November 2024

Gilmore Gardens

Verve INSPIRED SENIOR LIVING

GILMORE GARDENS

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 THURSDAY NOV 7 National Cancer Awareness Day		 MONDAY NOV 11 Remembrance Day			**1** Living Loving Local Celebration Dinner: Featuring Cranberries 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Trivia with Jill (ACT) 11:00 De-decorate Halloween/Thanksgiving (FIR) 1:30 Weekender Review in Chinese: 中文講解 本週活動 (PRI) 1:30 Popcorn Please! (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	**2** 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 2:00 Roll o' Trump Game (ACT) 7:00 Movie Night: The End of the Affair (ACT)
3 Daylight Savings Time Begins 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 11:30 Avon with Janice (DR) 1:30 Tech Time with Erin (PRI) 2:00 Boundless Harmonies Piano Students (FIR)	**4** 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 1:00 Bus Outing: Shopping Trip to Superstore (GG) 1:30 Meet Me at the MoMA: Rabindranath Tagor (India) Poet, Writer, Painter (ACT) 3:00 Chair Yoga with Lauren (ACT) 7:30 Bingo (ACT)	**5** 10:00 Armchair Video (ACT) 11:30 Meditation (ACT) 1:30 Wellness Session: Motion Cares Presents "The Advantages of using a Walker" (ACT) 2:45 Fit Minds (CL) 7:00 Crib/Chess (CL)	**6** 10:00 Chair Fitness (ACT) 10:30 Catholic Prayer and Communion (PRI) 11:00 Armchair Video (ACT) 11:15 Bus Outing: Lunch at Pat Quinn's Restaurant and Bar in Tsawwassen (GG) 1:30 Billiards (SFL) 1:30 Trivia Challenge: I Should Have Known That! (ACT) 3:00 Happy Hour (CL) 7:00 Rummikub (ACT)	**7** Cancer Awareness Day (FIR) 10:00 Chair Fitness: Strength and Balance (ACT) 10:30 BC Cancer Foundation Fundraiser (FIR) 11:00 Armchair Video (ACT) 11:00 Go4Life Walking Club (GG) 1:30 Java Music Club (CL) 7:00 Game of Hearts (ACT)	**8** 10:00 Osteofit with Robin Masters (ACT) 11:00 Advanced Armchair Video with Curtis (ACT) 11:00 Play Reading with Stephen (PRI) 11:30 Bus Outing to Steveston Village (GG) 1:30 Weekender Review in Chinese: 中文講解 本週活動 (PRI) 2:00 Entertainment with John Parsons (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	**9** 10:00 Armchair Video (ACT) 11:00 Tai Chi (ACT) 2:00 Music with The Richmond Music School (FIR) 3:00 Artful Aging: Painting with Elizabeth and Friends (ACT)
10 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (PRI)	**11** Remembrance Day 10:45 Remembrance Day Service with Reverend Bruce (FIR) 1:00 Bus Outing: Shopping Trip to T&T/Landsdowne (GG) 3:00 "Sit and Be Fit" Gentle Arthritis Video Exercise Class (ACT) 7:30 Bingo (ACT)	**12** 10:00 Armchair Video (ACT) 10:00 Purdy's Christmas Order Desk (FIR) 11:30 Meditation (ACT) 1:30 Wellness Session: Chair Yoga with Lynn Walters (ACT) 2:45 Giant Crosswords (CL) 7:00 Crib/Chess (CL)	**13** 10:00 Chair Fitness (ACT) 10:30 Catholic Prayer and Communion (PRI) 11:00 Armchair Video (ACT) 11:30 Bus Outing: Bistro Lunch and Shopping at Mandeville Gardens (GG) 1:30 Billiards (SFL) 2:00 Chat with MP Wilson Maio (FIR) 3:00 Happy Hour (CL) 7:00 Rummikub (ACT)	**14** 10:00 Chair Fitness: Strength and Balance (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Wellness Session: Presentation on Common Senior Eye Conditions and Care (ACT) 2:00 Entertainment: LuLu Island Strummers (FIR) 7:00 Game of Hearts (ACT)	**15** 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Trivia with Jill (ACT) 1:30 Weekender Review in Chinese: 中文講解 本週活動 (PRI) 2:00 Entertainment with Roberto Risman (CKP) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	**16** 10:00 Armchair Video (ACT) 1:30 Horseraces Game (ACT) 2:30 Jessica's Music School (FIR) 7:00 Movie Night: Wuthering Heights (ACT)

