



INSPIRED
SENIOR LIVING

April 2025

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Parkinson's Awareness Month

10:00 Sit & Stretch (MR) **6**
10:30 Guided Meditation. (MT)
2:00 Java Music Club (MT)
2:30 Movie Matinee- The Courier (2020) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Charades (MR)
5:00 Resident Directed Pool Club (GAM)
7:00 Movie Night- The Courier (2020) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **7**
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:30 Spiritual Guided Meditation (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
2:00 Poetry Club (AS)
2:30 Movie Matinee- The Children Act (2017) (MT)
3:00 Tea Time (LL)
3:15 4 In a Row Competition (MR)
4:00 Word Games (MR)
5:00 Go4Life Walking Club (MEE)
7:00 Movie Night- The Children Act (2017) (MT)

12:00 Passover Dinner (SU) (SU) **13**
10:00 Sit & Stretch (MR)
10:30 Guided Meditation. (MT)
12:00 Easter Brunch (DIN)
2:00 Java Music Club (MT)
2:30 Movie Matinee- Splendor In The Grass (1961) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Charades (MR)
5:00 Resident Directed Pool Club (GAM)
7:00 Movie Night- Splendor In The Grass (1961) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **14**
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:30 Spiritual Guided Meditation (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
2:00 Poetry Club (AS)
2:30 Movie Matinee- There Will Be Blood (2007) (MT)
3:00 Tea Time (LL)
3:00 A Story Reading by Sondra (AS)
3:15 4 In a Row Competition (MR)
4:00 Word Games (MR)
5:00 Go4Life Walking Club (MEE)
7:00 Movie Night- There Will Be Blood (2007) (MT)

10:00 Sit and Stretch (MR) **1**
10:30 Interactive Dance and Movement Class (MR)
11:30 Guided Meditation with Abtin. (MT)
1:30 The Monarchs of the Middle Ages / Kings & Queens (MT)
2:00 Artful Enrichment- Watercolors (AS)
2:30 Movie Matinee- Murphy's Romance (1985) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds- Interact (MR)
4:00 Current Events Discussion (MR)
4:00 Classical Piano Concert with Shaya Petroff (STG)
5:00 Go4Life Walking Club (MEE)
6:00 KARAOKE with Harlan (MT)
7:00 Movie Night- Murphy's Romance (1985) (MT)

10:00 Sit and Stretch (MR) **8**
10:45 Strength and Balance Class (MR)
11:30 Guided Meditation with Abtin. (MT)
1:30 George VI - The Reluctant King (MT)
2:00 Artful Enrichment- Watercolors (AS)
2:30 Movie Matinee- RAN (1985) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds- Interact (MR)
4:00 Current Events Discussion (MR)
5:00 Go4Life Walking Club (MEE)
6:00 KARAOKE with Harlan (MT)
7:00 Movie Night- RAN (1985) (MT)

10:00 Sit and Stretch (MR) **15**
10:45 Strength and Balance Class (MR)
11:30 Guided Meditation with Abtin. (MT)
1:30 Holocaust Documentary (MT)
2:00 Artful Enrichment- Watercolors (AS)
2:30 Movie Matinee- Manhattan (1979) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds- Interact (MR)
4:00 Current Events Discussion (MR)
5:00 Go4Life Walking Club (MEE)
6:00 KARAOKE with Harlan (MT)
7:00 Movie Night- Manhattan (1979) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **2**
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:00 Residents' Food Meeting (MT)
11:30 Morning Sing Along (MT)
12:50 Cineplex Movie Theatre Outing, Disney's Snow White. (MEE)
1:00 Falls Prevention Class with Kaushal. (MR)
1:30 Java Music Club - Sing Along (MT)
2:00 Drum Fit (MT)
2:00 Artful Enrichment - Charcoal Drawing. (AS)
2:30 Movie Matinee- Billy Bathgate (1991) (MT)
3:00 Tea Time (LL)
3:15 UNO Card Game (MR)
4:00 Residents Directed Billiards Club (GAM)
5:00 Go4Life Walking Club Outdoors (MEE)
7:00 Movie Night- Billy Bathgate (1991) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **9**
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:00 Dufferin Mall Outing (MEE)
11:30 Morning Sing Along (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
1:30 Java Music Club - Sing Along (MT)
2:00 Drum Fit (MT)
2:00 Artful Enrichment - Charcoal Drawing. (AS)
2:30 Movie Matinee- The Life Ahead (2020) (MT)
3:00 Tea Time (LL)
3:15 UNO Card Game (MR)
4:00 Residents Directed Billiards Club (GAM)
5:00 Go4Life Walking Club Outdoors (MEE)
7:00 Movie Night- The Life Ahead (2020) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **16**
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:00 Outing to the Riverdale Farm (MEE)
11:30 Morning Sing Along (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
1:30 Java Music Club - Sing Along (MT)
2:00 Drum Fit (MT)
2:00 Artful Enrichment - Charcoal Drawing. (AS)
2:30 Movie Matinee- IRIS (2001) (MT)
3:00 Tea Time (LL)
3:15 UNO Card Game (MR)
4:00 Residents Directed Billiards Club (GAM)
5:00 Go4Life Walking Club Outdoors (MEE)
7:00 Movie Night- IRIS (2001) (MT)

