



INSPIRED
SENIOR LIVING

April 2025

Gardenside



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Parkinson's Awareness Month	 Passover (12-20)	April Fool's Day 10:00 Sit and Stretch Exercise (GAR) 1 10:30 Shake Loose Memories Game (GAR) 11:15 Laughter Hour: Jokes and Trivia (GAR) 2:00 Beanbag Shuffleboard (GAR) 3:00 Artfull Enrichment - Tissue Paper Eggs (GAR) 6:30 Evening Manicures (GAR)	10:00 Roll O Trump (GAR) 2 11:00 Giant Crosswords (GAR) 2:00 Bingo (GAR) 3:30 One on One visits (GAR)	10:00 Gentle Exercises (GAR) 3 11:00 Fit Minds - Finish the Lines (GAR) 2:00 Painting Clay Sculptures (GAR) 4:00 Who's Building the Vancouver Art Gallery Now?- New Game (GAR)	10:00 Music Therapy Session 1 with Lorri (GAR) 4 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 2:30 Spring Scenic Drive (Outi)	10:00 Piano Music with Mabon (GAR) 5 11:00 Armchair Yoga Video (GAR) 11:30 Fit Minds - Morning Word Games (GAR) 1:00 National Verve Open House (AA) 2:00 Performance by Sweet Pan Steel Drummers (FL) 2:30 Artfull Enrichment - Desert Oasis (GAR) 3:30 Happy Hour & Appies (Non-Alcoholic) (GAR)
10:00 Gentle Exercises (GAR) 6 10:30 What's Your Verdict? (GAR) 11:30 Catholic Mass - Virtual (GAR) 2:30 Sunday Funday Bingo! (GAR) 3:45 Springtime Lemonade Ice Cream Float Social (GAR)	10:30 Armchair Yoga (Virtual) (GAR) 7 11:30 Morning Word Games (GAR) 2:00 Sentimental Journey Game (GAR) 3:00 Afternoon Movie Matinee (GAR)	10:00 Sit and Stretch Exercise (GAR) 8 10:30 Carpet Bowling (GAR) 11:15 Random Trivia (GAR) 2:00 Performance by the Suede Dogs - April in Paris (DR) 3:30 Morocco Trip Photo Tour (GAR) 6:30 Evening Manicures (GAR)	10:00 Ball Exercises (GAR) 9 11:00 Giant Crosswords (GAR) 2:00 Bingo (GAR) 3:30 Knit, Stitch & Visit (GAR)	10:00 Let's Play Petanque! (GAR) 10 11:00 Short Story Time (GAR) 2:00 Purr's & Paws (GAR) 3:30 Ganzenbord Game (GAR)	10:00 Music Therapy Session 1 with Lorri (GAR) 11 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 2:00 Live music by the Music Variations (GAR) 3:30 Horseshoes in the Round (GAR)	10:00 Piano Music with Mabon (GAR) 12 11:00 Dog Gone Funny Furry Friends (GAR) 2:30 Sing-A-Long Old Time Favorites (GAR) 3:30 A Flower Parade in Keukenhof, Netherlands (Virtual) & Orange Blossom Ice Cream Floats (GAR)
10:00 Armchair Yoga Video (GAR) 13 11:15 Act it Out - Charades Game (GAR) 2:00 'The Price Is Right' Game (GAR) 3:30 Roll O Trump (GAR)	10:00 Gentle Exercises (GAR) 14 11:00 Wordle Word Game (GAR) 2:00 Let's Make 'Nature' Centre Pieces (GAR) 4:00 1:1 In Room Plant Care Visits (RES)	10:00 Gentle Exercises (GAR) 15 10:45 Java Music Club-Springtime (GAR) 2:30 April Birthday & Welcome Tea Party - Spring Flowers Theme (GDR) 3:45 Daniel O'Donnell - At Home in Ireland virtual concert (GAR) 6:30 Evening Manicures (GAR)	10:00 Sit and Stretch Exercise (GAR) 16 11:00 Random Trivia (GAR) 11:30 Sing-A-Long Old Time Favorites (GAR) 2:00 Bingo - Easter Theme (GAR) 3:30 Balloon Games (GAR)	10:30 Easter Social (GAR) 17 2:00 Java Music Club (GAR) 3:30 Theraputic Colouring (GAR) 3:45 Outdoor Strolls with Mona (GAR)	Good Friday 10:00 Gentle Exercises (GAR) 18 10:30 Catholic Communion and Prayers (CRM) 11:00 Easter Around The World-Discussion Group (GAR) 2:30 Spring Scenic Drive (Outi)	10:00 Piano Music with Mabon (GAR) 19 11:00 Sit and Stretch Exercise (GAR) 11:30 Easter Laughter Hour: Jokes and Trivia (GAR) 2:30 Let's Play Bocce! (GAR) 3:30 Sing-a-Long and Easter Milkshake Social (GAR)
Happy Easter 10:00 Armchair Yoga Video (GAR) 20 10:45 Giant Crosswords (GAR) 3:00 Movie Matinee - Easter Parade (GAR) 3:30 Young Musicians and Artist Performance (FL)	10:00 Gentle Exercises (GAR) 21 10:45 Drama Club (GAR) 2:00 Helping Hands (GAR) 3:30 Giant Connect 4 (GAR)	Earth Day 10:00 Ball Exercises (GAR) 22 11:00 You be the Judge - Discussion Group (GAR) 3:00 Let's Talk & Tour the Tulips with Wendy J (GAR) 6:30 Evening Manicures (GAR)	10:00 Sit and Stretch Exercise (GAR) 23 10:30 Carpet Bowling (GAR) 11:15 Hangman Word Game (GAR) 2:00 Bingo (GAR) 3:30 Happy Hour Drink Social (GAR)	10:00 Sit and Stretch Exercise (GAR) 24 10:30 Horseshoes in the Round (GAR) 2:00 Artfull Enrichment Class (GAR) 3:30 1 on 1 Mobility Program (GAR)	10:00 Music Therapy Session 1 with Lorri (GAR) 25 10:30 Catholic Communion and Prayers (CRM) 11:00 Music Therapy Session 2 with Lorri (GAR) 11:00 Gentle Exercises (GAR) 11:30 Would You Rather Game (GAR) 2:00 Live music by Peter Williams (FL) 3:30 Balloon Badminton (GAR)	10:00 Piano Music with Mabon (GAR) 26 11:00 Goody Goody Gumdrops! (GAR) 2:30 Let's Play Cornhole! (GAR) 3:30 Penny Ante Game (GAR)
10:00 Armchair Yoga (Virtual Event) (GAR) 27	10:00 Sit and Stretch Exercise (GAR) 28 11:00 Artful Talks - The Magic of Monet (GAR) 2:00 Tabletop Fun Games (GAR) 3:00 Bingo Fun! Refreshments Served (GAR)	10:00 Sit and Stretch Exercise (GAR) 29 11:00 Art Project- Painted Bubbles (GAR) 3:00 Discussion Group: Remembering the Department Store (GAR) 6:30 Evening Manicures (GAR)	10:00 Gentle Exercises (GAR) 30 11:00 Drama Club (GAR) 2:00 Bingo (GAR) 3:30 Spring Crafting- Wildflower Florals, Scratch & Sketch (GAR)			Locations Legend Gardenside Lounge (GAR) Carnation Room (CRM) Fireside Lounge (FL) Outing (Outi) All Around (AA) Dogwood Room (DR) Residents Room (RES) Gardenside Dining Room (GDR)