March 2025

The Village Langley

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Legend Cypress (CY) Cedar (CE) Alder (AL) Arbutus (AR) Hawthorne (HA) Holly (HO) Oakwood Community Center (OCC) Barn (BN) Village Community (VC) Community Outing (CO)	**Calendar Legend** Outing Signature Programs Cruise Week Programs Special Programs		**Sign Up Required Life Enrichment Programs** **Dinner Date** Wednesday, March 12 @4:30pm RSVP at lem.tvl@verveseniorliving.com by March 7 **Lunch Outing: McDonalds** Wednesday, March 12 @12noon RSVP at lem.tvl@verveseniorliving.com by March 7 **Pub Night with Live Music - The Shoe Shakers** Wednesday, March 26th @ 6pm RSVP at lem.tvl@verveseniorliving.com **Mediterranean Cruise Week - March 20 to March 27** **1-1 Support Availble For Families with Karen Tyrell** - Register at Reception		**1** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Party Games (OCC) 4:00 Helping Hands at the Barn (OCC) 6:00 Creative Hands: Arts and Crafts (HO)
2 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	**3** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visits with Natasha (AR) 4:00 Helping Hands at the Barn (OCC)	**4** Music with Meg (One to Ones) (AH) Mardi Gras (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 2:00 Mardi Gras Social (VC) 3:30 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	**5** 9:15 Helping Hands at the Barn (OCC) 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Games Night: Bingo! (OCC)	**6** Spirit Day - Wear Jeans (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Nurturing Therapy: Parent Group (OCC) 12:30 Barn Visit (BN) 1:30 Coffee & Friends (OCC) 1:30 Music with Meg (Cedar) (CE) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 3:30 Men's Club: Bowling (CE) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah	**7** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (AR) 10:30 Can Fit Pro: Disco Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 4:00 Helping Hands at the Barn (VC)	**8** National Mocktail Day (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Mocktails (OCC) 6:00 Creative Hands: French Inspired Arts and Crafts (HO)
9 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	**10** 9:15 Helping Hands at the Barn (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visit with Natasha (AL) 4:00 Helping Hands at the Barn (OCC)	**11** Music with Meg (One to Ones) (AH) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:00 Helping Hands - Mail Delivery (NEW) (OCC) 3:15 Sing Fit (AR) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	**12** 9:15 Helping Hands at the Barn (OCC) 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Drumfit with Hannah (OCC) 10:45 Fireside Spa (CY) 11:00 Music with Meg (Arbutus) (AR) 12:00 Lunch Outing: McDonalds (CO) 12:30 Barn Visit (BN) 3:15 Nurturing Therapy (CE) 4:15 Helping Hands at the Barn (OCC) 4:30 Dinner Date (OCC)	**13** Spirit Day - Wear Jeans (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Nurturing Therapy: Parent Group (OCC) 12:30 Barn Visit (BN) 1:00 Walk 4 Life: Goat Walking Club (BN) 1:30 Coffee & Friends (OCC) 1:30 Music with Meg (Cedar) (CE) 1:30 Helping Hands - Grocery Delivery (VC) 1:30 Walk 4 Life: Cruise Tour (VC) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 3:30 Men's Club: Solitare (CE) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (AR)	**14** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (HA) 10:30 Can Fit Pro: Disco Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Fit Minds: Coffee Club with Natalie (OCC) 2:30 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 4:00 Helping Hands at the Barn (VC)	**15** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Shamrock Shakes (OCC) 6:00 Creative Hands: Arts and Crafts (HO)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	**17** St. Patrick's Day *Wear Green (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 St. Patrick Day: Party Games (OCC) 3:30 Sing Fit (CE) 4:00 Helping Hands at the Barn (OCC)	**18** Music with Meg (One to Ones) (AH) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:00 Helping Hands - Grocery Delivery (VC) 2:00 Helping Hands - Mail Delivery (NEW) (OCC) 3:15 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Paint and Sip (OCC)	**19** 9:15 Helping Hands at the Barn (OCC) 9:30 Coffee and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Can Fit Pro: Yoga with Natalie (OCC) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Games Night: Jeopardy (OCC)	**20** Port: Monaco (HO) Spirit Day - Dress to Impress! (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Monaco