



INSPIRED SENIOR LIVING

# February 2025

## Independent & Assisted Living

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

### Sunday



### Monday



### Wednesday



### Thursday

### Friday

**Locations Legend**

- Country Kitchen (CK)
- Theater (T)
- 3rd Floor Lounge (3FL)
- Main Lobby (ML)
- Pub/Bistro (PB)
- Reception (R)
- Games Room (GR)
- Outing (RSVP)
- Dining Room (DR)
- Private Dining Room (PDR)
- All Floors (AF)

### Saturday

**Ground Hog Day! - Wear Your Brown** **2**

Purchase Your Valentine Candy Grams At Reception! (R)

8:45 Non-Denominational Church Service (T)

10:00 Crosswords Available At Reception (ML)

1:00 Fit Minds Stay Sharp (CK)

2:00 Catholic Church Service with Deacon David (T)

2:30 Life Enrichment Calendar Meeting With Julianna & Sonia (CK)

6:00 Card Game Night: Bridge (GR)

7:00 Resident Movie Pick: (T)

**Purchase Your Valentine Candy Grams At Reception! (R)** **3**

9:45 Assisted Living Exercise Class (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

2:00 Loonie Bingo (CK)

3:00 New Resident Welcome Cocktail Hour With Shelley! (PB)

7:00 Resident Movie Pick: (T)

**Purchase Your Valentine Candy Grams At Reception! (R)** **4**

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Chair Yoga (CK)

1:00 Pass The Ace (PB)

2:00 Crafters Corner: Yarn Heart's \*RSVP\* (CK)

3:15 Java Music Club! (3FL)

6:45 Card Game Night (PB)

7:00 Resident Movie Pick: (T)

**Purchase Your Valentine Candy Grams At Reception! (R)** **5**

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

1:00 Fun & Games, Mexican Train Dominos! (CK)

1:30 Valentine Fresh Flower Arrangements \*RSVP\* (CK)

2:45 Valentine Theme Nails \*RSVP\* (CK)

6:30 Euchre and Pepper Bid Euchre Night (CK)

7:00 Resident Movie Pick: (T)

**Purchase Your Valentine Candy Grams At Reception! (R)** **6**

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Drum Fit Exercise Class (CK)

2:00 Valentine's Day Dance With Ed Cotton! (CK)

3:00 Valentine Photo Booth Open! (ML)

6:45 Shuffleboard (PB)

7:00 Resident Movie Pick: (T)

**Theme Day: Casual Friday! (ML)** **7**

Purchase Your Valentine Candy Grams At Reception! (R)

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy! (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

2:00 Horse Races! 50 Cents A Bet! (CK)

3:00 Cocktail Hour and Friendly Feud! (PB)

6:45 Billiards Game Night (GR)

7:00 Resident Movie Pick: (T)

**Puzzles & Colouring Pages Available in Mailroom (ML)** **8**

Purchase Your Valentine Candy Grams At Reception! (R)

10:00 Morning Story Share (T)

11:00 Morning Exercise Class (3FL)

2:00 Loonie Bingo (CK)

3:15 Sing A Long With Elise! (PB)

6:30 Game Night Saturdays! (GR)

**Purchase Your Valentine Candy Grams At Reception! (R)** **9**

8:45 Non-Denominational Church Service (T)

10:00 Crosswords Available At Reception (ML)

1:00 Fit Minds Stay Sharp (CK)

2:00 Rose Tea Social With Sonia \*RSVP\* (CK)

6:00 Card Game Night: Bridge (GR)

7:00 Resident Movie Pick: (T)

**Purchase Your Valentine Candy Grams At Reception! (R)** **10**

9:45 Jeopardy / Virtual Games (T)

9:45 Assisted Living Exercise Class (3FL)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

1:00 Tech Help! \*Make Appointments With Reception\* (CK)

2:00 Loonie Bingo (CK)

