






INSPIRED SENIOR LIVING

March 2025

HOLLAND GARDENS
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Memory Care Households Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>Locations Legend</p> <ul style="list-style-type: none"> 2nd Floor Multi-Purpose Room (2MP) 2nd Floor Kitchen (2K) 2nd Floor Dining Room (2DR) 2nd Floor Living Room (2LR) Outing (RSVP) 2nd Floor Hallways (2FH) 2nd Floor Patio (2FP) 	<p>1</p> <ul style="list-style-type: none"> 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR) 		
<p>2</p> <ul style="list-style-type: none"> 9:00 Music & Therapeutic Colouring (2MP) 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP) 	<p>3</p> <ul style="list-style-type: none"> 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 1:30 Manicure Monday! (2LR) 3:00 The Leprechaun Runs! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP) 	<p>4</p> <ul style="list-style-type: none"> 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 1:30 Craft Afternoon: Irish Craft (2K) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH) 	<p>5</p> <ul style="list-style-type: none"> 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 1:30 The Busy Bakers! (2K) 1:30 Afternoon Entertainment With Zack (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP) 	<p>6</p> <ul style="list-style-type: none"> 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 1:30 Irish Leprechaun Craft (2LR) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K) 	<p>7</p> <ul style="list-style-type: none"> 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 	<p>8</p> <ul style="list-style-type: none"> 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)
<p>9</p> <ul style="list-style-type: none"> 10:00 Virtual Church Service (2LR) 10:30 Reading Circle & Tea Time (2MP) 10:30 Refresh & Hydrate (2DR) 3:00 Short Stories and Poems (2LR) 6:00 Sensory Sorting (2MP) 6:30 Card Game Night (2MP) 	<p>10</p> <ul style="list-style-type: none"> 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Winter Bingo! (2K) 1:30 Manicure Monday! (2LR) 3:00 The Leprechaun Runs! (2K) 6:00 Sensory Sorting (2MP) 6:30 Music & Therapeutic Colouring (2MP) 	<p>11</p> <ul style="list-style-type: none"> 10:00 Music and Movement (2MP) 10:30 Nature Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 11:00 Hot Chocolate Outing! (RSVP) 3:00 Hot Chocolate Sing A Long Social (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 7:00 Hallway Strolls (2FH) 	<p>12</p> <ul style="list-style-type: none"> 10:00 Morning Yoga and Stretch Exercise (2MP) 10:30 Refresh & Hydrate (2DR) 10:30 Number Bingo! (2K) 1:30 The Busy Bakers! (2K) 2:30 Fancy High Tea Party (2DR) 3:30 Stories & Riddles (2K) 6:00 Evening Snack Social & Trivia (2MP) 6:00 Sensory Sorting (2MP) 	<p>13</p> <ul style="list-style-type: none"> 10:00 Sing Fit *New Signature Program* (2MP) 10:30 Musical Instrument Bingo! (2MP) 10:30 Refresh & Hydrate (2DR) 2:30 Dance, Dance, Dance! (2K) 3:15 Java Music Club & Shamrock Shakes! (2LR) 6:00 Sensory Sorting (2MP) 7:00 Tic Tac Toe Competition (2K) 	<p>14</p> <ul style="list-style-type: none"> 10:00 Drum Fit Exercise Class (2DR) 10:30 Refresh & Hydrate (2DR) 10:30 School Days Bingo! (2K) 1:30 Artful Enrichment Program (2DR) 2:30 Munchies & Mocktails! (2FP) 3:00 Music Club! (2K) 6:00 Sensory Sorting (2MP) 6:30 Movie Night & Popcorn! (2LR) 	<p>15</p> <ul style="list-style-type: none"> 10:30 Refresh & Hydrate (2DR) 11:00 Bingo Bash! (2MP) 11:30 Fit Minds! Brain Games (2MP) 1:15 Fill In The Blanks..... (2MP) 3:00 Movie Popcorn Matinee (2LR) 6:00 Sensory Sorting (2MP) 6:30 Reminiscing Group (2LR)




