



INSPIRED
SENIOR LIVING

June 2025

Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
SENIOR'S MONTH1 10:00 Virtual Church Service (PDR) 10:30 Qigong Fitness Class with Anita Wong (GR) 1:00 Prime Video Food/Cooking Show: The Taste UK (Season 1, Episode 1 & 2) (FL) 1:30 Card Games (Lounge) (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Prime Video TV Series: The Chosen (Season 1, Episode 7 & Final Episode 8) (FL)	PRIDE MONTH2 10:00 Tai Chi Class with Eric Liu (GR) 11:00 Resident Social Chat (Meet in Bistro) (B) 1:30 Art Therapy with Rebecca Kwan (1:30, 2:30 & 3:30pm)(Sign Up) (AR) 2:00 Prime Video: Bob Ross, The Joy of Painting (FL) 3:30 Bean Bag Toss Game (FL) 6:00 Prime Video Movie: The English Patient (9X Oscar Winner) (2 hrs. & 40 mins) (Epic Post-WWII Film) (FL)	HAIR SALON OPEN3 ALZHEIMER'S AWARENESS MONTH 10:00 DVD Seated Chair Yoga (GR) 11:00 Flower Arranging (B) 2:00 Pet Therapy Visit (Olga & Pup, Sasha)(30 mins.) (FL) 2:30 Chef Food Demo with Cindy Low! (Sign Up) (GR) 2:30 Bridge Group (Meet in Games Room) (G) 3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL) 4:30 Living Loving Local, Farm To Table Dinner (Featuring Strawberries) (DR) 6:00 Netflix Movie: Runaway Jury (Starring Gene Hackman & Dustin Hoffman) (FL)	4 10:00 Let's Get Moving Fitness Class with Michel (GR) 11:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 2:00 Giant Crossword (GR) 2:30 Tea & Cookies Served (B) 2:45 Java Music Sing-a-long (PDR) 3:15 Work on the Jigsaw Puzzle in the Lounge (FL) 3:30 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Netflix Mini Series: 1883 (Season 1, Episode 1 & 2 of 10) (Riveting, Western, Emotional) (FL)	5 10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 10:30 Work on the Jigsaw Puzzle in the Lounge (FL) 11:00 Jenga (Wood Stacking Table Game) (FL) 1:00 Kerrisdale Van Shuttle (Starbucks, Library, London Drugs) (OUT) 2:00 CRAFT: Make a Tic-Tac-Toe Playing Board with Jennifer (Acylic on Canvas) & Felt Playing Pieces (AR) 3:00 Happy Hour: Judy & Ken Hackwell (Tenor Sax & Flute) (FL) 4:00 Card Games (FL) 6:00 Prime Video: Down to Earth with Zac Efron (Season 1, E. 1 & 2) (FL)	6 10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 10:30 Resident Social Chat (Meet in Bistro) (B) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 Bridge Group (FL) 2:30 Spelling Bee in the PDR (PDR) 3:00 Socializing on the Patio - Juice & Soda Pop Served (OUT) 6:00 Prime Video Movie: The French Lieutenant's Woman (Golden Globe Winner) (2 hrs.) (Starring Meryl Streep) (FL)	7 10:30 Tappercise Seated Tap Dance with Beryl (GR) 11:00 Resident Social Chat (Meet in Private Dining Room) (B) 1:00 Go 4 Life Walking Group (30 mins.) (OUT) 1:30 PAINTING ART CLASS with Dawn Mattson (Sign Up) (AR) 2:30 Mahjong (2:30pm - 4:30pm) (G) 3:00 OneKey Youth Classical Music Performance (Piano, Cello, Violin) (FL) 4:00 Card Games (Old Maid & Crazy 8s) (FL) 6:00 Netflix Series: Virgin River (Season 6, E. 1 & 2) (FL)
