



INSPIRED SENIOR LIVING

# November 2024

## Independent & Assisted Living

### Calendar

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**MONDAY**  
**NOV 11**

## Remembrance Day



## Movember

- ### Locations Legend
- Country Kitchen (CK)
  - Theater (T)
  - Main Lobby (ML)
  - 3rd Floor Lounge (3FL)
  - Pub/Bistro (PB)
  - Games Room (GR)
  - Outing (RSVP)
  - Dining Room (DR)
  - Spa (S)
  - Private Dining Room (PDR)

Please RSVP For All Programs At Reception (ML) **1**

**Theme Day: Casual Friday! (ML)**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy! (T)  
10:30 Assisted Living BINGO (3FL)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 GO 4 Life Walking Club (ML)  
1:30 Ceiling Tile Painting \*Group 1\* (CK)  
2:30 Ceiling Tile Painting \*Group 2\* (CK)  
3:30 Poppy Flower Craft (3FL)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **2**

Puzzles & Colouring Pages Available in Mailroom (ML)  
10:00 Morning Story Share (T)  
11:00 Morning Exercise Class (3FL)  
11:30 Number Bingo! (3FL)  
1:30 Chocolate Bar Bingo \*Group 1\* (CK)  
2:30 Chocolate Bar Bingo \*Group 2\* (CK)  
3:15 Assisted Living BINGO (3FL)  
6:30 Game Night Saturdays! (GR)

Please RSVP For All Programs At Reception (ML) **3**

8:45 Non-Denominational Church Service (T)  
10:00 Crosswords Available At Reception (ML)  
1:00 Fit Minds Stay Sharp (CK)  
1:30 Ladder Toss Competition! \*Group 1\* (T)  
2:15 Ladder Toss Competition! \*Group 2\* (T)  
3:15 Movie Matinee (T)  
3:30 Ladder Toss Competition! (3FL)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **4**

9:45 Assisted Living Exercise Class (3FL)  
9:45 Jeopardy / Virtual Games (T)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 GO 4 Life Walking Club (ML)  
1:30 Chocolate Bar Bingo \*Group 1\* (CK)  
2:30 Chocolate Bar Bingo \*Group 2\* (CK)  
3:30 Chocolate Bar Bingo AL (3FL)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **5**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy / Virtual Games (T)  
10:30 Assisted Living BINGO (3FL)  
11:00 Strength and Endurance Exercise Class (CK)  
1:30 Poppy Craft For Remembrance Day \*Group 1\* (CK)  
2:30 Poppy Craft For Remembrance Day \*Group 2\* (CK)  
3:30 Poppy Craft For Remembrance Day AL (3FL)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **6**

**Theme Day: Wear Your Black For Movember! (ML)**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy / Virtual Games (T)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 GO 4 Life Walking Club (ML)  
1:00 Horse Races Group 1 \*Max 6 Residents\* (CK)  
2:00 Horse Races Group 2 \*Max 6 Residents\* (CK)  
6:30 Euchre and Pepper Bid Euchre Night (CK)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **7**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy / Virtual Games (T)  
11:00 Drum Fit Exercise Class (CK)  
1:30 Artful Enrichment Program! Group 1 (CK)  
2:30 Artful Enrichment Program! Group 2 (CK)  
6:45 Shuffleboard (PB)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **8**

Hearing Aid Clinic With Martin 1:30-3:30pm (S)  
9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy! (T)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 GO 4 Life Walking Club (ML)  
1:30 Ceiling Tile Painting \*Group 1\* (CK)  
2:30 Ceiling Tile Painting \*Group 2\* (CK)  
6:45 Billiards Game Night (GR)  
7:00 Resident Movie Pick: (T)

Please RSVP For All Programs At Reception (ML) **9**

Puzzles & Colouring Pages Available in Mailroom (ML)  
10:00 Morning Story Share (T)  
11:00 Morning Exercise Class (3FL)  
2:00 Loonie Bingo (CK)  
3:15 Sing A Long With Elise! (PB)  
6:30 Game Night Saturdays! (GR)

