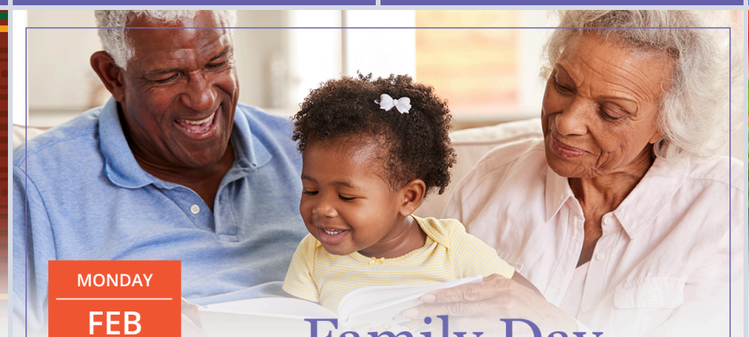
Verve INSPIRED SENIOR LIVING

February 2025

Don Mills Retirement Residence

Don Mills RETIREMENT RESIDENCE

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Black History Month		 MONDAY FEB 17 Family Day		 SATURDAY FEB 22 National Margarita Day		**1** 10:00 Word Game: Wordle (CC) 1:30 Seated Tai Chi (CC) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 2:30 Saturday Series: Museum Secrets Inside the National Museum of Anthropology, Mexico City (T&L) 3:00 Afternoon Tea and Treat Social (B/B) 7:00 Movie Night: Freedom Writers (T&L)
2 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Virtual Gentle Fitness (CC) 1:45 Moma Lecture: Anthony Eyton (DDH) 2:00 Moma Painting Session (CC) 2:00 Classic Movie Sundays: Pocketful of Miracles (T&L) 2:00 Resident Run Rummikub (B/B) 3:00 Afternoon Tea and Treat Social (B/B) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Pocketful of Miracles (T&L)	**3** 10:00 Better your Mind - Fit Minds (Session 1) (CC) 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B) 1:30 Musical Movie Mondays: John Williams in Tokyo (T&L) 2:00 Come Play Scrabble (B/B) 2:30 Drumfit (CC) 3:30 Activities Meeting with Life Enrichment Manager Shanay *Share your thoughts* (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: John Williams in Tokyo (T&L)	**4** 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 1:00 Canadian Centre for Diversity and Incusion Presents Virtual Black History Month Panel (T&L) 1:30 Uno Card Game (CC) 3:30 What's in a word ? (T&L) 7:00 Movie Night: Widow Clicquot (T&L)	**5** Massage Therapist Ali * Appointment made via Phone Number Available at Reception* (5:30-7pm) (STS) 10:00 Functional Exercise with Kelly (CC) 10:00 Outing Fairview Mall * Sign up with the Front Desk* (MIL) 1:15 Texas Hold'em *Bring $2* **Signup at the front desk limited spots** (MR) 1:30 Resident Run Rummikub (B/B) 2:30 $1 Bingo (CC) 3:30 Get to know your Neighbour * Invitation Only* (PDR) 7:00 Movie Night: Six Degrees of Seperation (T&L)	**6** 10:15 Communion and Prayers with Elfreida and James (T&L) 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Kitchen Tours w/ Lawrence * Sign up at the front Desk* (T&L) 2:30 Quiddler - The Short Word Card Game (CC) 3:30 Guest Speaker Kevin Lee: 'Chinese New Year Presentation' - (Vendor Table with Origami Cards) (T&L) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Harriet (T&L)	**7** 10:30 Rick Steves Travelogues: Scotland's Highlands (T&L) 11:00 Virtual Gentle Fitness (CC) 1:30 Come Play Euchre (CC) 2:00 Netflix Series: Ancient Apocalypse ' Cataclysm and Rebirth' (T&L) 3:00 Happy Hour (B/B) 3:30 Concert In Care Ontario Entertainment by Violinist Luri Lee and Volist Hez Leung (B/B) 7:00 Friday Night Movie and Popcorn: King Richard (T&L)	**8** 10:00 Word Game: Wordle (CC) 10:45 Don Mills Choir w/ Marcus *Sing-a-along* (T&L) 1:30 Seated Tai Chi (CC) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 2:30 Saturday Series: Museum Secrets Inside the Kunsthistorisches Museum, Vienna (T&L) 3:00 Afternoon Tea and Treat Social (B/B) 7:00 Movie Night: Remember the Titans (T&L)
9 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 11:15 Don Mills Book Club Relaunch Meeting **Bring One book suggestion** (T&L) 1:30 Resident Run Rummikub (B/B) 2:00 Fall Prevention w/ Jerome (DDH) 2:00 Afternoon Movie: Big George Foreman (T&L) 2:45 Gentle Fitness w/ Jerome (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Strength & Balance w/ Jerome (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Big George Foreman (T&L)	**10** 10:00 Better your Mind - Fit Minds (Session 1) * Location Change* (B/B) 11:00 Vendor: Piumi Marage (Skin care, Personal care etc) (11am to 