WORLD OCEAN DAY8 10:00 Virtual Church Service (PDR) 10:30 Qigong Fitness Class with Anita Wong (GR) 1:30 Card Games (Lounge) (FL) 2:30 Live Classical Music, Youth Musician & Artist Association (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Netflix Series: Virgin River (Season 6, E. 3 & 4) (FL)	9 10:00 Tai Chi Class with Eric Liu (GR) 11:00 Resident Social Chat (Meet in Bistro) (B) 1:30 Art Therapy with Rebecca Kwan (1:30, 2:30 & 3:30pm)(Sign Up) (AR) 2:30 Prime Video: Bob Ross: The Joy of Painting (60 mins.) (FL) 3:30 Our Last Bean Bag Toss Game with our Volunteers! (FL) 6:00 Prime Video Movie: Cold Mountain (Oscar Winner) (Starring Jude Law & Nicole Kidman) (2 hrs. 35 mins.) (FL)	10 HAIR SALON OPEN 10:00 DVD Seated Chair Yoga (GR) 10:30 Resident Social Chat (Meet in Bistro) (B) 11:00 Flower Arranging (B) 2:30 Bridge Group (FL) 3:30 Indoor Bocce w/ Stella & Layla (Volunteers) (FL) 6:00 Disney+ Movie: Jack (Drama, Comedy, Coming of Age) (Starring Robin Williams) (FL)	11 10:00 Let's Get Moving Fitness Class with Michel (GR) 11:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Giant Crossword (GR) 2:00 Java Music Sing-a-long (PDR) 2:30 Tea & Cookies Served (B) 3:00 Seated Yoga with Sarah De Lucca (60 minutes) (GR) 4:00 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Netflix Mini Series: 1883 (Season 1, Episode 3 & 4 of 10) (Riveting, Western, Emotional) (FL)	12 10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 10:30 Work on the Jigsaw Puzzle in the Lounge (FL) 11:00 Jenga (Wood Stacking Table Game) (FL) 1:00 Kerrisdale Van Shuttle (Starbucks, Library, London Drugs) (OUT) 2:00 ART: Practice Calligraphy Lettering with Jennifer (AR) 3:00 Happy Hour: Chelle Jardine (Vocals/Guitar) (FL) 4:00 Card Games (FL) 6:00 Prime Video: Down to Earth with Zac Efron (Season 1, E. 3 & 4) (FL)	13 WEAR BLUE FOR MEN'S HEALTH 10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 10:30 Resident Social Chat (Meet in Bistro) (B) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 Bridge Group (Meet in Games Room) (G) 3:00 Live Music Performed by "Arbutus Holiday" (Donna & Evan from Texada Island, BC) (FL) 4:00 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Disney+ Movie: While You Were Sleeping (Romantic Comedy) (FL)	14 10:30 Tappercise Seated Tap Dance with Beryl (GR) 11:00 Resident Social Chat (Meet in Private Dining Room) (B) 1:30 BINGO with Tiffany & Shaun (GR) 2:30 Mahjong (2:30pm - 4:30pm) (G) 2:30 Prime Video Documentary: Anthony Bourdain: Parts Unknown (Season 2, Episode 1- SPAIN) (FL) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 4:00 Card Games (Old Maid & Crazy 8s) (FL) 6:00 Netflix Series: Virgin River (Season 6, E. 5 & 6) (FL)
