



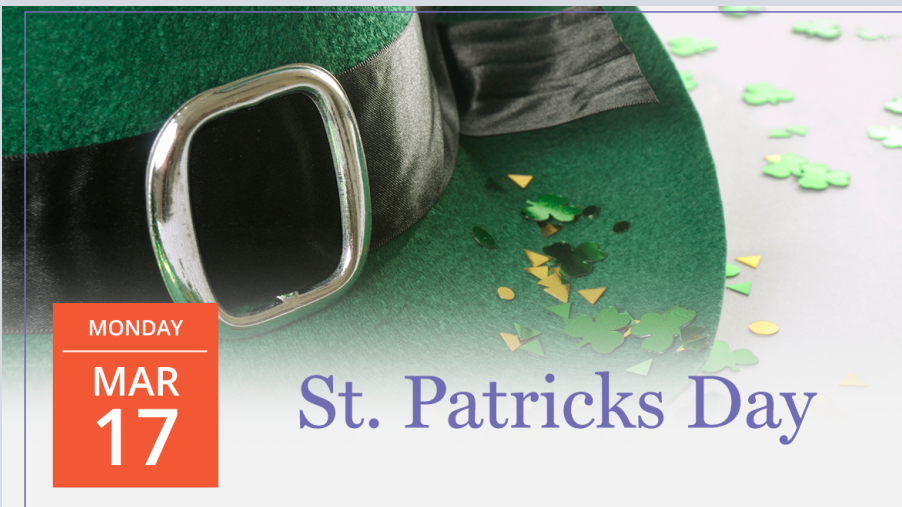
INSPIRED
SENIOR LIVING

March 2025

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday						
 TUESDAY MAR 04 Shrove Tuesday	 SATURDAY MAR 08 International Women's Day	 MONDAY MAR 17 St. Patricks Day	10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 1:30 Go4Life Walking Grp (L) 2:00 Presentation with Lianne Harris: Amazing Women in History: Canada (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 3:30 Saturday Afternoon Entertainment: Tchaikovsky: Symphony No. 5 European Union Youth Orchestra & Gianandrea Noseda (PL) 6:30 Movie Night: Queen of Katwe (TH)			Activity Packages Available At Reception 10:00 Tai Chi with Thomas from Kinnected Chain (CK) 10:30 Sunday Trivia with Andrea (BAR) 10:30 Manor Road United Church YouTube Service (All Welcome) (PL) 2:00 Scrabble Self Directed (GR) 2:00 Loonie Bingo with Andrea (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Piano Afternoon Ethan Chan (PL) 6:30 Movie Night: Freedom Writers (TH)	Hearing Clinic (Sign Up @ Reception, 1:30 - 4:30 p.m.) (S) 10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Meet Me at the MoMa Presentation - Angela Grossmann (PL) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 4:30 Go4Life Walking Grp (L) 6:30 Musical Movie Monday: Young At Heart (TH)	Shrove Tuesday! 9:00 Pancake Bar with Sandra (BAR) 10:00 Gentle Fitness (CK) 10:00 Outing to Promenade Mall Group 1 (Sign-up at Reception) (L) 10:30 Riddle Me This (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Outing to Promenade Mall Group 2 (Sign-up at Reception) (L) 2:00 Artfull Presentation: Through her Eyes International Womens Day Presentation (PL) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (CK) 4:30 Mardi Gra Themed Dinner (DR) 6:30 Movie Night: Diana (TH)	10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Link Word (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Crafty Wednesdays with Sandra: Straw Weaving (PL) 4:30 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Wednesday: 9 to 5 (TH)	10:00 Gentle Fitness (CK) 10:30 Outing to Trinity Presbyterian Church for a Concert (Please Sign Up @ Reception) (L) 10:30 Thursday Trivia with Adrienn (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Loonie Bingo (CK) 2:00 Netflix Series: A Man on the Inside: "Tinker Tailor Older Spy" (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Clash of Opinions Debate (CK) 6:00 Paraffin Wax Treatment (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: On the Basis of Sex (TH)	Anne Marie Fifth Avenue Jewelry - Vendor (11:00AM-3:00PM) (PL) 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 2:00 Musical Hang Man with Shantel (PL) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 The Mind Diet for Cognitive Health Presentation with Lorne Opler (CK) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: A League of Their Own (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	International Womens Day! 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: Haydn Symphony 44 E minor Trauersinphonie John Eliot Gardiner BRSO Haydn Symphony No 52 in C minor, Hob. I:52 John Eliot Gardiner BRSO (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:00 International Women's Day Panel with Shantel & Sandra (Please Sign up @ Reception) (PL) 6:30 Movie Night: G.I Jane (TH)
