



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Groundhog Day	Sign Up Life Enrichment Programs Dinner Date Wednesday, February 12th at 4:30pm RSVP at lem@verveseniorliving.com by February 5th Lunch Outing: Murrayville Pub Tuesday, February 11th at 12noon RSVP at lem@verveseniorliving.com by February 5th 1-1 Support Available for Families with Karen Tyrell - Register at Reception		 Black History Month		 Valentine's Day	Carrot Cake Day (OCC) 1 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Carrot Cake (OCC) 6:00 Creative Hands: Arts and Crafts (HO)
Lunar New Year (VC) 2 Ground Hog Day (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 Church Service (AL) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha *Ground Hog News Update (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Lunar New Year: Paper Fan Painting (OCC)	9:15 Helping Hands at the Barn (OCC) 3 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visits with Natasha (AL)	9:15 Helping Hands at the Barn (OCC) 4 9:30 All Day Café (Bistro) (OCC) 11:00 Helping Hands at the Barn (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:15 Drumfit with Nik (OCC) 3:45 3:45pm - Go 4 Life: Village Strolls (CECY) 6:00 Artful Enrichment - Paint and Sip (OCC)	9:15 Helping Hands at the Barn (OCC) 5 9:30 All Day Café (Bistro) (OCC) 9:30 Coffee and Friends (OCC) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 12:30 Barn Visit (BN) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 7:00 Games Night: Jeopardy (OCC)	Spirit Day - Wear Jeans (VC) 6 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Can Fit Pro: Group Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Go 4 Life: Goat Walk (VC) 1:30 Coffee & Friends (OCC) 3:00 Men's Club: Bowling (CE) 3:30 Sensory Experience (CY) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (AL)	9:15 Helping Hands at the Barn (OCC) 7 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AL) 10:00 Go 4 Life Walking: Village Stroll (VC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visits with Hannah (CE) 3:30 Sing Fit with Hannah (CY)	9:15 Helping Hands at the Barn (OCC) 8 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 10:30 Guinea Pig House Visit (AH) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Party Games (OCC) 6:00 Creative Hands: Arts and Crafts (HO)
9:15 Helping Hands at the Barn (OCC) 9 9:30 Church Service (AL) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 4:15 Helping Hands at the Barn (OCC) 4:30 Dinner Date (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	9:15 Helping Hands at the Barn (OCC) 10 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visit with Natasha (AR)	9:15 Helping Hands at the Barn (OCC) 11 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 12:00 Lunch Outing: Murrayville Town Pub (CO) 12:30 Barn Visit (BN) 3:00 Helping Hands - Mail Delivery (NEW) (OCC) 3:15 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	9:15 Helping Hands at the Barn (OCC) 12 9:30 All Day Café (Bistro) (OCC) 9:30 Coffee and Friends (OCC) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 4:30 Valentine's Day Dinner Date (OCC) 6:30 Family Council *Virtual (OCC)	Spirit Day - Wear Jeans (VC) 13 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Can Fit Pro: Group Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Go 4 Life: Goat Walk (VC) 1:30 Coffee & Friends (OCC) 3:00 Men's Club: Car Races (CE) 3:30 Sensory Experience (CY) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (HA)	Valentine's Day (VC) 14 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AL) 11:00 Helping Hands - Valentine Card Delivery (VC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Valentine Day Trivia and Strawberry Milkshakes (OCC) 2:30 House Visits with Hannah *Valentine Day Mikshakes (CE) 3:30 Sing Fit with Hannah *Love Songs Edition (CY)	9:15 Helping Hands at the Barn (OCC) 15 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Neighbour Visit: High Tea & Trivia (AL) 2:00 Neighbour Visit: High Tea & Trivia (HA) 6:00 Creative Hands: Arts and Crafts (HO)



INSPIRED
SENIOR LIVING

February 2025

The Village Langley



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:15 Helping Hands at the Barn (OCC) 9:30 Church Service (AL) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC) 16	Family Day (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 12:30 Barn Visit (BN) 2:00 Sing Fit (CE) 4:00 Helping Hands at the Barn (BN) 17	National Pizza Day (AR) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 2:00 House Visit - Pizza Making (AR) 2:00 House Visit - Pizza Making (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC) 18	9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Games Night: Bingo! (OCC) 19	Spirit Day - Wear Jeans (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Can Fit Pro: Group Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Family Support Group with Karen Tyrell (virtual) (VC) 1:00 Go 4 Life: Goat Walk (VC) 1:30 Coffee & Friends (OCC) 3:00 Men's Club: ShuffleBoard (CE) 3:30 Sensory Experience (CY) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (HO) 20	9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AL) 10:00 Go 4 Life Walking: Village Stroll (VC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visits with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 21	National Margarita Day (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Margaritas (OCC) 6:00 Creative Hands: Arts and Crafts (HO) 22
9:15 Helping Hands at the Barn (OCC) 9:30 Church Service (AL) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC) 23	9:15 Helping Hands at the Barn (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visit with Natasha (AR) 24	Music with Meg (One to Ones) (AH) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 2:00 Helping Hands - Mail Delivery (NEW) (OCC) 3:15 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC) 25	9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Pub Night with Live Music - Brian Zalo (VC) 26	Spirit Day - Wear Jeans (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Can Fit Pro: Group Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Go 4 Life: Goat Walk (VC) 1:30 Coffee & Friends (OCC) 1:30 Music with Meg (Cedar) (CE) 2:00 Building Bonds: Leadership & Community (OCC) 2:15 Music with Meg (CY) (CY) 3:00 Men's Club: Happy Hour (CE) 3:30 Sensory Experience (CY) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (AR) 27	9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AL) 10:00 Go 4 Life Walking: Village Stroll (VC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Townhall Meeting (Community Center) (OCC) 2:30 House Visits with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 28	

Be
Limitless

Oakwood
Community Centre
(OCC)
Barn (BN)
Cypress (CY)
Cedar (CE)

Locations Legend

Village Community
(VC)
Alder (AL)
Arbutus (AR)
Holly (HO)

Community Outing
(CO)
All Households (AH)
Hawthorne (HA)
Cedar/Cypress
(CECY)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program