3pm) (ML) 11:00 Better your Mind - Fit Minds (Session 2) * Location Change * (B/B) 11:45 Lunch In: Taste of Jamaica ' Try Authentic Jamacian food for lunch' ($25 dollars) * Sign up at the Front Desk* (CC) 1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B) 2:00 Come Play Scrabble (B/B) 2:30 Drumfit (CC) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: The Color Purple (T&L)	**11** 9:45 Fall Prevention w/ Jerome (DDH) 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 2:00 Resident Forum (IL/AL) (T&L) 3:00 Uno Card Game ** time change** (CC) 3:45 What's in a word ? (T&L) 7:00 Movie Night: The Queen (T&L)	**12** Massage Therapist Ali * Appointment made via Phone Number Available at Reception* (5:30-7pm) (STS) 10:00 Functional Exercise with Kelly (CC) 11:00 Movie Club * Lets pick our Movies for Next Month, bring your suggestions* (CC) 2:00 Marketing Event: Wellness Fair (2pm - 4pm) (B/B) 2:00 Movie Matinee: The Last Station (T&L) 2:30 $1 Bingo (CC) 3:30 $2 Cocktail hour and Snacks (B/B) 7:00 Movie Night: The Last Station (T&L)	**13** 10:15 Communion and Prayers with Elfreida and James (T&L) 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:30 Tech Help Sign up at reception (STS) 2:30 Quiddler - The Short Word Card Game (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: 42 (T&L)	**14** Valentines Day! 10:30 Rick Steve Travelogues: Scottland's Islands (T&L) 11:00 Seated Dance class with Katya (CC) 1:30 Come Play Euchre (CC) 2:30 Guess the Wedding Photo?? ** Submit wedding photos to the Life Enrichment Team by Monday Feb 10th** (T&L) 3:30 Happy Hour and Entertainment w/ Pianist Martin Wall (DR) 7:00 Friday Night Movie and Popcorn: The Storied Life of A.J. Fikry (T&L)	**15** Vendor: Atomy Shop (Bags Etc) (11am to 3pm) (ML) 10:00 Word Game: Wordle (CC) 1:30 Seated Tai Chi (CC) 2:00 Guest Speaker Andy Nquyen from ME Law Present Wills Estate and Financial Planning (T&L) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Canasta Card Game (B/B) 7:00 Movie Night: Just Mercy (T&L)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mobile Dental Hygiene Services w/ Joanna *Sign up at the front desk* (SPA) **16** 10:30 Crafters Corner (B/B) 11:00 Activity Booklet * Front Desk* (C) 1:30 Resident Run Rummikub (B/B) 2:00 Fall Prevention w/ Jerome (DDH) 2:00 Afternoon Movie: Maid in Manhattan (T&L) 2:45 Gentle Fitness w/ Jerome (CC) 3:00 Afternoon Tea and Treat Social (B/B) 3:30 Strength & Balance w/ Jerome (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Maid in Manhattan (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) **17** 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:30 Musical Movie Mondays: A Jazzman's Blues (T&L) 2:00 Marketing Event: Family Day Paint and Sip *Sign up at the front desk* (B/B) 2:30 Drumfit (CC) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: A Jazzman's Blues (T&L)	Home Library Service **Exchange** (C) **18** 9:45 Fall Prevention w/ Jerome (DDH) 10:00 Outing: Woodbine Casino * Sign up at the front desk* (OUT) 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Uno Card Game (CC) 2:30 Guest Speaker Shannon Graham: Celebrating Black Musicians (T&L) 3:45 What's in a word ? (T&L) 7:00 Movie Night: The Butler (T&L)	Massage Therapist Ali * Appointment made via Phone Number Available at Reception* (5:30-7pm) (STS) **19** 10:00 Functional Exercise with Kelly (CC) 10:00 Outing: Walmart * Sign up at the Front Desk* (OUT) 1:15 Texas Hold'em *Bring $2* **Signup at the front desk limited spots** (MR) 1:30 Resident Run Rummikub (B/B) 2:30 $1 Bingo (CC) 3:30 Monthly Birthday Happy Hour ' February Birthdays' (B/B) 7:00 Movie Night: June Again (T&L)	10:15 Communion and Prayers with Elfreida and James (T&L) **20** 