Activity Packages Available At Reception 10:00 Virtual Exercises (PL) 10:30 Sunday Trivia with Adrienn (BAR) 10:30 Manor Road United Church YouTube Service (All Welcome) (PL) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Bookworm (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Loonie Bingo with Adrienn (CK) 6:30 Movie Night: Bookworm (TH)	10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 4:30 Go4Life Walking Grp (L) 6:30 Musical Movie Monday: Valley of the Dolls (TH)	10:00 Gentle Fitness (CK) 10:00 Outing to St Lawrence Market (Sign-up at Reception) (L) 10:30 Riddle Me This (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Artfull Enrichment Workshop: Clover Clay Flower Frog (CK) 2:00 Walt Disney Animation: Inside Out 2 (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (PL) 3:30 Fit Minds-Stay Sharp (CK) 6:30 Movie Night: Nomadland (TH) 6:30 Clash of Opinions Debate (CK)	10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 11:00 Lunch at Earls Yorkdale (Sign Up @ Reception) (L) 1:30 Tuck Shop Meeting (CK) 2:00 Link Word (BAR) 2:00 Tour the Kitchen with Chef Crystel (Sign Up @ Reception) (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Crafty Wednesdays with Kaycee : Shamrocks Paper Garland Craft (PL) 4:30 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Classic Movie Monday: 12 Angry Men (TH)	10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Netflix Series: A Man on the Inside: "The Man Who Knew Too Much About Bridges" (PL) 2:00 Loonie Bingo (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Living Loving Local Chef's Demo with Crystel- Maple (CK) 4:00 Clash of Opinions Debate (CK) 4:30 Living Loving Local Theme Dinner Featuring Maple (DR) 6:00 Paraffin Wax Treatment (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Juanita (TH)	Fifth Avenue Jewelry - Vendor (11:00AM-2:00PM) (PL) 10:00 Exercises with Sandra (PL) 10:30 Church Service with Msgr. Pat (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:30 Sip and Savour with Crystel Invitation Only (PDR) 2:00 Potatoes Chip Tasting (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Clay Sculpting Class with Shantel & Sandra (Please Sign up @ Reception) (PL) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Unforgiven (TH) 6:45 Friday Night Bingo w/ David Cowper (CK)	10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: Walter Piston: Symphony No. 2 (1943) Hovhanness - Symphony No. 2 "Mysterious Mountain" (1955) (TH) 2:00 Scattergories with Sandra (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Green Book (TH)						

Hearing Clinic (Sign Up @ Reception, 1:30 - 4:30 p.m.) (S)

10:00 Exercises with Shantel (CK)

10:45 Drumfit Classics with Shantel (PL)

2:00 Bridge Game (2:00pm to 4:00pm) (GR)

2:00 Meet Me at the MoMa Presentation - Angela Grossmann (PL)

2:30 Meet me at the MoMa - Painting Session (PL)

3:00 Afternoon Tea Social (BAR)

3:00 Tech Corner with the Students (Sign-up at Reception) (IS)

3:30 Java Music Club Sing A-long (CK)

4:30 Go4Life Walking Grp (L)

6:30 Musical Movie Monday: Young At Heart (TH)

Shrove Tuesday!

