



INSPIRED
SENIOR LIVING

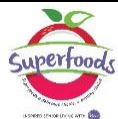


Menu for the Week of March 31 - April 6, 2025

Dinner

OMELET OF THE WEEK: *SPINACH & MOZZARELLA CHEESE

Week 6	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Appetizer: SOUP	CORN CHOWDER SOUP	THREE MUSHROOM BARLEY SOUP	NAVY BEAN & PORK SOUP	TOMATO RICE SOUP	 LLL:EGGS BEEF DROP SOUP	OPEN HOUSE:CHICKEN NOODLE SOUP	CREAM OF BROCCOLI SOUP
	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE	DAILY CONGEE
Appetizer: SALAD	GREEN SALAD WITH FRESH *BLUEBERRIES & BLUE CHEESE	ARUGULA SALAD WITH ORANGES & DRIED *CRANBERRIES	SHRIMP COCKTAIL	CHERRY TOMATO, RED ONION, YELLOW PEPPER SALAD	LLL:ICEBERG LETTUCE WITH BOILED EGGS, AVOCADO & CHERRY TOMATO SALAD	ICEBERG LETTUCE WITH HONEYDEW & PINEAPPLE	RASPBERRY & GOAT CHEESE SALAD
Entrée 1	BRAISED BEEF & VEGETABLE STEW WITH STEAMED RICE	PORK TENDERLOIN WRAPPED IN PUFF PASTRY WITH GRAVY	SALISBURY STEAK WITH MUSHROOM-ONION GRAVY	SWEDISH MEATBALLS WITH EGG NOODLES	LLL:HAM & LEEK QUICHE	HOT DOG WITH DICED ONIONS, SAUERKRAUT RELISH & FRENCH FRIES	ROASTED PORK BUTT WITH GRAVY
Entrée 2	ROASTED CHICKEN BREAST WITH MUSHROOM SAUCE	CREAMY CHICKEN CARBONARA PENNE PASTA WITH GARLIC BREAD	ROASTED DUCK LEGS WITH CHERRY SAUCE	MARINATED AND ROASTED CHICKEN THIGHS WITH GRAVY	ROASTED CHICKEN LEG WITH GRAVY	BUTTER CHICKEN WITH STEAMED RICE	SWEET ORGANGE CHICKEN BREAST
Entrée 3	PAN FRIED CRAB CAKE WITH TARTAR SAUCE	SUMMER HERB CRUSTED COD FILET WITH TARTAR SAUCE	SEASHELLS PASTA WITH PRAWNS & SCALLOPS, PARMESAN CHEESE	POACHED BASA FILET WITH SAUTEED GARLIC PRAWNS	EGG DIPPED SOLE FILET WITH LEMON WEDGE	POTATO CRUSTED COD FILET WITH TARTAR SAUCE	WINE & BUTTER STEAMED CLAMS & MUSSELS
Starch	POTATOES PATTIES	STEAMED NEW POTATOES	ROASTED POTATOES	BAKED 1/2 POTATO WITH SOUR CREAM	MASHED POTATOES WITH GREEN ONIONS	SCALLOPED POTATOES	POTATO LYONNAISE
	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE	STEAMED RICE
Vegetable	BROCCOLINI	PARSLIED CAULIFLOWER	GREEN & YELLOW *BEANS	GLAZED CARROTS	ASPARAGUS	BROCCOLI FLORETS	CORN NIBLETS
Vegetable	BABY CARROTS	PEAS	BAKED *TOMATOES	SPAGHETTI SQUASH	BABY CARROTS	SLICED BEETS	BOK CHOY
FEATURED Dessert	CHOCOLATE ÉCLAIR	FRUIT COBBLER WITH ICE CREAM	BUTTERSCOTCH PUDDING	CARROT CAKE	LEMON MERINGUE PIE	STEWED MIXED FRUIT MEDLEY WITH WHIPPED CREAM	BOSTON CREAM PIE



* Menu item contains a Superfood.

Choose Superfoods more often for optimal health



APPLES
AVOCADO
BEANS & LENTILS

BLACKBERRIES
BLUEBERRIES
BRAN & OAT
BROCCOLI

CAULIFLOWER
CHERRIES
CRANBERRIES

FATTY FISH
NUTS
PEACHES

SPINACH
STRAWBERRIES
SQUASH
TOMATO
YOGURT