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:00 Vendor: Bedding and More (11-3pm) (ML) 11:30 Tech Help Sign up at reception (STS) 1:30 Gentle Fitness w/ Kaushaljit (DDH) 2:30 Quiddler - The Short Word Card Game (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Remember the Titans (T&L)	10:30 Waterfront Cities of the World: Helsinki (T&L) **21** 11:00 Seated Dance class with Katya (CC) 1:30 Come Play Euchre (CC) 2:00 Netflix Series: Mysteries of the Faith ' Crown of Thorns ' (T&L) 2:30 Afternoon Entertainment with Vocalist Tony (B/B) 3:30 Happy Hour (B/B) 7:00 Friday Night Movie and Popcorn: Bank of Dave (T&L)	National Margarita Day! **22** 10:00 Word Game: Wordle (CC) 1:30 Seated Tai Chi (CC) 2:30 Resident Run Social Bridge *All levels Welcome* (CC) 2:30 Saturday Series: Museum Secrets Inside the Palacio Real Madrid (T&L) 3:00 Strawberry Margarita Social (B/B) 3:30 Canasta Card Game (B/B) 7:00 Movie Night: The Help (T&L)
10:30 Crafters Corner (B/B) **23** 11:00 Activity Booklet * Front Desk* (C) 1:00 Moma Lecture: Anthony Eyton (DDH) 1:30 Resident Run Rummikub (B/B) 2:00 Guest Speaker Ben Stellino ' Returning home to Sicily' (T&L) 3:00 Moma Painting Session (CC) 3:00 Afternoon Tea and Treat Social (B/B) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Saving Private Ryan (T&L)	10:00 Better your Mind - Fit Minds (Session 1) (CC) **24** 11:00 Better your Mind - Fit Minds (Session 2) (CC) 1:15 Outing: Rematch Don Mills vs Canterbury Trivia Competiton (OUT) 1:30 Musical Movie Mondays: (T&L) 1:30 Paraffin Wax Treatment Sign *sign up at reception* (B/B) 2:00 Come Play Scrabble (B/B) 2:30 Drumfit (CC) 3:30 News & Views Discussion Group (T&L) 4:00 Nature Walk and Reflection (MIL) 7:00 Musical Movie Mondays: Mahalia (T&L)	9:45 Fall Prevention w/ Jerome (DDH) **25** 10:30 Gentle Fitness w/ Jerome (CC) 11:15 Strength & Balance w/ Jerome (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Ted Talk Tuesday: Becoming (T&L) 2:00 New Program: Come learn New card Game Skip Bo (B/B) 2:30 ** New Time ** Uno Card Game (CC) 3:30 What's in a word ? (T&L) 7:00 Movie Night: The Immortal Life Henrietta Lacks (T&L)	Massage Therapist Ali * Appointment made via Phone Number Available at Reception* (5:30-7pm) (STS) **26** 9:30 Outing: Royal Ontario Museum ** $40 per resident ** (OUT) 10:00 Functional Exercise with Kelly (CC) 1:15 Texas Hold'em *Bring $2* **Signup at the front desk limited spots** (MR) 1:30 Resident Run Rummikub (B/B) 2:00 Movie Matinee: Last Chance Harvey (T&L) 2:30 $1 Bingo with Stu (CC) 3:30 $2 Cocktail hour and Living loving local Treat! (B/B) 7:00 Movie Night: Last Chance Harvey (T&L)	10:15 Communion and Prayers with Elfreida and James (T&L) **27** 10:30 Java Music Club (DDH) 10:45 Strength and Balance w/ Lorne (CC) 11:30 Tech Help Sign up at reception (STS) 1:30 Kinnected Chain Physio Therapy Information Session with Founder John Bocti (T&L) 1:30 Gentle Fitness w/ Kaushaljit (DDH) 2:30 Quiddler - The Short Word Card Game (CC) 4:00 Go for Life Walking Group (MIL) 7:00 Movie Night: Fences (T&L)	10:30 Waterfront Cities of the World: Cape Town (T&L) **28** 11:00 Virtual Gentle Fitness (CC) 1:30 Come Play Euchre (CC) 2:00 Netflix Series: Mysteries of the Faith ' Holy Grail ' (T&L) 3:00 Happy Hour (B/B) 3:30 Afternoon Entertainment with Vocalist John Kim (B/B) 7:00 Friday Night Movie and Popcorn: The Life Ahead (T&L)	



Be Limitless

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program

Locations Legend

Great Escapes (T&L)
The Country Club (CC)
Don's Bar/Bistro (B/B)
Decadence Dining Hall (DDH)
Meet in the Lobby (MIL)
Suite-to-Suite (STS)
Concierge (C)
Outing (OUT)
Meeting Room (MR)
Mills Lobby (ML)
Private Dining Rm (PDR)
Dining Room (DR)
Spa (SPA)