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17 10:00 Armchair Video (ACT) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:30 Tech Time with Erin (PRI) 7:30 Sing Along with Errol (FIR)	**18** Purdy's Orders Deadline by 4PM 10:00 Chair Fitness (ACT) 10:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 11:00 Casual Chic Couture Fashions (FIR) 1:00 Bus Outing: Shopping trip to Seafair (GG) 3:00 Chair Yoga with Lauren (ACT) 7:30 Bingo (ACT)	**19** 10:00 Armchair Video (ACT) 10:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 11:30 Food Committee Meeting (PRI) 11:30 Meditation (ACT) 1:00 Recreation Committee Meeting (PRI) 1:30 Presentation with David Darling on "The Struggle for Women's Civil Rights: Has it Been Won?" (ACT) 2:45 Fit Minds (CL) 7:00 Crib/Chess (CL)	**20** 10:00 Chair Fitness (ACT) 10:30 Catholic Mass (PRI) 11:00 Armchair Video (ACT) 11:30 Bus Outing: River Rock Casino (GG) 1:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:30 Billiards (SFL) 3:00 Happy Hour (CL) 7:00 Rummikub (ACT)	**21** 10:00 Chair Fitness: Strength and Balance (ACT) 11:00 Armchair Video (ACT) 11:00 Go4Life Walking Club (GG) 1:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:30 Scrabble with Pat (CL) 3:00 Resident Council Meeting (ACT) 7:00 Game of Hearts (ACT)	**22** 10:00 Osteofit with Robin Masters (ACT) 10:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 11:00 Advanced Armchair Video with Curtis (ACT) 11:00 Play Reading with Stephen (PRI) 11:00 Bus Outing: Lunch and Shopping at Tsawwassen Mills (GG) 1:30 Weekender Review in Chinese: 中文講解 本週活動 (PRI) 2:00 Entertainment with The Suede Dogs (FIR) 3:00 Happy Hour (CL) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	**23** 10:00 Armchair Video (ACT) 2:30 Jessica's Music School (FIR) 3:00 Artful Aging: Painting with Elizabeth and Friends (ACT)
24 10:00 Armchair Video (ACT) 10:00 Advanced Rummikub with Sally (CL) 10:30 GPUC Worship Service (GPUC) 11:00 Gentle Fit with Winnie (ACT) 1:00 Table Tennis with Sally (ACT) 1:30 Tech Time with Erin (PRI) 2:30 Youth Musician Association (FIR) 2:30 Beginner Rummikub with Sally (CL)	**25** 10:00 Chair Fitness (ACT) 11:00 Go4Life Walking Club (GG) 11:00 Armchair Video (ACT) 1:00 Bus Outing: Shopping Trip Ironwood (GG) 1:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:30 Meet Me at the MoMA: Schiele (Austria) Expressionist Painter (ACT) 3:00 "Sit and Be Fit" Gentle Arthritis Video Exercise Class (ACT) 7:30 Bingo (ACT)	**26** 10:00 Armchair Video (ACT) 11:30 Meditation (ACT) 1:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:30 Wellness Session: Chair Yoga with Lynn Walters (ACT) 2:45 Giant Crosswords (CL) 7:00 Crib/Chess (CL)	**27** 10:00 Chair Fitness (ACT) 10:30 Catholic Prayer and Communion (PRI) 11:00 Armchair Video (ACT) 1:00 Bus Outing: Scenic Drive (GG) 1:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:30 Billiards (SFL) 1:30 Wrapping Bottles for the Bottle Draw (ACT) 3:00 Happy Hour (CL) 7:00 Rummikub (ACT)	**28** 10:00 Chair Fitness: Strength and Balance (ACT) 10:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 11:00 Armchair Video (ACT) 11:00 Go4Life Walking Club (GG) 2:00 Birthday Party & Welcome Tea (DR) 7:00 Game of Hearts (ACT)	**29** Christmas Decorating Day at Gilmore Gardens (FIR) 10:00 Osteofit with Robin Masters (ACT) 11:00 Play Reading with Stephen (PRI) 1:30 Weekender Review in Chinese: 中文講解 本週活動 (PRI) 1:30 Christmas Decorating all Floors with Rum and Eggnog! (AF) 3:30 Table Tennis (ACT) 6:00 Mah Jong (ACT)	**30** 10:00 Christmas Craft Fair and Bake Sale (ACT) 10:00 Raffle Draw and Bottle Draw Ticket Sales (FIR) 1:00 Raffle Draw and Bottle Draw! (FIR) 7:00 Movie Night: Jack Frost (ACT)





Locations Legend

- Activity Room (ACT)
- Fireside Lounge (FIR)
- Private Dining Room (PRI)
- Club Lounge (CL)
- Gilmore Gardens (GG)
- Gilmore Park United Church (GPUC)
- Second Floor Lounge (SFL)
- Dining Room (DR)
- Country Kitchen Patio (CKP)
- All Floors (AF)

Calendar Legend

- Technology
- Outing
- Special Program
- Vendor
- Theme Day
- Signature Program
- Can Fit Pro
- Highlight
- Resident Run