Please RSVP For All Programs At Reception (ML) **10**

8:45 Non-Denominational Church Service (T)  
10:00 Crosswords Available At Reception (ML)  
1:00 Fit Minds Stay Sharp (CK)  
1:00 Live Theatre Outing: The Secret Garden \*Tickets \$29.75\* (RSVP)  
6:00 Card Game Night: Bridge (GR)  
7:00 Resident Movie Pick: (T)

**Wear Your Red For Remembrance Day! (ML)** **11**

9:45 Assisted Living Exercise Class (3FL)  
9:45 Jeopardy / Virtual Games (T)  
10:45 Remembrance Day Ceremony (ML)  
1:00 GO 4 Life Walking Club (ML)  
1:30 Manicure Monday's \*RSVP\* (CK)  
2:00 Loonie Bingo (CK)  
3:15 Java Music Club! (3FL)  
7:00 Resident Movie Pick: (T)

9:45 Assisted Living Exercise (3FL) **12**

9:45 Jeopardy / Virtual Games (T)  
11:00 Chair Yoga (CK)  
11:00 Halibut House Fish & Chips In Newmarket! (RSVP)  
1:00 Pass The Ace (PB)  
2:00 Cookie Mix Jar Making For Our Bazaar Sale! (CK)  
3:00 The Friendly Debate! (T)  
6:45 Card Game Night (PB)  
7:00 Resident Movie Pick: (T)

Living,Loving,Local Theme Dinner (DR) **13**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy / Virtual Games (T)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 Fun & Games, Mexican Train Dominos! (CK)  
1:00 GO 4 Life Walking Club (ML)  
2:15 Entertainment with Rick Groves (CK)  
3:30 The Milk Bag Project! (CK)  
6:30 Euchre and Pepper Bid Euchre Night (CK)  
7:00 Resident Movie Pick: (T)

**Theme Day: Cozy Sweater Day! (ML)** **14**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy / Virtual Games (T)  
11:00 Drum Fit Exercise Class (CK)  
11:00 BINGO IN SUTTON! (RSVP)  
1:30 Artful Enrichment Program! (CK)  
3:00 Washer Toss Competition! (T)  
6:45 Shuffleboard (PB)  
7:00 Resident Movie Pick: (T)

**Ladies Breakfast! (DR)** **15**

9:45 Assisted Living Exercise (3FL)  
9:45 Jeopardy! (T)  
11:00 Strength and Endurance Exercise Class (CK)  
1:00 GO 4 Life Walking Club (ML)  
2:00 Horse Races (CK)  
3:00 Cocktail Hour and Friendly Feud! (PB)  
6:45 Billiards Game Night (GR)  
7:00 Resident Movie Pick: (T)

Puzzles & Colouring Pages Available in Mailroom (ML) **16**

10:00 Morning Story Share (T)  
11:00 Morning Exercise Class (3FL)  
2:00 Loonie Bingo (CK)  
3:15 Sing A Long With Elise! (PB)  
6:30 Game Night Saturdays! (GR)