9:00 Pancake Bar with Sandra (BAR)

10:00 Gentle Fitness (CK)

10:00 Outing to Promenade Mall Group 1 (Sign-up at Reception) (L)

10:30 Riddle Me This (BAR)

10:45 Falls Prevention Exercise Class (CK)

2:00 Euchre (GR)

2:00 Outing to Promenade Mall Group 2 (Sign-up at Reception) (L)

2:00 Artfull Presentation: Through her Eyes International Womens Day Presentation (PL)

3:00 Afternoon Tea Social (BAR)

3:30 Fit Minds-Stay Sharp (CK)

4:30 Mardi Gra Themed Dinner (DR)

6:30 Movie Night: Diana (TH)

10:00 Drumfit Classics with Sandra (PL)

10:15 Seated Yoga With Deborah (CK)

2:00 Link Word (BAR)

3:00 Afternoon Tea Social (BAR)

3:00 Crafty Wednesdays with Sandra: Straw Weaving (PL)

4:30 Go4Life Walking Grp (L)

6:30 Poker Night with Effie (GR)

6:30 Classic Movie Wednesday: 9 to 5 (TH)

10:00 Gentle Fitness (CK)

10:30 Outing to Trinity Presbyterian Church for a Concert (Please Sign Up @ Reception) (L)

10:30 Thursday Trivia with Adrienn (BAR)

10:45 Falls Prevention Exercise Class (CK)

2:00 Loonie Bingo (CK)

2:00 Netflix Series: A Man on the Inside: "Tinker Tailor Older Spy" (TH)

3:00 Afternoon Tea Social (BAR)

3:30 Clash of Opinions Debate (CK)

6:00 Paraffin Wax Treatment (CK)

6:30 Bridge Night (GR)

6:30 Movie Night: On the Basis of Sex (TH)

Anne Marie Fifth Avenue Jewelry - Vendor (11:00AM-3:00PM) (PL)

10:00 Exercises with Sandra (CK)

10:30 Quiddler (GR)

10:45 Drumfit Classics (PL)

2:00 Musical Hang Man with Shantel (PL)

3:00 Kings in the Corner (GR)

3:00 Afternoon Tea Social (BAR)

3:00 The Mind Diet for Cognitive Health Presentation with Lorne Opler (CK)

4:30 Go4Life Walking Grp (L)

6:30 Movie Night: A League of Their Own (TH)

6:45 Friday Night Bingo w/ David Cowper (CK)

International Womens Day!

10:00 Exercises with Sandra (CK)

10:30 Quiddler (GR)

10:45 Drumfit Classics with Sandra (PL)

1:30 Go4Life Walking Grp (L)

2:00 Saturday Afternoon Entertainment: Haydn Symphony 44 E minor Trauersinphonie John Eliot Gardiner BRSO | Haydn Symphony No 52 in C minor, Hob. I:52 John Eliot Gardiner BRSO (CK)

3:00 Afternoon Tea Social (BAR)

3:00 Euchre (GR)

3:00 International Women's Day Panel with Shantel & Sandra (Please Sign up @ Reception) (PL)

6:30 Movie Night: G.I Jane (TH)

Activity Packages Available At Reception

10:00 Virtual Exercises (PL)

10:30 Sunday Trivia with Adrienn (BAR)

10:30 Manor Road United Church YouTube Service (All Welcome) (PL)

2:00 Scrabble Self Directed (GR)

2:00 Sunday Movie Screening: Bookworm (PL)

3:00 Afternoon Tea Social (BAR)

3:00 Loonie Bingo with Adrienn (CK)

6:30 Movie Night: Bookworm (TH)

10:00 Exercises with Shantel (CK)

10:45 Drumfit Classics with Shantel (PL)

2:00 Bridge Game (2:00pm to 4:00pm) (GR)

2:00 Painting with Lynn (Sign Up @ Reception) (PL)

3:00 Afternoon Tea Social (BAR)