FATHER'S DAY15 10:00 Virtual Church Service (PDR) 10:30 Qigong Fitness Class with Anita Wong (GR) 11:30 Father's Day BBQ Lunch Served (11:30am-1:00pm) (DR) 3:00 Cello Students from Dr. Bians Cello Studio Perform @ 3pm (FL) 4:00 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Netflix Series: Virgin River (Season 6, E. 7 & 8) (FL)	16 10:00 Tai Chi Class with Eric Liu (GR) 11:00 Resident Social Chat (Meet in Bistro) (B) 1:30 Art Therapy with Rebecca Kwan (1:30, 2:30 & 3:30pm)(Sign Up) (AR) 1:30 Bean Bag Toss Game with Ayne & Sara (30 minutes) (FL) 2:00 Prime Video: Bob Ross: The Joy of Painting (30 mins.) (FL) 3:30 Firefly Youth Network Performs Live (Piano & Richard Li, Bel Canto Singer) (FL) 6:00 Disney+ Movie: Splash (Romantic Comedy Starring Tom Hanks and Daryl Hannah) (FL)	17 HAIR SALON OPEN 10:00 DVD Seated Chair Yoga (GR) 10:30 Resident Social Chat (Meet in Bistro) (B) 11:00 Flower Arranging (B) 1:00 Prime Video Food/Cooking Show: The Taste UK (Season 1, Episode 3 & 4) (FL) 2:30 Bridge Group (FL) 3:00 Jenga (Wood Stacking Table Game) (FL) 6:00 Netflix Movie: The Great Wall (2016, Starring Matt Damon) (PG-13) (FL)	18 10:00 Let's Get Moving Fitness Class with Michel (GR) 11:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Giant Crossword (GR) 2:30 Tea & Cookies Served (B) 2:45 Java Music Sing-a-long (PDR) 3:15 Work on the Jigsaw Puzzle in the Lounge (FL) 3:30 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Netflix Mini Series: 1883 (Season 1, Episode 5 & 6 of 10) (Riveting, Western, Emotional) (FL)	19 10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 10:30 CRAFT: Make an Air-Dry Clay Medallion with Stella & Layla (GR) 1:00 Kerrisdale Van Shuttle (Starbucks, Library, London Drugs) (OUT) 2:00 Resident General Meeting w/ Managers (GR) 2:30 Chef Chat with Our New Chef (30 mins.) (GR) 3:00 Happy Hour: Kurt Von Hahn (Piano) (FL) 4:00 Kings in the Corner Card Game (FL) 6:00 Prime Video: Down to Earth with Zac Efron (Season 1, E. 5 & 6) (FL)	20 10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 10:30 Resident Social Chat (Meet in Bistro) (B) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 Bridge Group (FL) 3:00 Socializing on the Patio (Bring Your FOB) (OUT) 3:30 Crossword Handouts (FL) 6:00 Disney+ Movie: Glory Road (Biography, Drama, Sports) (2006 PG) (FL)	21 CANADA'S NATIONAL INDIGENOUS PEOPLES DAY 10:30 Tappercise Seated Tap Dance with Beryl (GR) 11:00 Resident Social Chat (Meet in Private Dining Room) (B) 1:30 BINGO with Tiffany & Shaun (GR) 2:30 Mahjong (2:30pm - 4:30pm) (G) 2:30 Prime Video Documentary: Anthony Bourdain: Parts Unknown (Season 2, Episode 2 - NEW MEXICO) (FL) 3:30 Go 4 Life Walking Group (30 mins.) (OUT) 6:00 Netflix Series: Virgin River (Season 6, E. 9 & Final Episode 10) (FL)



