January 2025

Memory Care Households Calendar

Verve INSPIRED SENIOR LIVING

HOLLAND GARDENS RETIREMENT RESIDENCE
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
New Year		Locations Legend 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Dining Room (2DR) 2nd Floor Kitchen (2K) 2nd Floor Hallways (2FH) 2nd Floor Living Room (2LR) 2nd Floor Patio (2FP) Outing (RSVP) All Floors (AF) Spa (S)	1 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	2 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	3 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	4 10:30 Gentle Exercise (2DR) 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
5 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	6 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Winter Themed Manicures! (2LR) 3:00 Horse Races! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	7 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 11:30 Go For Life Walking Club (2FH) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	8 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	9 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Accordion Entertainment By Val (2K) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	10 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	11 10:30 Gentle Exercise (2DR) 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
12 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	13 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Winter Themed Manicures! (2LR) 3:00 Horse Races! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	14 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 11:30 Go For Life Walking Club (2FH) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	15 National Hat Day! Wear Your Hats!! (AF) 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	16 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Entertainment with Emilio Zarris (2K) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	17 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	18 10:30 Gentle Exercise (2DR) 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)

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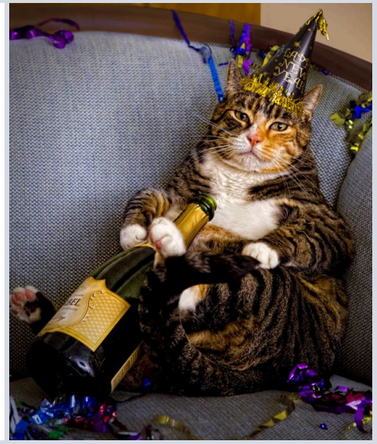
January 2025

Memory Care Households Calendar

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
19 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**20** 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Winter Themed Manicures! (2LR) 3:00 Horse Races! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**21** 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 11:30 Go For Life Walking Club (2FH) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**22** 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**23** 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**24** Mobile Hearing Clinic 1:30pm-3:30pm (S) (S) 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	**25** 10:30 Gentle Exercise (2DR) 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Go For Life Walking Club (2FH) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
26 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Water Colour Painting (2MP) 2:00 January Birthday Tea Party! *RSVP* (2K) 2:00 January Birthday Tea Party! *RSVP* (2K) 2:30 Afternoon Tea & Treats (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP)	**27** 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Winter Themed Manicures! (2LR) 3:00 Horse Races! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP)	**28** 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 11:30 Go For Life Walking Club (2FH) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH)	**29** 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 The Busy Bakers! (2K) 1:30 Craft Afternoon (2DR) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP)	**30** 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:30 Go For Life Walking Club (2FH) 1:30 Entertainment with Kid Crooner (2K) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K)	**31** 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 11:30 Go For Life Walking Club (2FH) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR)	

Be Empowered

Locations Legend

- 2nd Floor Multi-Purpose Room (2MP)
- 2nd Floor Dining Room (2DR)
- 2nd Floor Kitchen (2K)
- 2nd Floor Hallways (2FH)
- 2nd Floor Living Room (2LR)
- 2nd Floor Patio (2FP)
- Outing (RSVP)
- All Floors (AF)
- Spa (S)

Calendar Legend

- Outing
- Special
- Program
- Living, Loving, Local
- Signature
- Program