3:00 Tech Corner with the Students (Sign-up at Reception) (IS)

3:30 Java Music Club Sing A-long (CK)

4:30 Go4Life Walking Grp (L)

6:30 Musical Movie Monday: Valley of the Dolls (TH)

10:00 Gentle Fitness (CK)

10:00 Outing to St Lawrence Market (Sign-up at Reception) (L)

10:30 Riddle Me This (BAR)

10:45 Falls Prevention Exercise Class (CK)

2:00 Euchre (GR)

2:00 Artfull Enrichment Workshop: Clover Clay Flower Frog (CK)

2:00 Walt Disney Animation: Inside Out 2 (PL)

3:00 Afternoon Tea Social (BAR)

3:00 Resident Food Meeting with Crystel (PL)

3:30 Fit Minds-Stay Sharp (CK)

6:30 Movie Night: Nomadland (TH)

6:30 Clash of Opinions Debate (CK)

10:00 Drumfit Classics with Sandra (PL)

10:15 Seated Yoga With Deborah (CK)

11:00 Lunch at Earls Yorkdale (Sign Up @ Reception) (L)

1:30 Tuck Shop Meeting (CK)

2:00 Link Word (BAR)

2:00 Tour the Kitchen with Chef Crystel (Sign Up @ Reception) (BAR)

3:00 Afternoon Tea Social (BAR)

3:00 Crafty Wednesdays with Kaycee : Shamrocks Paper Garland Craft (PL)

4:30 Go4Life Walking Grp (L)

6:30 Poker Night with Effie (GR)

6:30 Classic Movie Monday: 12 Angry Men (TH)

10:00 Gentle Fitness (CK)

10:30 Thursday Trivia (BAR)

10:45 Falls Prevention Exercise Class (CK)

2:00 Netflix Series: A Man on the Inside: "The Man Who Knew Too Much About Bridges" (PL)

2:00 Loonie Bingo (PL)

3:00 Afternoon Tea Social (BAR)

3:00 Living Loving Local Chef's Demo with Crystel- Maple (CK)

4:00 Clash of Opinions Debate (CK)

4:30 Living Loving Local Theme Dinner Featuring Maple (DR)

6:00 Paraffin Wax Treatment (CK)

6:30 Bridge Night (GR)

6:30 Movie Night: Juanita (TH)

Fifth Avenue Jewelry - Vendor (11:00AM-2:00PM) (PL)

10:00 Exercises with Sandra (PL)

10:30 Church Service with Msgr. Pat (CK)

10:30 Quiddler (GR)

10:45 Drumfit Classics (PL)

11:30 Sip and Savour with Crystel Invitation Only (PDR)

2:00 Potatoes Chip Tasting (CK)

3:00 Kings in the Corner (GR)

3:00 Afternoon Tea Social (BAR)

3:00 Clay Sculpting Class with Shantel & Sandra (Please Sign up @ Reception) (PL)

4:30 Go4Life Walking Grp (L)

6:30 Movie Night: Unforgiven (TH)

6:45 Friday Night Bingo w/ David Cowper (CK)

10:00 Exercises with Sandra (CK)

10:30 Quiddler (GR)

10:45 Drumfit Classics with Sandra (PL)

1:30 Go4Life Walking Grp (L)

2:00 Saturday Afternoon Entertainment: Walter Piston: Symphony No. 2 (1943) | Hovhaness - Symphony No. 2 "Mysterious Mountain" (1955) (TH)

2:00 Scattergories with Sandra (CK)

3:00 Afternoon Tea Social (BAR)

3:00 Euchre (GR)

3:30 Creative Colouring and Relaxing Music (CK)