3:15 Java Music Club! (3FL)

7:00 Resident Movie Pick: (T)

**Jewelry Vendor: Maria (ML)** **11**

Living, Loving, Local Dinner: Beets! Purchase Your Valentine Candy Grams At Reception! (R)

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Chair Yoga (CK)

11:15 Red Lobster Lunch Outing \*Group 1\* (RSVP)

1:00 Pass The Ace (PB)

1:00 Indoor Ladder Toss Competition! (T)

2:45 Valentine Chocolate Tasting & Coffee Social \*RSVP\* (CK)

6:45 Card Game Night (PB)

7:00 Resident Movie Pick: (T)

**Chef's Private Dinner \*RSVP\* (PDR)** **12**

Purchase Your Valentine Candy Grams At Reception! (R)

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

1:00 Fun & Games, Mexican Train Dominos! (CK)

2:00 Horse Races! 50 Cents A Bet! (CK)

3:15 Valentine's Themed Nails \*RSVP\* (CK)

6:30 Euchre and Pepper Bid Euchre Night (CK)

7:00 Resident Movie Pick: (T)

**Galentine's Day \*Wear Something Pretty\*** **13**

Ladies Breakfast Today! (DR)

Purchase Your Valentine Candy Grams At Reception! (R)

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy / Virtual Games (T)

11:00 Drum Fit Exercise Class (CK)

1:15 The Couples Game Show (CK)

2:45 Galentine's Social ~ Bring Your Girl Friends!! \*RSVP\* (PB)

6:45 Shuffleboard (PB)

7:00 Resident Movie Pick: (T)

**Happy Valentine's Day- Wear Your Red, White & Pink! (ML)** **14**

9:45 Assisted Living Exercise (3FL)

9:45 Jeopardy! (T)

11:00 Strength and Endurance Exercise Class (CK)

1:00 GO 4 Life Walking Club (ML)

2:15 Valentine's Day Entertainment With Becky Lam (CK)

3:00 The Dating Game Cocktail Hour (PB)

6:45 Billiards Game Night (GR)

7:00 Resident Movie Pick: (T)

**Puzzles & Colouring Pages Available in Mailroom (ML)** **15**

10:00 Morning Story Share (T)

11:00 Morning Exercise Class (3FL)

2:00 Loonie Bingo (CK)

3:15 Sing A Long With Elise! (PB)

6:30 Game Night Saturdays! (GR)



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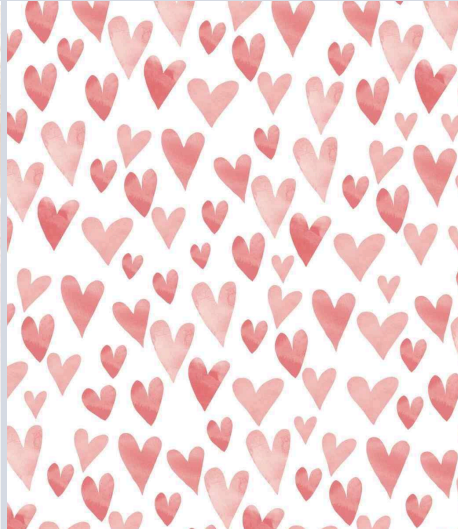
# February 2025

