



INSPIRED
SENIOR LIVING

April 2025

Courtyard Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Parkinson's Awareness Month		Tea, coffee and snacks available in the Country Kitchen 1 April Fool's Day 9:30 Armchair Yoga (Virtual Event) (DR) 2:00 Ladies Group with Margaret - Coffee and Chats (CRM) 2:00 Let's Play Cornhole! (DR) 3:30 Laughter Hour: Jokes and Trivia (FL) 6:45 Evening Movie - Bogart -Life comes in flahes! (DR)	Tea, coffee and snacks available in the Country Kitchen 2 9:30 Exercise (DR) 10:00 Monthly Calendar Review in Chinese : 中文講解 月刊活動 (DR) 10:45 Act it out - Charade Game (FL) 11:00 Go 4 Life Walk - Sign up with Megan (MEE) 2:00 Java Music Club with Mona (FL) 3:30 Trivia (FL) 6:45 Evening Movie - Finding Neverland (DR)	Tea, coffee and snacks available in the Country Kitchen 3 9:30 Tai Chi w/ Eric Lui (DR) 10:30 Let's Play Petanque! (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus -Ironwood Plaza -Sign Up Sheet at Reception (MEE) 2:00 Living Loving Local- Eggstravaganza (DR) 3:30 Ladder Bean Bag Toss Game (DR) 6:45 Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 4 9:30 Gentle Exercises (DR) 10:30 Music Therapy with Sydney (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 A Flower Parade in Keukenhof, Netherlands (Virtual) & Orange Blossom Ice Cream Floats (DR) 3:15 Happy Hour (DR) 6:45 Friday Night Movie - Thelma and Louise (DR)	Tea, coffee and snacks available in the Country Kitchen 5 10:00 Roll - O - Trump (DR) 1:00 National Verve Open House (AA) 1:00 Artfull Enrichment - Wine Glass Painting (DR) 2:00 Wellness Clinic - Walk In (No Appt Necessary) (CRM) 2:00 Performance by Sweet Pan Steel Drummers (FL) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)
	Tea, coffee and snacks available in the Country Kitchen 6 10:00 Excercises (DR) 10:45 Fit Minds - That Spells CATastrophe! (FL) 2:00 Learn to Play Mahjong (DR) 3:30 Sing-a-long and warm drink social (FL) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)	Tea, coffee and snacks available in the Country Kitchen 7 9:30 Armchair Yoga (Virtual Event) (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Therapeutic Coloring (CRM) 3:30 Giant Crosswords (DR) 6:45 Monday Night Series - Matlock - 2025 remake (CRM)	Tea, coffee and snacks available in the Country Kitchen 8 10:00 Exercise (DR) 11:00 Did you know facts.... (FL) 2:00 Performance by the Suede Dogs - April in Paris (DR) 3:45 Chinese Calligraphy with Mona (DR) 4:00 Let's make Spring Center Pieces for the Dining Room. (CRM) 6:45 Evening Movie - The age of Adeline (DR)	Tea, coffee and snacks available in the Country Kitchen 9 10:00 DrumFit Exercises (DR) 11:00 Go 4 Life Walk - Sign up with Megan (MEE) 11:00 New Game- Connect 4 (DR) 2:00 Java Music Club- Springtime (DR) 3:30 Trivia (FL) 6:45 Evening Movie - My fair lady (DR)	Tea, coffee and snacks available in the Country Kitchen 10 9:30 Tai Chi w/ Eric Lui (DR) 10:15 Food Forum 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus -Blundell Center (MEE) 2:00 Afternoon Documentary - Mount Everest: The Peak of Mankind (DR) 6:45 Easter Theme Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 11 9:30 Gentle Exercises (DR) 10:30 Music Therapy with Sydney (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Easter Around The World- Disussions & Easter Treats (DR) 3:15 Happy Hour (DR) 6:45 Friday Night Movie - How to Marry a Millionaire (DR)
	Tea, coffee and snacks available in the Country Kitchen 13 10:00 Excercises (DR) 11:00 Wordle Word Game (FL) 2:30 Let's Play Bocce! (DR) 4:00 Boggle Game (CRM) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR)	Tea, coffee and snacks available in the Country Kitchen 14 9:30 Gentle Exercises with Mona (DR) 10:10 1 on 1 visits with Mona (RES) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 11:00 Altavida Fashions Clothing Sale- (Payment accepted- Credit/ Debit or Cash) (CRM) 2:00 April Birthday & Welcome Tea Party - Spring Flowers Theme (DR) 3:30 Giant Crosswords (DR) 6:45 Monday Night Series - Matlock - 2025 remake (CRM)	Tea, coffee and snacks available in the Country Kitchen 15 9:30 Armchair Yoga (Virtual Event) (DR) 10:00 Morning Scenic Drive - Sign up at Reception (MEE) 10:30 Fit Minds (FL) 2:00 Resident Forum (DR) 3:30 Tuesday Afternoon Roll-O- Trump (DR) 6:45 Evening Movie - Citizen Kane (DR)	Tea, coffee and snacks available in the Country Kitchen 16 10:00 Gentle Exercises (DR) 11:00 What's Your Verdict? (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Afternoon