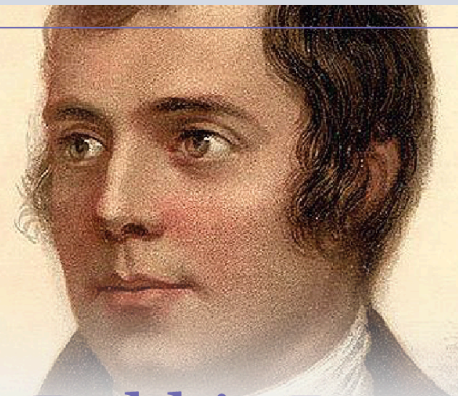


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Years Activity Kit - Pick Up at Reception! (FD) 9:30 Knitting Nook (10) 10:30 News and Views Discussion Group (LI) 10:30 Mississauga Symphony - A Merry Little Christmas Recording (T) 2:00 The Royal Edinburgh Military Tattoo 2024 (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: Little Women (T)	8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:30 What's in a Word? (T) 1:30 Afternoon Movie: Diana (T) 2:00 Monthly Life Enrichment Meeting *Come and Share Your Thoughts* (10) 3:00 Afternoon Tea Time (L) 3:30 Documentary Series: Our Great National Parks - A Wonder of the World (T) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: Diana (T)	9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:00 Pump It Up Exercise Class (G) 2:00 A Year In Review Photo Slideshow (10) 3:00 Afternoon Tea Time (L) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10)	10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 11:00 Go 4 Life Walk (FD) 1:30 RR Painting: Snowy Creek (MR) 2:00 Documentary: The Elephant Whisperers (T) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 7:00 RR Night Euchre (B) 7:00 Evening Movie: The Remains of the Day (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 2:00 Classic Movie Sundays: Yours, Mine & Ours (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: Doubt (T)	9:00 Tai Chi (G) 10:00 Falls Prevention Exercise (G) 10:00 Exploring Ted Talks (T) 10:30 Concentration Memory Game (MR) 11:00 Pump It Up Exercise Class (G) 2:00 Entertainment by Singer Carla *New Entertainer* (10) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 3:00 Art Workshop: How to Draw a Realistic Eye (MR) 3:00 Resident Run Bridge (10) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: The Soulmate Search (T)	8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Digital Concert: Tchaikovsky: Symphony No. 6 Pathetique (T) 10:30 Java Singalong (10) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 2:00 Afternoon Entertainment by Bob Reid (L) 3:00 Afternoon Tea Time (L) 3:30 Rack-o Card Game (B) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: Space Cadet (T)	9:30 Knitting Nook (10) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 30 Minute Meditation (T) 10:30 News and Views Discussion Group (LI) 2:00 Anglican Church Service (T) 2:00 Musical Bingo: The Best of Elvis *Prizes to be won!* (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 6:00 Lime Rickeys Social (L) 7:00 Evening Movie: Conclave (T)	Mobile Hearing Clinic * Sign-up at Front Desk* (MR) 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Shopping at Shopper's Drug Mart and Dollarama *Two Shuttles* (OUTI) 10:00 Food Feedback Chat! (10) 10:30 What's in a Word? (T) 2:00 Meet Me at the MOMA Lecture: Christopher Pratt (10) 2:00 Scrabble Afternoon (B) 3:00 Afternoon Tea Time (L) 3:15 Billiards (BL) 3:30 Documentary Series: Our Great National Parks - Chilean Patagonia (T) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: The Slipper and the Rose (T)	9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:00 Creative Colouring and Coffee (B) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:00 Pump It Up Exercise Class (G) 2:00 Get To Know Your Neighbour 4th Floor * Bring something about yourself to share with your floor* (10) 3:00 Afternoon Tea Time (L) 3:30 Music Appreciation Afternoon (T) 3:30 Tech Time (B) 7:00 Bingo *Bring \$1.00* (10)	10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:30 Hangman (T) 11:00 Go 4 Life Walk (FD) 1:30 RR Painting: Burning Candle (MR) 2:00 Armchair Travel - Switzerland (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 7:00 RR Night Euchre (B) 7:00 Evening Movie: My Old Lady (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 10:30 Games Morning: Quiddler and More! (B) 11:30 Movie Outing: Picasso: A Rebel in Paris. Story of a Life and a Museum (OUTI) 2:00 Flash Card Bingo