Grand Prix - Formula 1 Races (HO) 11:00 Monaco Post Card Photo Op (HO) 12:30 Barn Visit (BN) 1:00 Walk 4 Life: Goat Walking Club (BN) 1:30 Music with Meg (Cedar) (CE) 2:00 Casino Monte Carlo (OCC) 2:15 Music with Meg (CY) (CY) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah *Travel Topic (HO)	**21** Port: Morrocco (CY) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) *Enjoy a Cup of Mint Tea (OCC) 10:00 Helping Hands - Morroco Cooking (CY) 10:30 Can Fit Pro: Belly Dance Infused Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:15 Walk 4 Life: Cruise Tour (VC) 2:00 Belly Dance Performance (OCC) 2:30 Morroco Post Card Photo Op (CY) 2:45 Mint Tea Social with Hannah (CE) 3:30 Moroccan Themed Music & Tea with Hannah (CY) 4:00 Helping Hands at the Barn (VC)	**22** Port: France (AL) Spirit Day: Dress French Attire 9:15 Helping Hands at the Barn (OCC) 9:30 All Day French Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch in Paris Date (CY) 12:30 Barn Visit (BN) 1:30 France Post Card Photo Op (AL) 2:00 Happy Hour: French Wine and Cheese Tasting (OCC) 3:00 Walk 4 Life: Cruise Tour (VC) 4:00 Helping Hands at the Barn (OCC) 6:00 Creative Hands: French Inspired Arts and Crafts (AL)
23 Port: Egypt (CE) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Armchair Travel: Egypt (CE) 11:15 Walk 4 Life: Cruise Tour (VC) 12:30 Barn Visit (BN) 1:30 Egypt Post Card Photo Op (CE) 2:00 Artful Enrichment - Expressive Arts: Heiroglyphics Inspired (CE) 2:00 Coffee and Friends *Enjoy a Nile Nectar beverage (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts: Heiroglyphics Inspired (OCC) 6:00 Movie Night: The Mummy (AH)	**24** Port: Greece (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Ancient Greece Olymic Games (Fitness) (OCC) 11:30 Cruise Captian Lunch (AH) 11:45 Lunch in Greece Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Theatrical Mythology Role Playing (OCC) 2:45 Greece Post Card Photo Op (OCC) 4:00 Helping Hands at the Barn (OCC) 6:00 Movie Night: Mama Mia (AH)	**25** Music with Meg (One to Ones) (AH) Port: Slovenia (HA) Spirit Day: Dress like a Tacky Tourist (VC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Fitness (CE) 10:30 Drumfit with Natalie (OCC) 10:45 Nurturing Therapy (CY) 10:45 The Village Choir (CE) 12:30 Barn Visit (BN) 1:15 Walk 4 Life: Cruise Tour (VC) 2:00 Meet Me at the MOMA - Art Appreciation (Hawthorne) (HA) 3:15 Sing Fit (AL) 4:00 Helping Hands at the Barn (BN) 6:00 Artful Enrichment - Slovenia Inspired Paint Lesson (OCC)	**26** Port: Italy (AR) 9:15 Helping Hands at the Barn (OCC) 9:30 Cappincino and Friends (OCC) 10:15 Music with Meg (AL) 10:30 Active Game: Indoor Soccer (AR) 11:00 Music with Meg (Arbutus) (AR) 12:30 Barn Visit (BN) 1:00 Walk 4 Life: Cruise Tour (VC) 2:00 Tombola! (OCC) 2:15 Nurturing Therapy (CE) 3:15 Fireside Spa (CY) 4:15 Helping Hands at the Barn (OCC) 6:00 Pub Night: Live Music with The Shoe Shakers (OCC)	**27** Spirit Day - Wear Jeans (VC) Return to Canada- Cruise Week *Wear Canadian Attire (OCC) 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Nurturing Therapy: Parent Group (OCC) 12:30 Barn Visit (BN) 1:00 Walk 4 Life: Goat Walking Club (BN) 1:00 Building Bonds: Leadership & Community (OCC) 1:30 Music with Meg (Cedar) (CE) 1:30 Coffee & Friends *Canada Trivia (OCC) 2:15 Music with Meg (CY) (CY) 3:15 Sensory Experience (CY) 3:30 Men's Club: Lumber Jack Races (CE) 4:00 Helping Hands at the Barn (OCC) 6:00 Java Music Club with Hannah (HA)	**28** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Helping Hands - Baking (HO) 10:30 Can Fit Pro: Disco Fitness with Natalie (OCC) 12:30 Barn Visit (BN) 1:00 Outing: Walk the Block (CO) 2:00 Townhall Meeting (Community Center) (OCC) 2:30 House Visit with Hannah (CE) 3:30 Sing Fit with Hannah (CY) 4:00 Helping Hands at the Barn (VC)	**29** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Drumfit with Hannah (OCC) 11:30 Lunch Date (CY) 12:30 Barn Visit (BN) 2:00 Happy Hour: Beer Garden and Fit Minds - Trivia (OCC) 6:00 Creative Hands: Arts and Crafts (HO)
30 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:30 Nature and Gardening with Natasha (OCC) 12:30 Barn Visit (BN) 2:00 Drumfit with Nik (OCC) 3:00 NEW: Hymn Along *villager lead program (HO) 4:15 Helping Hands at the Barn (OCC) 6:00 Artful Enrichment - Expressive Arts with Nik (OCC)	**31** 9:15 Helping Hands at the Barn (OCC) 9:30 All Day Café (Bistro) (OCC) 10:00 Prayer Group (AL) 10:30 Fun & Fitness (OCC) 11:45 Lunch Date (CY) 12:30 Barn Visit with Natalie (BN) 2:00 Sing Fit (CE) 3:00 House Visits with Natasha (AL) 4:00 Helping Hands at the Barn (OCC)					