10:00 Yoga with Karusia (MR) **3**
11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU)
11:00 Book Club's Distirubiton Meeting (MT)
11:15 Morning Sing Along (MT)
12:30 Documentary- The Year The Earth Changed (2021) (MT)
2:00 Meet me at the MOMA: Lawren Harris. (AS)
2:30 Movie Matinee- The Private Lives Of Elizabeth and Essex (1939) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Riddles (MR)
4:00 Jenga (MR)
5:00 Go4Life Walking Club (MEE)
7:00 Bridge with David (BR)
7:00 Movie Night- The Private Lives Of Elizabeth and Essex (1939) (MT)

10:00 Yoga with Karusia (MR) **10**
11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU)
11:15 Morning Sing Along (MT)
12:30 Documentary- The Global Sand Crisis (MT)
2:00 MOMA - Art Session (AS)
2:30 Movie Matinee- The English Patient (1996) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Riddles (MR)
4:00 Jenga (MR)
5:00 Go4Life Walking Club (MEE)
7:00 Bridge with David (BR)
7:00 Movie Night - The English Patient (1996) (MT)

10:00 Yoga with Karusia (MR) **17**
11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU)
11:15 Morning Sing Along (MT)
2:00 Meet me at the MOMA: Vivienne Westwood. (AS)
2:30 Movie Matinee- The Women (1939) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Riddles (MR)
4:00 Jenga (MR)
5:00 Go4Life Walking Club (MEE)
7:00 Bridge with David (BR)
7:00 Movie Night- The Women (1939) (MT)

9:30 Sit and Stretch with Kaushal. (MR) **4**
10:00 Individual Visits (SUI)
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:30 Drum Fit (MT)
11:30 Guided Meditation. (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
2:00 Artful Enrichment- Acrylics on canvas Session (AS)
2:30 Movie Matinee- Victor/Victoria (1982) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds: Stay Sharp (MR)
4:00 Charades (MR)
5:00 Go4Life Walking Club (MEE)
5:00 Hazelton Disco (MR)
7:00 Movie Night- Victor/Victoria (1982) (MT)

National Pet Day **11**
9:30 Sit and Stretch with Kaushal. (MR)
10:00 Individual Visits (SUI)
10:15 Strength Class with Kaushal. (MR)
11:00 Balance Class with Kaushal. (MR)
11:30 Drum Fit (MT)
11:30 Guided Meditation. (MT)
1:00 Falls Prevention Class with Kaushal. (MR)
2:00 Artful Enrichment- Acrylics on canvas Session (AS)
2:30 Movie Matinee- What's Up, Doc (1972) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds: Stay Sharp (MR)
4:00 Charades (MR)
5:00 Go4Life Walking Club (MEE)
5:00 Hazelton Disco (MR)
7:00 Movie Night- What's Up, Doc (1972) (MT)

10:00 Individual Visits (SUI) **18**
10:00 Sit and Stretch with the LE Team. (MR)
11:00 Balance Class with Kaushal. (MR)
11:30 Drum Fit (MT)
11:30 Guided Meditation. (MT)
2:00 Artful Enrichment- Acrylics on canvas Session (AS)
2:30 Movie Matinee- Ordinary Angels (2024) (MT)
3:00 Tea Time (LL)
3:00 Fit Minds: Stay Sharp (MR)
4:00 Charades (MR)
5:00 Go4Life Walking Club (MEE)
5:00 Hazelton Disco (MR)
7:00 Movie Night- Ordinary Angels (2024) (MT)

10:00 Sit & Stretch (MR) **5**
10:45 Morning Sing Along (MT)
2:00 Name That Tune Game (MT)
2:30 Movie Matinee- And Justice For All (1979) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Charades (MR)
4:00 Happy Hour (AB)
7:00 Movie Night- And Justice For All (1979) (MT)

10:00 Sit & Stretch (MR) **12**
10:45 Morning Sing Along (MT)
2:00 Name That Tune Game (MT)
2:30 Movie Matinee- Jagged Edge (1985) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Charades (MR)
4:00 Happy Hour (AB)
7:00 Movie Night- Jagged Edge (1985) (MT)