with Gail and Family (10) 2:00 Classic Movie Sundays: On Golden Pond (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: My Mom's New Boyfriend (T)	Reflexology with Judy 9:00 Tai Chi (G) 10:00 Falls Prevention Exercise (G) 10:00 Listen and Learn: Podcasts (T) 10:30 Concentration Memory Game (MR) 11:00 Pump It Up Exercise Class (G) 2:00 Resident Run Bridge (10) 2:00 Art Workshop: Sailboat Drawing (MR) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Tower Heist (T)	8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Digital Concert: Rachmaninoff: Piano Concerto No. 3 (T) 10:30 Java Singalong (10) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 3:00 Afternoon Tea Time (L) 3:30 Prize BINGO (10) 3:30 Rack-o Card Game (B) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: The PA and the Manhattan Prince (T)	9:30 Knitting Nook (10) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 30 Minute Meditation (T) 10:30 News and Views Discussion Group (LI) 10:30 Aqua Fit with Alison (AC) 11:30 Lunch at the Pearl & Shopping at Oakville Place (OUTI) 2:00 Artfull Talks Slideshow: Magic of Monet (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 6:00 Winter Wonderland Spritzer Social! (L) 7:00 Wine & Paint Night: Winter Scenes (10)	8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Food Feedback Chat! (10) 10:30 What's in a Word? (T) 10:30 Drumfit (10) 2:00 Flash Card Bingo with Epilepsy South Central Ontario (10) 2:00 Scrabble Afternoon (B) 3:00 Afternoon Tea Time (L) 3:15 Billiards (BL) 3:30 Documentary Series: Our Great National Parks - Tsavo, Kenya (T) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: Marry Me (T)	9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:00 Creative Colouring and Coffee (B) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:00 Pump It Up Exercise Class (G) 2:00 Seated Beach Volleyball *Staff vs. Residents* (10) 3:00 Afternoon Tea Time (L) 3:30 Tech Time (B) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10)	10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:30 Hangman (T) 11:00 Go 4 Life Walk (FD) 1:30 RR Painting: Fireworks (MR) 2:00 Celebrate Chinese New Year with Live Entertainment by NeoVoce Philharmonic Choir (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 7:00 RR Night Euchre (B) 7:00 Evening Movie: Killers of the Flower Moon (T)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Eucharist Service by St. Mary Star of the Sea (T) 19 10:30 Games Morning: Quiddler and More! (B) 2:00 Flash Card Bingo with Gail and Family (10) 2:00 Classic Movie Sundays: On Dangerous Ground (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: Napoleon (T)	James Bond Week 20 9:00 Tai Chi (G) 10:00 Falls Prevention Exercise (G) 10:00 Book Club Discussion (T) 10:30 Concentration Memory Game (MR) 11:00 Pump It Up Exercise Class (G) 2:00 Resident Run Bridge (10) 2:00 Art Workshop: Sunset Silhouette Painting (MR) 2:00 James Bond Trivia (10) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Dr. No (T)	James Bond Week 21 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Outing: Mohawk Casino (OUTI) 10:00 Digital Concert: The Sound Of 007 from ROYAL ALBERT HALL (T) 10:30 Java Singalong (10) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 2:00 Murder Mystery at The Casino *Sign Up* (10) 3:00 Afternoon Tea Time (L) 3:30 Rack-o Card Game (B) 3:30 Prize BINGO (10) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: Golden Eye (T)	James Bond Week 22 9:30 Knitting Nook (10) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 Documentary: JAMES BOND AT 60 The Jubilee Documentary (T) 10:00 30 Minute Meditation (T) 10:30 News and Views Discussion Group (LI) 10:30 Aqua Fit with Alison (AC) 2:00 Armchair Travel: Monaco (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 6:00 James Bond Drink Social! (10) 7:00 Evening Movie: Skyfall (T)	James Bond Week 23 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Food Feedback Chat! (10) 10:30 What's in