) **2** 11:00 Refresh & Hydrate (2DR) 11:30 Fit Minds! Brain Games (2MP) 11:30 Go For Life Walking Club (2FH) 1:00 Bingo (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
10:00 Virtual Church Service (2LR) **3** 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) **4** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:15 Crafters Corner! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) **5** 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Hot Chocolate Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) **6** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 4:00 GIANT BOWLING! (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	10:00 Sing Fit *New Signature Program* (2MP) **7** 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	10:00 Drum Fit Exercise Class (2DR) **8** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	10:30 Gentle Exercise (2DR) **9** 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
9:00 Music & Therapeutic Colouring (2MP) **10** 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	10:00 Sing Fit *New Signature Program* (2MP) **11** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:15 Poppy Craft For Remembrance Day (2MP) 2:15 Poppy Themed Tea Party (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	10:00 Music and Movement (2MP) **12** 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Hot Chocolate Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	10:00 Morning Yoga and Stretch Exercise (2MP) **13** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Entertainment with Rick Groves (2K) 2:30 Fancy High Tea Party (2DR) 4:00 GIANT BOWLING! (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	10:00 Sing Fit *New Signature Program* (2MP) **14** 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	10:00 Drum Fit Exercise Class (2DR) **15** 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	10:30 Gentle Exercise (2DR) **16** 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)

INSPIRED SENIOR LIVING

November 2024

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HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
17 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**18** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:15 Crafters Corner! (2MP) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**19** 10:00 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Chair Hockey (2LR) 2:30 Hot Chocolate Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**20** 10:00 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Live Entertainment! with Common Thread! (2DR) 2:30 Fancy High Tea Party (2DR) 4:00 GIANT BOWLING! (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**21** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**22** 10:00 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**23** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
24 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**25** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Entertainment with Marcus (2K) 3:00 Chair Soccer (2K) 3:30 Manicure Mondays (2LR) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**26** 10:00 Music and Movement (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Nature Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 The Goldenairs Choir Performance (2LR) 2:30 Hot Chocolate Sing A Long Social (2K) 3:30 Neighbourhood Walk (RSVP) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**27** 10:00 Morning Yoga and Stretch Exercise (2MP) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:15 Fancy High Tea Party & Entertainment With Patricia Duffy (2DR) 4:00 GIANT BOWLING! (CK) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**28** 10:00 Sing Fit *New Signature Program* (2MP) 11:00 Refresh & Hydrate (2DR) 11:00 Musical Instrument Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 1:30 Balloon Games! (2K) 2:30 Sip & Paint Afternoon (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**29** 10:00 Drum Fit Exercise Class (2DR) 11:00 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**30** 10:30 Gentle Exercise (2DR) 11:00 Refresh & Hydrate (2DR) 11:00 Number Bingo! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Living Room (2LR)
- 2nd Floor Hallways (2FH)
- 2nd Floor Kitchen (2K)
- 2nd Floor Patio (2FP)
- Outing (RSVP)
- Country Kitchen (CK)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local Signature Program