10:00 Sit & Stretch (MR) **19**
10:45 Morning Sing Along (MT)
2:00 Name That Tune Game (MT)
2:30 Movie Matinee- 45 Years (2015) (MT)
3:00 Tea Time (LL)
3:00 Brain Games and Charades (MR)
4:00 Happy Hour (AB)
7:00 Movie Night- 45 years (2015) (MT)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Easter Brunch (DIN) 20 10:00 Sit & Stretch (MR) 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- Miss Potter (2006) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- Miss Potter (2006) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 21 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- The Music Man (1962) (MT) 3:00 Tea Time (LL) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- The Music Man (1962) (MT)	Earth Day 22 10:00 Sit and Stretch (MR) 10:45 Strength and Balance Class (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Living, Loving, Local: Lamb (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Calendar Girls (2003) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- Calendar Girls (2003) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 23 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:00 Brick Works Walk Outing. (SU) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- The Horse Whisperer (1998) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- The Horse Whisperer (1998) (MT)	Hearing Clinic - Please Sign Up at the Front Desk (LL) 24 10:00 Yoga with Karusia (MR) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:15 Morning Sing Along (MT) 12:30 Documentary- Holocaust. (MT) 2:00 Holocaust Remebrance Presentation. (AS) 3:00 Tea Time (LL) 3:00 Brain Games and Riddles (MR) 3:00 Movie Matinee- Another Year (2010) (MT) 4:00 Jenga (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Bridge with David (BR) 7:00 Movie Night- Another Year (2010) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 25 10:00 Individual Visits (SUI) 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Drum Fit (MT) 11:30 Guided Meditation. (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Artful Enrichment- Acrylics on canvas Session (AS) 2:30 Movie Matinee- On The Town (1949) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds: Stay Sharp (MR) 4:00 Charades (MR) 5:00 Go4Life Walking Club (MEE) 5:00 Hazelton Disco (MR) 7:00 Movie Night- On The Town (1949) (MT)	10:00 Sit & Stretch (MR) 26 10:45 Morning Sing Along (MT) 2:00 Name That Tune Game (MT) 2:30 Movie Matinee- Crossing Delancey (1988) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 4:00 Happy Hour (AB) 7:00 Movie Night- Crossing Delancey (1988) (MT)
10:00 Sit & Stretch (MR) 27 10:30 Guided Meditation. (MT) 2:00 Java Music Club (MT) 2:30 Movie Matinee- The Name Of The Rose (1986) (MT) 3:00 Tea Time (LL) 3:00 Brain Games and Charades (MR) 5:00 Resident Directed Pool Club (GAM) 7:00 Movie Night- The Name Of The Rose (1986) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 28 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Spiritual Guided Meditation (MT) 12:00 ARTFUL week Opeing (LL) 1:00 Falls Prevention Class with Kaushal. (MR) 2:00 Poetry Club (AS) 2:30 Movie Matinee- Amadeus (1984) (MT) 3:00 Tea Time (LL) 3:00 A Story Reading by Sondra (AS) 3:15 4 In a Row Competition (MR) 4:00 Word Games (MR) 5:00 Go4Life Walking Club (MEE) 7:00 Movie Night- Amadeus (1984) (MT)	10:00 Sit and Stretch (MR) 29 10:45 Strength and Balance Class (MR) 11:30 Guided Meditation with Abtin. (MT) 1:30 Before the Flood (MT) 2:00 Artful Enrichment- Watercolors (AS) 2:30 Movie Matinee- Barry Lyndon (1975) (MT) 3:00 Tea Time (LL) 3:00 Fit Minds- Interact (MR) 4:00 Current Events Discussion (MR) 5:00 Go4Life Walking Club (MEE) 6:00 KARAOKE with Harlan (MT) 7:00 Movie Night- Barry Lyndon (1975) (MT)	9:30 Sit and Stretch with Kaushal. (MR) 30 10:15 Strength Class with Kaushal. (MR) 11:00 Balance Class with Kaushal. (MR) 11:30 Morning Sing Along (MT) 1:00 Falls Prevention Class with Kaushal. (MR) 1:30 Java Music Club - Sing Along (MT) 2:00 Drum Fit (MT) 2:00 Artful Enrichment - Charcoal Drawing. (AS) 2:30 Movie Matinee- Swing Shift (1984) (MT) 3:00 Tea Time (LL) 3:15 UNO Card Game (MR) 4:00 Residents Directed Billiards Club (GAM) 5:00 Go4Life Walking Club Outdoors (MEE) 7:00 Movie Night- Swing Shift (1984) (MT)	SATURDAY APRIL 12 Passover (12-20)		



Locations Legend	
Movie Theatre (MT)	Sign-up (SU)
Meeting Room (MR)	Bedford Bridge
Lower Lobby (LL)	Lounge (BR)
Meet at Front Desk (MEE)	Suites (SUI)
111 Art Studio (AS)	Annex Bar (AB)
Games Room (GAM)	Dining Room (DIN)
	St. George Lounge (STG)

Calendar Legend
Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program