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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>9:00 Music & Therapeutic Colouring (2MP) 16</p> <p>10:00 Virtual Church Service (2LR)</p> <p>10:30 Reading Circle & Tea Time (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>3:00 Short Stories and Poems (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Card Game Night (2MP)</p>	<p>10:00 Sing Fit *New Signature Program* (2MP) 17</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 St.Paddy's BINGO! (2K)</p> <p>1:30 Manicure Monday! (2LR)</p> <p>2:00 St.Paddy's Dance Party! (2K)</p> <p>3:00 Irish Tea Party! (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Music & Therapeutic Colouring (2MP)</p>	<p>10:00 Music and Movement (2MP) 18</p> <p>10:30 Nature Bingo! (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>11:00 Hot Chocolate Outing! (RSVP)</p> <p>3:00 Hot Chocolate Sing A Long Social (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Movie Night & Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>10:00 Morning Yoga and Stretch Exercise (2MP) 19</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 The Busy Bakers! (2K)</p> <p>2:30 Fancy High Tea Party (2DR)</p> <p>3:30 Stories & Riddles (2K)</p> <p>6:00 Evening Snack Social & Trivia (2MP)</p> <p>6:00 Sensory Sorting (2MP)</p>	<p>10:00 Sing Fit *New Signature Program* (2MP) 20</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>1:30 Craft Of Monaco (2K)</p> <p>2:30 Dance, Dance, Dance! (2K)</p> <p>3:15 Java Music Club (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>7:00 Tic Tac Toe Competition (2K)</p>	<p>10:00 Drum Fit Exercise Class (2DR) 21</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 School Days Bingo! (2K)</p> <p>1:30 Belly Dancing Performance With Teria (2K)</p> <p>2:30 Munchies & Mocktails! (2FP)</p> <p>3:00 Artful Enrichment Program (2DR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Movie Night & Popcorn! (2LR)</p>	<p>10:30 Refresh & Hydrate (2DR) 22</p> <p>11:00 Bingo Bash! (2MP)</p> <p>11:30 Fit Minds! Brain Games (2MP)</p> <p>1:15 Fill In The Blanks..... (2MP)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Reminiscing Group (2LR)</p>	
<p>10:00 Virtual Church Service (2LR) 23</p> <p>10:30 Reading Circle & Tea Time (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>3:00 Short Stories and Poems (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Card Game Night (2MP)</p>	<p>10:00 Sing Fit *New Signature Program* (2MP) 24</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 Greek Bingo! (2K)</p> <p>1:30 Manicure Monday! (2LR)</p> <p>3:00 Greek Myths! (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Music & Therapeutic Colouring (2MP)</p>	<p>10:00 Music and Movement (2MP) 25</p> <p>10:30 Nature Bingo! (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>11:00 Hot Chocolate Outing! (RSVP)</p> <p>1:30 Dance Party With Davis! (2K)</p> <p>2:30 Slovenian Tea Party! (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Movie Night & Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p>10:00 Morning Yoga and Stretch Exercise (2MP) 26</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 Italian Baking! (2K)</p> <p>1:30 Italian Accordion Music With Val (2K)</p> <p>2:30 Italian Themed Tea Party (2DR)</p> <p>3:30 Stories & Riddles (2K)</p> <p>6:00 Evening Snack Social & Trivia (2MP)</p> <p>6:00 Sensory Sorting (2MP)</p>	<p>10:00 Sing Fit *New Signature Program* (2MP) 27</p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>1:30 Canadian Themed Painting (2LR)</p> <p>2:30 Canadian Maple Tea Party! (2K)</p> <p>3:15 Java Music Club (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>7:00 Tic Tac Toe Competition (2K)</p>	<p>10:00 Drum Fit Exercise Class (2DR) 28</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 School Days Bingo! (2K)</p> <p>1:30 Artful Enrichment Program (2DR)</p> <p>2:30 Munchies & Mocktails! (2FP)</p> <p>3:00 Music Club! (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Movie Night & Popcorn! (2LR)</p>	<p>10:30 Refresh & Hydrate (2DR) 29</p> <p>11:00 Bingo Bash! (2MP)</p> <p>11:30 Fit Minds! Brain Games (2MP)</p> <p>1:15 Fill In The Blanks..... (2MP)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Reminiscing Group (2LR)</p>	
<p>9:00 Music & Therapeutic Colouring (2MP) 30</p> <p>10:00 Virtual Church Service (2LR)</p> <p>10:30 Reading Circle & Tea Time (2MP)</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>3:00 Short Stories and Poems (2LR)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Card Game Night (2MP)</p>	<p>10:00 Sing Fit *New Signature Program* (2MP) 31</p> <p>10:30 Refresh & Hydrate (2DR)</p> <p>10:30 Winter Bingo! (2K)</p> <p>1:30 Manicure Monday! (2LR)</p> <p>3:00 Horse Races! (2K)</p> <p>6:00 Sensory Sorting (2MP)</p> <p>6:30 Music & Therapeutic Colouring (2MP)</p>	 <p>SATURDAY MAR 22</p> <p>Cruise Week Open House</p>				<p>Be Healthy</p>	<p>Locations Legend</p> <p>2nd Floor Multi-Purpose Room (2MP)</p> <p>2nd Floor Kitchen (2K)</p> <p>2nd Floor Dining Room (2DR)</p> <p>2nd Floor Living Room (2LR)</p> <p>Outing (RSVP)</p> <p>2nd Floor Hallways (2FH)</p> <p>2nd Floor Patio (2FP)</p>