INSPIRED
SENIOR LIVING

June 2025

Granville Gardens



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Virtual Church Service (PDR) 22 10:30 Qigong Fitness Class with Anita Wong (GR) 1:30 Hand Sewing Class with Danielle (Using Felt Fabric & Embroidery Thread @ 1:30pm) (AR) 2:30 Prime Video Food/Cooking Show: The Taste UK (Season 1, Episode 5 & 6) (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Prime Video Movie: Of Mice and Men (Starring John Malkovich & Gary Sinise) (FL)	10:00 Tai Chi Class with Eric Liu (GR) 23 11:00 Resident Social Chat (Meet in Bistro) (B) 1:30 Art Therapy with Rebecca Kwan (1:30, 2:30 & 3:30pm)(Sign Up) (AR) 1:30 Bean Bag Toss Game with Ayne & Sara (FL) 2:30 Prime Video: Bob Ross: The Joy of Painting (60 mins.) (FL) 3:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 6:00 Disney+ Movie: Murder on the Orient Express (PG-13) (Mystery, Drama) (FL)	HAIR SALON OPEN 24 10:00 DVD Seated Chair Yoga (GR) 11:00 Educational Nurses Talk with Ayne, TOPIC: Stroke (GR) 1:30 Flower Arranging (B) 2:00 Go 4 Life Walking Group (30 mins.) (OUT) 2:30 Bridge Group (FL) 3:00 Socializing on the Patio - Enjoy the Fresh Air! (Back Patio) (OUT) 6:00 Disney+ Movie: Quiz Show (Mystery, Historical) (PG-13) (Starring Ralph Fiennes) (FL)	FOOT CARE TODAY 25 10:00 Let's Get Moving Fitness Class with Michel (GR) 1:00 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 1:30 Giant Crossword (GR) 2:00 Java Music Sing-a-long (PDR) 2:30 Tea & Cookies Served (B) 3:00 Seated Yoga with Sarah De Lucca (60 minutes) (GR) 4:00 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Netflix Mini Series: 1883 (Season 1, Episode 7 & 8 of 10) (Riveting, Western, Emotional) (FL)	10:00 Gentle Fitness with Sarah Groberman (30 mins.) (GR) 26 10:30 Van to Shopper's Drug Mart (20% Off Seniors Day) (OUT) 1:00 Wellness Clinic w/ Ayne (1pm - 3pm) (PDR) 1:30 BAKING: Baking with Jennifer (GR) 3:00 Happy Hour: Matthew Ma (Classical Piano) (FL) 4:00 Kings in the Corner Card Game (FL) 6:00 Prime Video: Down to Earth with Zac Efron (Season 1, E. 7 & 8) (FL)	10:00 Seated "Zumba Gold" with Julia Chilcott (30 mins.) (GR) 27 10:30 Resident Social Chat (Meet in Bistro) (B) 1:30 Hymn Sing & Faith Exploration w/ Pastor Lee (FL) 2:30 TONY'S TRAVEL SHOW: UK2 - Wales, Ireland & Scotland (GR) 2:30 Bridge Group (Meet in Games Room) (G) 3:30 Socializing on the Patio (Bring Your FOB) (OUT) 6:00 Disney+ Movie: Tolkien (Drama, History) (PG-13) (FL)	10:30 Tappercise Seated Tap Dance with Beryl (GR) 28 11:00 Resident Social Chat (Meet in Private Dining Room) (B) 1:00 Go 4 Life Walking Group (30 mins.) (OUT) 1:30 BINGO with Tiffany & Shaun (GR) 2:30 Mahjong (2:30pm - 4:30pm) (G) 3:00 Live Youth Classical Music Performance by Infinitus @ 3pm (60 mins.) (FL) 4:00 Card Games (Old Maid & Crazy 8s) (FL) 6:00 Disney+ Movie: Big Trouble (Comedy, Crime) (PG-13) (FL)
10:00 Virtual Church Service (PDR) 29 10:30 DVD Fitness Fitness Class (GR) 1:30 Hand Sewing Class with Danielle (Using Felt Fabric & Embroidery Thread @ 1:30pm) (AR) 2:30 Prime Video Food/Cooking Show: The Taste UK (Season 1, Episode 7 & 8) (FL) 3:30 Group Walk - Meet at Reception and Walk Together (30 mins.) (OUT) 6:00 Disney+ Movie: Big Business (Comedy Starring Lily Tomlin & Bette Midler) (FL)	10:00 Tai Chi Class with Eric Liu (GR) 30 11:00 Resident Social Chat (B) 1:30 Art Therapy with Rebecca Kwan (1:30, 2:30 & 3:30pm)(Sign Up) (AR) 1:30 Bean Bag Toss Game with Ayne & Sara (FL) 2:30 Prime Video Documentary: Anthony Bourdain: Parts Unknown (Season 2, Episode 3 - ISRAEL) (FL) 3:30 Go 4 Life Neighbourhood Walk (30 mins.) (OUT) 6:00 Prime Video Movie: The Love Punch (British Comedy Heist Film Starring Pierce Brosnan & Emma Thompson) (FL)	 Senior's Month		FRIDAY JUNE 13 Men's Health (Wear Blue Day)		



Be Heard

Locations Legend

- Fireplace Lounge (FL)
Great Room (GR)
Outside (OUT)
Bistro (B)
- Private Dining Room (PDR)
Fine Arts Room (AR)
Games Room (G)
Dining room (DR)

Calendar Legend

- Outing
- Special Program
- Living, Loving, Local
- Signature Program
- Artful Enrichment