Drumfit (DR) 3:30 Trivia (FL) 6:45 Evening Movie - Man of the Year (DR)	Tea, coffee and snacks available in the Country Kitchen 17 9:30 Tai Chi w/ Eric Lui (DR) 10:30 Drama Club (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus -Wal-Mart -Sign Up Sheet at Reception (MEE) 2:00 Spring Time Lemonade Ice Cream Float Social (FL) 3:30 New Game- Connect 4 (DR) 6:45 Bingo - Bring 10 quarters! (DR)	Tea, coffee and snacks available in the Country Kitchen 19 10:00 Roll - O - Trump (DR) 2:00 Wellness Clinic - Walk In (No Appt Necessary) (CRM) 2:00 Scenic Drive - Sign up at Reception (MEE) 3:30 Tombola Game - (Italian type Bingo) (DR) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Tea, coffee and snacks available in the Country Kitchen Happy Easter 10:00 Excercises (DR) 10:30 Theraputic Colouring (CRM) 2:00 Learn to Play Mahjong (CRM) 2:30 Easter Egg Hunt (FL) 3:30 Young Musicians and Artist Performance (FL) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR) 20	Tea, coffee and snacks available in the Country Kitchen 9:30 Exercise (DR) 10:30 Name that Tune (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Therapeutic Coloring (CRM) 2:00 Painting Paper Mache Vessels (CRM) 3:30 Giant Crosswords (DR) 6:45 Monday Night Series - Matlock - 2025 remake (CRM) 21	Tea, coffee and snacks available in the Country Kitchen Earth Day 9:30 Armchair Yoga (Virtual Event) (DR) 10:30 Mother Earth Day- Facts & Trivia (DR) 2:00 Scenic Drive - Sign up at Reception (MEE) 2:30 Earth Day Planting- Beautiful Spring Potted Flowers (DR) 6:45 Evening Movie - Eight on the Lam (DR) 22	Tea, coffee and snacks available in the Country Kitchen World Book Day 10:00 Theraband Exercises (DR) 11:00 Go 4 Life Walk - Sign up with Megan (MEE) 11:00 Famous Poets & Authors (DR) 2:00 Free Book Exchange with A Gourmet Java & Pastery Cafe (DR) 3:30 Trivia (FL) 6:45 Evening Movie - E.T (DR) 23	Tea, coffee and snacks available in the Country Kitchen 9:30 Tai Chi w/ Eric Lui (DR) 10:30 Fit Minds (FL) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 1:30 Shopping Bus -Garden City-- Sign Up Sheet at Reception (MEE) 2:00 Afternoon Drumfit (DR) 3:30 Thursday Afternoon Roll-O- Trump (DR) 6:45 Bingo - Bring 10 quarters! (DR) 24	Tea, coffee and snacks available in the Country Kitchen 9:30 Excercises (DR) 10:30 Music Therapy with Sydney (DR) 10:30 Catholic Communion and Prayers (CRM) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Live music by Peter Williams (FL) 3:15 Happy Hour (DR) 6:45 Friday Night Movie - Jersey Girl (DR) 25	Tea, coffee and snacks available in the Country Kitchen 10:00 Roll - O - Trump (DR) 1:30 Afternoon Movie - Gone with the Wind (DR) 2:00 Wellness Clinic - Walk In (No Appt Necessary) (CRM) 3:00 Therapeutic Coloring (CRM) 6:45 Bananagrams (DR) 7:00 Bible study with Vincent (CRM) 26
Tea, coffee and snacks available in the Country Kitchen 10:30 DrumFit Exercises (DR) 2:00 Name that Tune (DR) 3:30 Afternoon Concert in the Lounge (FL) 6:30 Bible Study with the Richmond Gospel Tabernacle Church (DR) 27	Artfull Enrichment Week 9:30 Gentle Exercises (DR) 10:30 Spring Crafting- Wildflower Florals, Scratch & Sketch (DR) 11:00 Go For Life Walk - Remember your Daily Walk (RECE) 2:00 Book Club - Adapted reading of Little Women (2ND) 3:30 Giant Crosswords (DR) 6:45 Monday Night Series - Matlock - 2025 remake (CRM) 28	Artfull Enrichment Week Tea, coffee and snacks available in the Country Kitchen 9:30 Armchair Yoga (Virtual Event) (DR) 10:30 Art Project- Looking up at the trees (DR) 2:00 Outing to the Richmond Art Gallery- Bring \$5 for addmisison. - Sign up at reception (MEE) 2:00 Therapeutic Coloring (CRM) 3:00 Solving Art's Greatest Mysteries With Waldemar - Documentary (DR) 6:45 Evening Movie - Lust for Life - Movie about Vincent Van Gogh (DR) 29	Artfull Enrichment Week Tea, coffee and snacks available in the Country Kitchen 9:30 Exercise (DR) 11:00 Go 4 Life Walk - Sign up with Megan (MEE) 11:00 FAMOUS PAINTINGS in the World - 100 Great Paintings of All Time (FL) 2:00 Art Project- Paint Pouring (DR) 3:30 Trivia (FL) 6:45 Evening Movie - Pollock (DR) 30	SATURDAY APRIL 12 Passover (12-20)		
SUNDAY APRIL 20 Easter		Be Heard		Locations Legend Dogwood Room (DR) Carnation Room (CRM) Fireside Lounge (FL) Meet in Lobby (MEE) Reception (RECE) Residents Room (RES) All Around (AA) 2nd Floor Library (2ND)		Calendar Legend Outing Special Program Cruise Week Living, Loving, Local Signature Program Artful Enrichment