



INSPIRED
SENIOR LIVING

March 2025

Independent & Assisted Living

Calendar

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:45 Non-Denominational Church Service (T) 2 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 1:30 Afternoon Movie Matinee: Toscana (T) 2:30 Indoor Ladder Toss Competition! Group 2 *Max 8 Residents* (T) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	9:45 Assisted Living Exercise Class (3FL) 3 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	Smile Mobile Dental Here Today! (S) 4 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:30 Crafters Corner: Pottery Workshop *RSVP* (CK) 2:45 Ceiling Tile Painting Class (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	9:45 Assisted Living Exercise (3FL) 5 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 11:00 Ash Wednesday Service (T) 11:00 Hot Stacked House *Cookstown Lunch* Outing Group 1 (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:15 Afternoon Entertainment With Zack (CK) 3:15 St.Paddy's Nails *RSVP* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	9:45 Assisted Living Exercise (3FL) 6 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 1:30 Artful Enrichment Program!- Finishing Pottery Class (CK) 3:00 Price Is Right! *Everything Junk Food* *RSVP* (CK) 7:00 Resident Movie Pick (T)	National Blue Day! Wear Your Blue! (AF) 7 Hearing Aid Clinic With Martin 1:30-3:30pm (S) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 The Leperchaun Runs 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 8 International Women's Day! (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 2:00 Loonie Bingo (CK) 3:15 Sing A Long With Elise! (PB) 7:00 Resident Movie Pick (T)
8:45 Non-Denominational Church Service (T) 9 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Luck Of The Irish Tea Social *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T)	9:45 Assisted Living Exercise (3FL) 10 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 St.Paddy's BINGO! (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T)	Living,Loving,Local Theme Dinner (DR) 11 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 1:15 Crafters Corner : Ireland Terrariums *RSVP* (CK) 3:00 Resident Forum With All Department Managers (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T)	Chef's Private Dinner *RSVP* (PDR) 12 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 11:00 Hot Stacked House *Cookstown Lunch* Outing Group 2 (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:00 LOONIE BINGO *ADDITIONAL DATE* (CK) 3:15 St.Paddy's Nails *RSVP* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T)	Ladies Breakfast Today! (DR) 13 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 10:00 Upper Canada Mall Shopping Outing (RSVP) 11:00 Drum Fit Exercise Class (CK) 2:00 Remember This-Oral History Workshop With Amanda *Bradford Library* (T) 3:00 Shamrock Shake Social Afternoon *RSVP* (PB) 7:00 Resident Movie Pick (T)	Theme Day: Casual Friday! (ML) 14 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 The Leperchaun Runs 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T)	Puzzles & Colouring Pages Available in Mailroom (ML) 15 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 2:00 Loonie Bingo (CK) 3:15 Sing A Long With Elise! (PB) 7:00 Resident Movie Pick (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Sunday Brunch 11:00am-1:00pm *Guests RSVP At Reception* (DR) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 February & March Birthday Tea Celebration! *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T) 16	Happy St.Patricks Day! Wear Your Green! (ML) Happy St.Patricks Day! Wear Your Green! (ML) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 St. Paddy's Day Dance With Just The Two Of Us! (CK) 7:00 Resident Movie Pick (T) 17	9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Chair Yoga (CK) 11:10 Rosary With Father John (T) 1:00 Pass The Ace (PB) 1:30 Crafters Corner: Card Holder Making *RSVP* (CK) 3:15 Java Music Club! (3FL) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T) 18	9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 11:00 Delta Bingo Barrie Outing (RSVP) 1:00 GO 4 