6:30 Movie Night: Green Book (TH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Activity Packages Available At Reception 16 10:00 Tai Chi with Thomas from Kinnected Chain (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Ryan (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Ordinary Angels (TH) 2:00 Loonie Bingo with Ryan (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Ordinary Angels (TH)	St Patricks Day! 17 10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Monday: That Lady in Ermine (TH) 2:00 St Patricks Scavanger Hunt (PL) 3:00 St Patricks Day Entertainment with James Regan (CK) 3:00 Afternoon Tea Social (BAR) 3:00 St Patrick's Day Special Tea Time (BAR) 4:30 Go4Life Walking Grp (L) 4:30 St Patricks Day Themed Dinner (DR) 6:30 Musical Movie Monday: That Lady in Ermine (TH)	18 10:00 Gentle Fitness (CK) 10:00 Outing to Walmart Group 1 (Sign up @ Reception) (L) 10:30 Riddle Me This (BAR) 10:45 Falls Prevention Exercise Class (CK) 11:30 Special Bistro Lunch (Sign up @ Reception) (BAR) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Walt Disney Animation: Moana (TH) 2:00 Artfull Enrichment Workshop: Rural Winter (CK) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Movie Night: After Sun (TH) 6:30 Clash of Opinions Debate (CK) 7:00 Sing A-long with Patricia Duffy (PL)	19 10:00 Drumfit Classics with Sandra (PL) 10:00 Outing to Walmart Group 2 (Sign up @ Reception) (L) 10:15 Seated Yoga With Deborah (CK) 2:00 Link Word (BAR) 2:00 Movie Matinee: Speed (TH) 2:00 Meet Me at the MoMa Presentation - Louise Bourgeois (CK) 2:30 Meet me at the MoMa - Painting Session (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Life Enrichment Meeting (PL) 4:30 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Speed (TH)	Cruise Week! 20 Port: Monaco 9:30 Citrus Glow Juice (BAR) 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:30 Travelogue: Monaco (TH) 2:00 Mosaic Coaster Craft (Sign up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Cocktail Mobile Bar: Casino Royale Martini (CK) 3:00 Casino Royal Themed Dancing with the Teria Duo (CK) 6:30 Movie Night: Casino Royale (TH) 7:00 Casino Spin the Wheel Prize Bingo (CK)	Cruise Week! 21 Port: Morocco 9:30 Date & Banana Smoothie (BAR) 10:00 Seated Zumba Class with Bette (CK) 10:30 Quiddler (GR) 10:30 Morocaan Mint Tea Tasting (PL) 1:30 Travelogue: Morocco (TH) 2:00 Moroccan Bracelet Making (Please Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Belly Dancing Entertainment with Marta (CK) 3:00 Cocktail Mobile Bar: Sahara Sunset (CK) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Murder on the Orient Express (TH)	Cruise Week! 22 Port: France OPEN HOUSE 9:00 Canterbury Cafe (BAR) 10:00 Tai Chi Class with Mahsa (CK) 10:30 Quiddler (GR) 10:30 Find the Baguette Hunt (PL) 1:00 Artful Enrichment Craft French- Inspired Wine Glass Kit (PL) 1:30 Go4Life Walking Grp (L) 2:00 Wine & Cheese Tasting Featuring Vintage Cheese (PL) 3:00 Afternoon Tea Social (BAR) 3:00 History & Entertainment Burlesque Entertainment from Knox My House (CK) 4:30 Cocktail Mobile Bar: Boulevardier (CK) 6:30 Movie Night: Moulin Rouge (TH) 6:30 Travelogue: France (TH)	
Cruise Week! 23 Port: Egypt Activity Packages Available At Reception 9:30 Tropical Mango Smoothie (BAR) 10:00 Seated Yoga with Mahsa (PL) 10:30 Sunday Trivia (BAR) 10:30 Egyptian Faience Bowl (Please Sign Up @ Reception) (PL) 1:30 Travelogue: Egypt (TH) 2:00 Cocktail Shaking Classes (Please Sign Up @ Reception) (BAR) 3:00 Afternoon Tea Social (BAR) 3:00 Celebrating March Birthdays with Samira Yeo (CK) 3:00 Cocktail Mobile Bar: Desert Rose (CK) 6:30 Movie Night: Death on the Nile (TH)	Cruise Week! 24 Port: Greece 9:30 Blueberry Fig Smoothie (BAR) 10:00 Beach