## Independent & Assisted Living

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Sunday Brunch 11:00am-1:00pm *Guests RSVP At Reception* (DR) 16</b> 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) <b>2:00 Family Day Themed Tea Party With Sonia *RSVP* (CK)</b> 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	<b>Happy Family Day! (AF) 17</b> 9:45 Jeopardy / Virtual Games (T) <b>1:00 GO 4 Life Walking Club (ML)</b> <b>2:00 Loonie Bingo (CK)</b> <b>3:15 Java Music Club! (3FL)</b> <b>7:00 Resident Movie Pick: (T)</b>	<b>National Drink Wine Day! Join Us At The Resident Forum This Afternoon! 18</b> 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) <b>10:00 Upper Canada Mall Outing *RSVP* (RSVP)</b> 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Crafters Corner *RSVP* (CK) 3:00 Wine & Cheese Resident Forum With All Department Managers (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	9:45 Assisted Living Exercise (3FL) <b>19</b> 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 1:00 Fun & Games, Mexican Train Dominos! (CK) 2:00 Horse Races! 50 Cents A Bet! (CK) <b>3:15 Nail Polish Changes *Make Appointments At Reception* (CK)</b> 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	<b>National Muffin Day! Men's Breakfast! (DR) 20</b> 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) <b>11:15 Red Lobster Lunch Outing *Group 2* (RSVP)</b> 1:00 Rosary With Father John (T) 1:30 Guess The Muffin Flavour! *Muffin Tasting* *RSVP* (CK) 3:00 Price Is Right! *Everything Junk Food* (CK) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	<b>Carribbean Themed Dinner *Wear Your Bright Colours* 21</b> 9:45 Assisted Living Exercise (3FL) <b>9:45 Jeopardy! (T)</b> 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) <b>2:15 Carribbean Entertainment With Taurean (CK)</b> <b>3:00 Pineapple Pina Coladas &amp; Games (PB)</b> 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	<b>Puzzles &amp; Colouring Pages Available in Mailroom (ML) 22</b> 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) <b>2:00 Loonie Bingo (CK)</b> <b>3:15 Sing A Long With Elise! (PB)</b> 6:30 Game Night Saturdays! (GR)
8:45 Non-Denominational Church Service (T) <b>23</b> 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) <b>2:00 February Birthday Tea Celebration *RSVP* (CK)</b> 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: (T)	9:45 Assisted Living Exercise Class (3FL) <b>24</b> 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) <b>1:00 Tech Help! *Make Appointments With Reception* (CK)</b> 2:00 Loonie Bingo (CK) <b>3:15 Java Music Club! (3FL)</b> 7:00 Resident Movie Pick: (T)	9:45 Assisted Living Exercise (3FL) <b>25</b> 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) <b>11:00 Georgian Downs Casino Outing *RSVP* (RSVP)</b> 1:00 Pass The Ace (PB) 2:15 Piano Entertainment With Dave Toms (PB) <b>3:15 Nail Polish Changes *Make Appointments At Reception* (CK)</b> <b>4:00 Book Club With Shelley! (CK)</b> 6:45 Card Game Night (PB) 7:00 Resident Movie Pick: (T)	<b>10:00 Amazing Race Event! Meet At The Tiki Bar For Your Rule Book &amp; 1st Clue. Let The Race Begin! (CK) 26</b> 1:00 GO 4 Life Walking Club (ML) 1:00 Fun & Games, Mexican Train Dominos! (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: (T)	9:45 Assisted Living Exercise (3FL) <b>27</b> 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) <b>11:00 Delta Bingo Barrie Outing (RSVP)</b> 1:30 Artful Enrichment Program! (CK) 2:45 Indoor Ladder Toss Competition! (T) 6:45 Shuffleboard (PB) 7:00 Resident Movie Pick: (T)	<b>Theme Day: Casual Friday! (ML) 28</b> 9:45 Assisted Living Exercise (3FL) <b>9:45 Jeopardy! (T)</b> 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 6:45 Billiards Game Night (GR) 7:00 Resident Movie Pick: (T)	



### Locations Legend

Country Kitchen (CK)	Games Room (GR)
Theater (T)	Outing (RSVP)
3rd Floor Lounge (3FL)	Dining Room (DR)
Main Lobby (ML)	Private Dining Room (PDR)
Pub/Bistro (PB)	All Floors (AF)
Reception (R)	

### Calendar Legend

Outing	Sign up Required
Special Program	Theme Day
Vendor	Living, Loving, Local
Holidays	Signature Program
New Program	Active Week