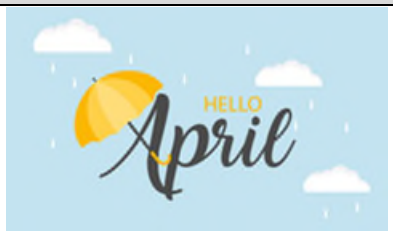
GILMORE GARDENS WEEKENDER HIGHLIGHTS







March 28th, 2025

IN HOUSE NEWS

Easter is just around the corner and we will be taking reservations now for the **Easter Buffet** on Thursday, April 17th. There are 2 seatings: 4:45PM and 6:30PM and the cost for a guest will be $44.10 including GST and $16.80 for children including GST. Please be mindful that there will be a charge for cancellations made on the day of the Buffet. Thank you!!



The **Richmond Public Library books** are due on March 31st . Please return any books you have borrowed to the Club Lounge. Our new books will be available on Wednesday, April 2nd.

Please see attached for notice of price increases on food and beverage items starting Tuesday, April 1st.

REMINDERS



Foot Care with Nerissa is on Saturday, March 29th from 9:00AM in the Beauty Salon. Check to see if there are any appointments available for some TLC for your feet!



Come for **Dart Challenge** on Saturday, March 29th at 1:30PM in the Activity Room. Test your aim at hitting that bull's eye and see if you can win a prize!

End your week at **Sing Along with Roger** on Sunday, March 30th at 7:30PM in the Fireside Lounge. If you enjoy singing, you will not want to miss this opportunity! Join in with Roger as he plays all your favourite songs on his guitar!

We have a **Bus Outing: Shopping Trip to Seafair** on Monday, March 31st at 1:00PM. Please sign up in the Activity Room for a seat on the bus and wait in the Fireside Lounge. Thank you!



We have a **Sketching Workshop with Ranu** on Monday, March 31st at 1:30PM in the Activity Room. All equipment is supplied, all you have to do is turn up and follow along with Ranu! What could be easier! And, of course, have fun with sketching a wonderful masterpiece! 😉

Join us for a **Kitchen Tour with Chef Val** on Tuesday, April 1st at 10:00AM. Chef Val will walk you through the kitchen to see where your meals are made and the equipment used. There will be a signup sheet in the Activity Room as there is limited space. If there is a waiting list, another tour will be scheduled.

Challenge your memory for the right word in answer to the clues at **Giant Crosswords** on Tuesday, April 1st at 2:45PM in the Club Lounge.



We have a **Bus Outing: Dim Sum at The Seafood Continental Restaurant** on Wednesday, April 2nd at 11:30AM. The more people we have, the more dishes we can share and enjoy! Sign up in the Activity Room and wait in the Fireside Lounge.

Join us for an hour of exceptional music at **Entertainment with The Camilli Quartet** on Friday, April 4th at 2:00PM in the Fireside Lounge. This talented quartet will perform a variety of musical styles that will captivate and engage you! Afterwards, join us for **Happy Hour** at 3:00PM in the Club Lounge where you can enjoy a glass of wine or a soft drink with appetizers from our own kitchen!



Weekly Calendar for March 29th – April 4th, 2025

Saturday, March 29th		Sunday, March 30th	
9:00AM	***Foot Care with Nerissa***	10:00AM	Armchair Exercise Video
10:00AM	Armchair Exercise Video	10:30AM	GPUC Worship Service
11:00AM	Tai Chi	11:00AM	Gentle Fit with Winnie
1:30PM	**Dart Challenge**	1:30PM	Tech Time with Erin
3:00PM	Artful Aging: Painting with Elizabeth & Friends	**7:30PM**	**Sing Along with Roger**

Monday March 31st	Tuesday April 1st	Wednesday April 2nd	Thursday April 3rd	Friday April 4th
10:00AM Chair Fitness 11:00AM Go4Life Walking Club 11:00AM Armchair Exercise Video **1:00PM Bus Outing: Shopping Trip to Seafair** **1:30PM Sketching Workshop with Ranu** **3:00PM "Sit and Be Fit" Gentle Arthritis Exercise Video** 7:30PM Bingo	***Richmond Public Library Books Due*** 10:00AM Armchair Exercise Video **10:00AM Kitchen Tour with Chef Val** **11:00AM Casual Chic Couture Fashions** **11:30AM Meditation** **1:30PM Chair Yoga Stretch and Strength with Lauren Video** **2:45PM Giant Crosswords** 7:00PM Crib/Chess	***New Richmond Library Books In*** 10:00AM Chair Fitness 10:30AM Catholic Prayer & Communion 11:00AM Armchair Exercise Video **11:30AM Bus Outing: Dim Sum at Seafood Continental Restaurant** 1:30PM Billiards **1:30PM Chair Exercises with Lauren Video** 3:00PM Happy Hour 7:00PM Rummikub	***Hairdresser*** 10:00AM Chair Fitness: Strength & Balance 11:00AM Armchair Exercise Video 11:00AM Go4Life Walking Club **1:30PM Java Music Club**  7:00PM Game of Hearts	***Living Loving Local Celebration Dinner: Featuring Eggs*** 10:00AM Osteofit with Robin Masters 11:00AM Play Reading with Stephen **11:00AM Trivia with Jill** 1:30PM Weekender Review (in Chinese) 中文講解中文講本週活動 **2:00PM Entertainment with The Camilli Quartet** **3:00PM Happy Hour** 3:30PM Table Tennis 6:00PM Mah Jong