Life Walking Club (ML) 2:00 LOONIE BINGO (CK) 3:15 Nail Polish Changes *RSVP* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick (T) 19	ALL ABOARD!! OUR CRUISE WEEK STARTS TODAY! (ML) Welcome To Monaco! (ML) 1st Day Of Spring! Wear Your Cruise Week Attire In The Day & Formal Wear At Night! (ML) 9:15 Cruise Week Passport Pick Up! (ML) 9:30 Travel Log: Monaco (T) 11:00 Drum Fit Exercise Class (CK) 1:00 Formula 1 Races 50 Cents A Bet (CK) 2:30 Pack Your Luggage Contest! (PB) 6:00 Casino Night Tonight! (ML) 7:00 Entertainment With Andy Campos (CK) 7:00 Resident Movie Pick: Princess Grace (T) 20	Welcome To Morocco! (ML) Theme Day: Dress Like A Tourist (AF) 9:30 Travel Log: Morocco (T) 9:45 Jeopardy! (T) 11:00 Belly Dancing Exercise Class! (CK) 1:00 GO 4 Life Walking Club (ML) 2:15 Belly Dancing Performance With Teria (CK) 3:00 Morocco Cocktail Hour & Guess The Spice! (PB) 7:00 Resident Movie Pick (T) 21	Puzzles & Colouring Pages Available in Mailroom (ML) Welcome To France! Wear Your French Colours! (ML) Mediterranean Open House Today! 1:00pm-4:00pm (ML) 9:30 Travel Log: France With Croissants (T) 1:00 Mediterranean Art Workshop From 1:00pm-3:00pm *RSVP* (GR) 2:00 French Themed Entertainment (ML) 7:00 Resident Movie Pick: Madeline (T) 22	
Welcome To Egypt! It's A Hot Day- Wear Your Sunhats! (ML) 8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 1:00 Mummy Makeover Challenge (CK) 2:15 Egyptian Camel Races! 50 Cents A Bet! (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick: Unkown The Lost Pyramid (T) 23	Welcome To Greece~ Wear Your Beach Clothes! (ML) Captain's Lunch *RSVP* (DR) 9:30 Travel Log: Greece (T) 9:45 Greek Vine Crown Making *RSVP* (T) 11:00 Mama Mia Music Exercise Class! (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Greek Bingo (CK) 3:00 Lianne Harris Guest Speaker: Greek Mythology & Modern Consumerism (T) 7:00 My Big Fat Greek Wedding Movie! (T) 24	Welcome To Solvenia ~ Wear Your Favourite Vacation Outfit! (ML) 9:30 Travel Log: Slovenia (T) 9:45 Slovenian Initial Name Wrap Craft *RSVP* (CK) 11:00 Chair Yoga (CK) 1:00 Pass The Ace (PB) 2:15 Davis Is Back! *Musical Entertainment* (CK) 3:30 Chef Demonstration With Jeremy *RSVP* (CK) 6:45 Card Game Night (PB) 7:00 Resident Movie Pick (T) 25	Welcome To Italy!~ Wear Your Italian Colours! (ML) FAREWELL CAPTAINS GALA DINNER TONIGHT! *RSVP* (DR) 9:45 Travel Log: Italy (T) 11:00 Italian Music Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:15 The Italian Experience With Accordion Music By Val *RSVP* (CK) 6:30 Euchre and Pepper Bid Euchre Night (CK) 7:00 Resident Movie Pick: La Dolce Villa (T) 26	Vendor: Maria's Jewlery (ML) Welcome To Back Canada- Wear Your Canadian Clothing!-Thank You For Joining Us On Our Cruise! (ML) Men's Breakfast Today! (DR) 9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Drum Fit Exercise Class (CK) 11:00 Georgian Downs Casino Outing (RSVP) 2:00 Living,Loving,Local: Maple Syrup Tasting *RSVP* (PB) 3:00 Indoor Ladder Toss Competition! (T) 7:00 Resident Movie Pick (T) 27	9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy! (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Horse Races! 50 Cents A Bet! (CK) 3:00 Cocktail Hour and Friendly Feud! (PB) 7:00 Resident Movie Pick (T) 28	Puzzles & Colouring Pages Available in Mailroom (ML) 10:00 Morning Story Share (T) 11:00 Morning Exercise Class (3FL) 3:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 7:00 Resident Movie Pick (T) 29	
8:45 Non-Denominational Church Service (T) 10:00 Crosswords Available At Reception (ML) 1:00 Fit Minds Stay Sharp (CK) 2:00 Mixed Media & Art Collage Workshop With Sheresha *RSVP* (CK) 6:00 Card Game Night: Bridge (GR) 7:00 Resident Movie Pick (T) 30	9:45 Assisted Living Exercise (3FL) 9:45 Jeopardy / Virtual Games (T) 11:00 Strength and Endurance Exercise Class (CK) 1:00 GO 4 Life Walking Club (ML) 2:00 Loonie Bingo (CK) 3:15 Java Music Club! (3FL) 4:00 Book Club With Shelley! (CK) 7:00 Resident Movie Pick (T) 31	Calendar Legend Outing Special Program Vendor Holidays New Program Sign up Required Theme Day Cruise Week Living, Loving, Local Signature Program Active Week		SATURDAY MAR 22 Cruise Week Open House			Be Healthy