a Word? (T) 10:30 Drumfit (10) 11:30 Lunch Out at The Martini House (OUTI) 1:30 Afternoon Movie: Goldfinger (T) 2:00 Scrabble Afternoon (B) 2:00 Murder Mystery at The Casino *Sign Up* (10) 3:00 Afternoon Tea Time (L) 3:15 Billiards (BL) 3:30 Documentary Series: Our Great National Parks - Monterey Bay, USA (T) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Entertainment by Bruce Tourney *New Entertainer* (10)	James Bond Week 24 9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:00 Creative Colouring and Coffee (B) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:00 Pump It Up Exercise Class (G) 1:30 Afternoon Movie: The Man with the Golden Gun (T) 2:00 History of Spies, Espionage and more! (10) 3:00 Afternoon Tea Time (L) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10)	10:00 Seated Yoga with Margaret (10) 25 10:00 Smoothie Social (L) 10:30 Hangman (T) 11:00 Go 4 Life Walk (L) 1:30 RR Painting: Thistles (MR) 2:00 Celebrate Robbie Burns Day with Live Entertainment by Matty Z (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 7:00 RR Night Euchre (B) 7:00 Evening Movie: The Six Triple Eight (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 26 2:00 Classic Movie Sundays: Breakfast at Tiffany's (T) 2:00 Flash Card Bingo with Gail and Family (10) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: The Music of John Williams (T)	27 9:00 Tai Chi (G) 10:00 Falls Prevention Exercise (G) 10:30 Concentration Memory Game (MR) 10:30 Learn About Reflexology with Judy (T) 11:00 Pump It Up Exercise Class (G) 2:00 Resident Run Bridge (10) 2:00 Art Workshop: Duchess Pears (MR) 2:00 Guest Speaker Bill presents The Academy Awards (10) 2:00 Culinary Corner with Chef Kirolos and Margarete (B) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Only the Brave (T)	28 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Digital Concert: Mozart - Requiem (T) 10:00 Cribbage (B) 10:30 Food Committee Meeting (MR) 10:30 Java Singalong (10) 11:30 Shopping at Dixie Outlet Mall (OUTI) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 3:00 Afternoon Tea Time (L) 3:30 Rack-o Card Game (B) 3:30 Prize BINGO (10) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: The PA and the Manhattan Prince (T)	Chinese New Year! 29 9:30 Knitting Nook (10) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 30 Minute Meditation (T) 10:30 News and Views Discussion Group (LI) 10:30 Aqua Fit with Alison (AC) 11:30 Vendor: Mary Kay (L) 2:00 Expedition Discovering China (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 3:30 Prize BINGO (10) 7:00 Evening Movie: London Has Fallen (T)	30 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Shopping at Giant Tiger (OUTI) 10:00 Resident Information Session (10) 10:00 Food Feedback Chat! (10) 10:30 What's in a Word? (T) 10:30 Drumfit (10) 2:00 Meet Me at the MOMA Lecture: J M W Turner (10) 2:00 Scrabble Afternoon (B) 3:00 Afternoon Tea Time (L) 3:15 Billiards (BL) 3:30 Documentary Series: Our Great National Parks - Gunung Leuser, Indonesia (T) 4:00 January Birthday Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: Young Woman and the Sea (T)	31 9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:00 Creative Colouring and Coffee (B) 10:00 Andrew & Emily's Hot Chocolate Stand! (L) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:00 Pump It Up Exercise Class (G) 2:00 Get To Know Your Neighbour 5th Floor * Bring something about yourself to share with your floor* (10) 3:00 Afternoon Tea Time (L) 3:30 Tech Time (B) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10)	Locations Legend Pier 10 (10) Theatre (T) Lobby (L) Gym (G) Bistro (B) Meeting Room (MR) Front Desk (FD) Outing (OUTI) Library (LI) Billiards Lounge (BL) Aquatic Center (AC)



SATURDAY

JAN 25

Robbie Burns Day



WEDNESDAY

JAN 29

Lunar New Year (Year of the Snake)



FRIDAY

JAN 31

National Hot Chocolate Day

Calendar Legend

Outing

Special Program

Living, Loving, Local

Signature Program