May 2025 - Assisted

Evergreen Retirement Community

Verve INSPIRED SENIOR LIVING

EVERGREEN RETIREMENT COMMUNITY
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Derrick's Sing a Long (WB) 2:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Lifemark- Movement Matters (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**2** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:00 Vendor- Mobile Senior Shop (TS) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Hungary (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Carla Gonzalez served with Chocolate Chip Cookies (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Brothers & Sisters Day - Birth Order Trivia (LGE)	**3** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:15 Bingo (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:00 Pet Therapy with Alfie (LGE) 4:30 Word Games (LGE) 6:00 Movie Night (LGE)
4 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Bird Day Trivia (LGE) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:00 Entertainment- Bill Hay (TS) 4:00 Go for Life Walk Club (LGE) 4:30 Word Games - May Hangman (LGE) 6:00 Movie Night (LGE)	**5** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Tennis (LGE) 2:00 Artist Hour (DR) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Matteo & Auggie on Saxophone (TS) 3:00 Cinco De Mayo- Horchata Social (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Cinco De Mayo (LGE)	**6** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:00 Vendor- EZ Fit Shoes (TS) 11:30 Outing- Mandarin Restaurant (TS) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Berry Smoothies (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**7** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 National Tourism Day - Travel Stories Discussion (LGE) 11:00 Vendor- Ruth's Decorative Plates (TS) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Holy Mass (Catholic) (T) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 NYT Word Games (LGE)	**8** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Derrick's Sing a Long (WB) 3:00 Lifemark- Movement Matters (LGE) 3:30 LLL - Rhubarb & Strawberry Pie (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**9** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 10:30 Animal Therapy- Bunnies In a Basket (CK) 10:45 Craft Corner - Floral Wreaths (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Claudio Santaluce served with Tiramisu (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**10** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games (LGE) 3:00 Magazine Scavenger Hunt (LGE) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 6:00 Movie Night (LGE)
11 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling - Mother's Day (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Mother's Day Short Stories (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:00 Piano with Lukas (LGE) 3:30 Word Games - Mother Themed (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night (LGE)	**12** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Volleyball (LGE) 2:00 Artist Hour (DR) 3:00 Entertainment- Matteo & Auggie on Saxophone (TS) 3:00 Cards - UNO (LGE) 4:00 Go for Life Walk Club (TS) 4:30 What's in the Bag? (LGE)	**13** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Strawberry & Banana Smoothies (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**14** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Fit Minds Cards (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:00 Toss & Talk Ball (LGE)	**15** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Derrick's Sing a Long (WB) 3:00 Lifemark- Movement Matters (LGE) 3:30 LLL - Rhubarb Benefits & Trivia (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**16** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - (LGE) 11:00 Vendor- Mary Kay Cosmetics (TS) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Vivianna served with Mimosas (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Endangered Species Trivia (LGE)	**17** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:15 Bingo (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Cards - UNO (LGE) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 Word Games - Crossword Puzzle (LGE) 6:00 Movie Night (LGE)

May 2025 - Assisted

Evergreen Retirement Community

Verve INSPIRED SENIOR LIVING

EVERGREEN RETIREMENT COMMUNITY

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Victoria Day Trivia & History (LGE) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:00 Piano with Lukas (LGE) 4:00 Go for Life Walk Club (LGE) 4:00 Word Games - Finish the Phrase (LGE) 6:00 Movie Night (LGE)	**19** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 1:00 Group Basketball (LGE) 2:00 Artist Hour - PSW Appreciation Cards (DR) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Matteo & Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Royal Figures (LGE)	**20** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:00 Outing- Mohawk Casino (TS) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Chef Karen's Demo- Portugese Custard Tarts (CK) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Fruit Punch (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**21** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Luminosity Brain Games (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Alphabet Challenge (LGE)	**22** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 11:00 Vendor- Anish's Fashion Traditions (TS) 1:30 Bingo (LGE) 2:00 Derrick's Sing a Long (WB) 3:00 Lifemark- Movement Matters (LGE) 3:30 820 Residents Meeting (T) 3:30 LLL - Roasted Rhubarb Salad (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 7:00 Entertainment- JT Choir Band (TS)	**23** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - China (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Ron Russell served with Watermelon & Mint Smoothies (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**24** 9:30 Go for Life Walk (TS) 10:00 Alzheimer's Walk (TS) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games - Categories Game (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion - Spring (LGE) 6:00 Movie Night (LGE)
25 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Sing a Long (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 3:00 Piano with Lukas (LGE) 3:00 Coffee Social and Horoscopes - Gemini Facts (LGE) 4:00 Go for Life Walk Club (LGE) 4:00 Scattergories (LGE) 6:00 Movie Night (LGE)	**26** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Tennis (LGE) 2:00 Artist Hour (DR) 2:00 Afternoon (Iced) Tea Social (WB) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Matteo & Auggie on Saxophone (TS) 3:00 Blueberry Cheesecake Social (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Emerald Gemstone (May's Birthstone) (LGE)	**27** 9:30 Go for Life Walk (TS) 9:30 Outing- Royal Botanical Gardens (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Sip Social- Mango Lassi's (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**28** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Fit Minds Cards (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Jokes and Riddles (LGE)	**29** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Health & Fitness Day - Group Obstacle Course (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Derrick's Sing a Long (WB) 3:00 Lifemark- Movement Matters (LGE) 3:30 LLL - Rhubarb Cake Social (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**30** 9:00 Sense of Hearing Clinic (CK) 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Australia (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Zack Erickson served with Mint Julep Cocktails (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**31** 9:30 Go for Life Walk (TS) 10:30 Pet Therapy with Ruby (TS) 11:00 Artfull Enrichment (LGE) 11:00 Vendor- Blue Bird Hand Art (TS) 1:00 National Smile Day- Compliment Bingo (TS) 1:15 Bingo (LGE) 2:00 Wine & Cheese Social (WB) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk Club (TS) 4:30 Word Games - Categories Grid (LGE) 6:00 Movie Night (LGE)

Be Heard

Locations Legend

Lounge (LGE)
Town Square (TS)
Craft Kitchen (CK)
Movement Studio (MVS)
Dining Room (DR)
Window Bar (WB)
Games Room (GR)
Theatre (T)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program