

the Inspired times

FOCUSING ON THE INSPIRING RETIREMENT JOURNEY AT YOUR VERVE RESIDENCE

INSPIRED SENIOR LIVING WITH



January-March 2025



Be Limitless

Each month we highlight ways we help Verve residents in any of our locations experience the fullness of life in retirement. This month, we're exploring the theme of being limitless.

Welcome to 2025 at The Heritage!

A message from The Heritage Retirement Residence

As we step into the new year, we're excited for a season filled with engaging events, warm connections, and opportunities to make lasting memories. From social gatherings to wellness programs, there's something for everyone to enjoy.

Thinking about retirement living? Now is the perfect time to explore your options and experience the vibrant lifestyle at The Heritage. Contact us to book a tour or join one of our upcoming events—we'd love to welcome you!

UPCOMING DATES

January 29th: Chinese New Year Party
February 7th: Living.Loving.Local Dinner
February 13th: Sweetheart's Tea
March 7th: Living.Loving.Local Dinner
March 20-27th: Cruise Week

THE HERITAGE
RETIREMENT RESIDENCE

Sip & Savor: Hot Chocolate Happy Hour with Andy Plett

Join us for a cozy afternoon of indulgence with live entertainment by Andy Plett! Warm up with a rich cup of hot chocolate, add a splash of Bailey's, and top it off with your favorite fixings.

Come sip, savor, and enjoy the music--cheers to good company and sweet treats!



*Date: Friday, January 24th at 2:30 p.m.
Location: The Heritage Bistro/Lobby*



Chinese New Year Party!

Ring in the Year of the Snake with a festive celebration at The Heritage! Enjoy delicious traditional treats, signature cocktails, and good company as we welcome a year of prosperity and joy.

Join us for an afternoon of culture, community, and celebration--all are welcome!

*Date: Wednesday, January 29th at 3:00 p.m.
Location: The Heritage Bistro/Lobby*



Sweetheart's Tea

Celebrate love and friendship at our Sweetheart's Tea, a special afternoon filled with delicious treats, aromatic tea, and live music. Whether you're sharing the moment with a loved one or enjoying the company of friends, this charming event is the perfect way to warm your heart.

RSVP today and make it a truly memorable occasion!



*Date: Thursday, February 13th
Location: The Heritage Bistro/Lobby*



*Date: Saturday, February 22nd
Location: The Heritage Bistro/Lobby*

Celebrate National Margarita Day with Us!

We're shaking things up for National Margarita Day with delicious, freshly shaken margaritas! Join us for a fun-filled afternoon of great drinks, lively conversation, and festive vibes. Whether you like yours classic or with a twist, it's the perfect way to sip, socialize, and celebrate. Gather your friends, raise a glass, and enjoy a taste of sunshine—because every great day starts with a margarita! Mark your calendar and don't miss out!

The Many Benefits of Senior Living

Choosing a senior living community is about more than just finding a new place to live—it's about embracing a happier, healthier, and more fulfilling lifestyle. At The Heritage, we provide a warm and welcoming environment where seniors can enjoy convenience, companionship, and peace of mind every day.

Maintenance-Free Living

One of the biggest advantages of senior living is the freedom from household chores and home maintenance. Say goodbye to the stress of yard work, home repairs, and endless cleaning. At The Heritage, our team takes care of everything, so residents can focus on the things they love—whether that's reading, gardening, or simply enjoying a relaxing afternoon.

A Vibrant Social Life

Staying socially active is essential for mental and emotional well-being. Senior living fosters meaningful connections through organized events, group activities, and shared meals. From fitness classes and live entertainment to social hours and outings, there's always something happening to keep life engaging and fun.

Nutritious, Chef-Prepared Meals

Good food is an important part of a happy life! Our residents enjoy chef-prepared meals made with fresh ingredients and tailored to their dietary needs. No more worrying about grocery shopping or cooking—just delicious, balanced meals served in a welcoming dining setting.

Wellness and Personalized Care

At The Heritage, we understand that everyone's needs are unique. Our community offers personalized support, with services ranging from medication management to assistance with daily activities. Whether residents need a little help or just enjoy having peace of mind knowing support is available, they can feel safe and cared for.

Peace of Mind for Families

Families can rest easy knowing their loved ones are in a secure, caring environment where help is always available if needed. With professional staff on hand and a community that prioritizes safety and well-being, senior living provides an added layer of reassurance for both residents and their families.

Discover the Difference

Senior living is about embracing new opportunities, forming friendships, and making the most of every day. If you or a loved one are considering the move, we invite you to come visit The Heritage and experience it for yourself! Book a tour, enjoy a meal with us, and see firsthand how vibrant and fulfilling retirement living can be.





St. Patrick's Day Happy Hour Celebration!

Get ready to raise a glass and celebrate the luck of the Irish at our St. Patrick's Day Happy Hour! Join us for an afternoon of fun, featuring themed cocktails, delicious appetizers, and lively music. Whether you're Irish or just enjoy a good time, this event promises to be filled with cheer and festive spirit.

Come dressed in your best green attire, enjoy great company, and take part in the St. Patrick's Day festivities! It's the perfect way to kick off the holiday season—don't miss out on the fun!



Cruise Week Celebrations – Mediterranean Adventure!

Set sail with us on an unforgettable Cruise Week as we embark on a virtual Mediterranean journey! Each day, we'll "dock" at a different port, bringing the flavors and culture of the Mediterranean to life. Enjoy themed menus, signature cocktails, and vibrant activities inspired by the stunning destinations we're visiting—from Italy's Amalfi Coast to Greece's beautiful islands. It's a week of exploration, indulgence, and fun, all without leaving home! Pack your virtual bags, and join us for a Mediterranean getaway like no other!



Open House – Saturday, April 5th!

You're invited to our Spring Open House on Saturday, April 5th! Come explore The Heritage, meet our friendly team, and discover all that our vibrant community has to offer. Enjoy light refreshments and learn about the services and amenities that make our home a great place to live.

We look forward to welcoming you! Don't miss it—mark your calendar!

THE HERITAGE RETIREMENT RESIDENCE