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# November 2024

## Independent & Assisted Living

### Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Sunday Brunch 11:00am-1:00pm <b>17</b> RSVP At Reception For Guests (DR)</p> <p>8:45 Non-Denominational Church Service (T)</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p><b>1:00 Live Theatre Outing: The Secret Garden *Tickets \$29.75* (RSVP)</b></p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Foot Care Appointments Today! (S) <b>18</b></p> <p>Comfort Shoe Vendor 11:00am-3:00pm (ML)</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>1:30 Manicure Monday's *RSVP* (CK)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Java Music Club! (3FL)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) <b>19</b></p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Pass The Ace (PB)</p> <p>1:30 Fresh Flower Arrangements *RSVP* (CK)</p> <p>2:45 Wine &amp; Cheese Travel To Italy *RSVP* (T)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) <b>20</b></p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 Fun &amp; Games, Mexican Train Dominos! (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>1:30 Staff &amp; Resident Deer Hunt (CK)</p> <p>2:30 Live Entertainment! with Common Thread! (CK)</p> <p>3:30 Ladder Toss Competiton! (T)</p> <p>4:30 Chef's Private Dinner *RSVP* (PDR)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p><b>Theme Day: Pajama Day! (ML) 21</b></p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p><b>10:00 Walmart Shopping Outing (RSVP)</b></p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>2:00 Live Special Event: Jeopardy Party Competiton With Carp Commons (Sister Home) (T)</p> <p>3:30 Hot Chocolate Social &amp; Tasting (PB)</p> <p>6:45 Shuffleboard (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) <b>22</b></p> <p>9:45 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races (CK)</p> <p>3:00 The Secret Singer Cocktail Hour (PB)</p> <p>6:45 Billiards Game Night (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Puzzles &amp; Colouring Pages Available in Mailroom (ML) <b>23</b></p> <p>10:00 Morning Story Share (T)</p> <p>11:00 Morning Exercise Class (3FL)</p> <p>1:00 Loonie Bingo (CK)</p> <p>2:30 Entertainment &amp; Christmas Sing A Long With Judy (PB)</p> <p>3:30 Movie Matinee &amp; Popcorn : (T)</p> <p>6:30 Game Night Saturdays! (GR)</p>
<p>8:45 Non-Denominational Church Service (T) <b>24</b></p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:30 November Birthday Tea Celebration! (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise Class (3FL) <b>25</b></p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>1:00 Loonie Bingo (CK)</p> <p>2:15 Entertainment with Marcus (PB)</p> <p>3:15 Java Music Club! (3FL)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) <b>26</b></p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:15 The Goldenairs Choir Performance (CK)</p> <p>3:15 Winter Wreaths! *RSVP* (CK)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>9:45 Assisted Living Exercise (3FL) <b>27</b></p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p><b>11:00 Georgian Downs Casino Outing *RSVP* (RSVP)</b></p> <p>1:00 Fun &amp; Games, Mexican Train Dominos! (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>1:30 Piano Lounge Entertainment by Patricia Duffy (PB)</p> <p>3:00 The Price Is Right! *Grocery Edition* (CK)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (PB)</p> <p>7:00 Barrie County Chordsmen Performance (CK)</p>	<p><b>Theme Day: Casual (ML) 28</b></p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>9:45 Jeopardy / Virtual Games (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>1:30 Artful Enrichment Program! (CK)</p> <p>3:00 Resident Forum With All Department Managers (CK)</p> <p>4:00 Book Club With Shelley! (CK)</p> <p>6:45 Shuffleboard (PB)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p><b>Men's Breakfast! (DR) 29</b></p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>9:45 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races (CK)</p> <p>3:00 Cocktail Hour and Friendly Feud! (PB)</p> <p>6:45 Billiards Game Night (GR)</p> <p>7:00 Resident Movie Pick: (T)</p>	<p>Puzzles &amp; Colouring Pages Available in Mailroom (ML) <b>30</b></p> <p>10:00 Holland Gardens Christmas Bazaar! Bring Your Family &amp; Friends! (ML)</p> <p>2:00 Movie Matinee &amp; Popcorn : (T)</p> <p>3:00 \$1.00 BINGO (PB)</p> <p>6:30 Game Night Saturdays! (GR)</p> <p>7:00 Resident Movie Pick (T)</p>



#### Locations Legend

- Country Kitchen (CK)
- Theater (T)
- Main Lobby (ML)
- 3rd Floor Lounge (3FL)
- Pub/Bistro (PB)
- Games Room (GR)
- Outing (RSVP)
- Dining Room (DR)
- Spa (S)
- Private Dining Room (PDR)

#### Calendar Legend

- Outing
- Special Program
- Vendor
- Theme Day
- Living, Loving, Local
- Signature Program
- Active Week