Ball Exercises with Sandra (CK) 10:30 Animal Towel Folding (Please sign up @ Reception) (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Movie Matinee: My Big Fat Greek Wedding (TH) 2:00 Travelogue: Greece (TH) 2:30 Staff Toliet Paper Toga Challenge (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Cocktail Mobile Bar: Ouzo Lemonade (BAR) 3:30 Blissful Bubble Making with Catherine (Sign Up @ Reception) (PL) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: My Big Fat Greek Wedding (TH)	Cruise Week! 25 Port: Slovenia FOOTCARE CLINIC (Sign Up @ Reception) (IS) Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 9:30 Apple and Pear Delight Juice (BAR) 10:00 Gentle Fitness (CK) 10:30 All About Opera Presentation with Shannon Grahman (TH) 10:45 Falls Prevention Exercise Class (CK) 1:00 Slovenia Chef's Demo with Crystel (PL) 2:00 Managers vs Staff Family Feud Competition (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Juggler and Plate Spinning with John Park (CK) 3:00 Cocktail Mobile Bar: The Triglav Twilight (CK) 6:30 Movie Night: The Grand Budapest Hotel (TH) 6:30 Travelogue: Slovenia (TH)	Cruise Week! 26 Port: Italy 9:30 Peach and Apricot Smoothie (BAR) 10:15 Seated Yoga With Deborah (CK) 10:30 Canterbury Place 16 Chapels Resident Art Gallery (CK) 1:30 Travelogue: Italy (TH) 2:00 Create Your Own Tiramisu with Bianca (Please Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Cocktail Mobile Bar: Aperol Spritz (BAR) 3:30 Opera Sing A Long Eliza Rose (CK) 4:30 Go4Life Walking Grp (L) 6:30 Poker Night with Effie (GR) 6:30 Movie Night: Under the Tuscan Sun (TH)	Cruise Week! 27 Port: Travel Back Canada 9:30 Maple Banana Bread Smoothie (BAR) 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 1:00 Travelogue: Canada - Geography, History and Attractions (TH) 2:00 Loonie Bingo (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Make Your Own Beaver Tail (CK) 3:00 Please Return Your Passports to Life Enrichment (CK) 3:30 Clash of Opinions Debate (CK) 6:30 Bridge Night (GR) 6:30 Movie Night: Aloha (TH)	28 10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 2:00 Movie Matinee: The Snow Walker (TH) 2:00 Musical Hang Man with Shantel (PL) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 3:30 Trip to Medieval Times (Sign up @ Reception) (L) 6:30 Movie Night: The Bridges of Madison County (TH)	29 10:00 Exercises with Shantel (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Shantel (PL) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: MOZART - Piano Concerto No. 21 in C major, K. 467 W.A. Mozart - Piano Concerto No. 11 in F major, K. 413 (1782) (TH) 2:00 Java Music Club Sing A-long (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 3:30 Trip to Medieval Times (Sign up @ Reception) (L) 6:30 Movie Night: The Bridges of Madison County (TH)	
Activity Packages Available At Reception 30 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Crystel (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: How To Lose a Guy in 10 Days (TH) 2:00 Loonie Bingo with Loida (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: How To Lose a Guy in 10 Days (TH)	31 10:00 All Residents Information Meeting (CK) 10:45 Drumfit Classics (PL) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Monday: East Side of Heaven (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 4:30 Go4Life Walking Grp (L) 6:30 Musical Movie Monday: East Side of Heaven (TH)	SATURDAY MAR 22 Cruise Week Open House				Locations Legend Country Kitchen (CK) Piano Lounge (PL) Theatre (TH) Bar (BAR) Games Room (GR) Lobby (L) In Suite (IS) Dining Room (DR) Salon (S) Private Dining Room (PDR) Country Kitchen & Theatre (CK)	Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program