Lunch

Week 4	Monday May 19	Tuesday May 20	Wednesday May 21	Thursday May 22	Friday May 23	Saturday May 24	Sunday May 25
Soup	*Tomato Basil Soup	Creamy Chicken Macaroni Soup	Crab and Corn Egg Drop Soup	Turkey Vegetable	* Cream of Cauliflower	Asian Beef Noodle Soup	Carrot and Ginger
Entrée 1	Grilled Rueben Sandwich	Avocado Toast with a Crab Salad & Pea Shoots	Canadian Club Sandwich on Panini Bread	Tuna Salad Sandwich on White Bread	*Turkey BLT Basil Romaine Bowl	Scrambled Egg with Bacon & Brown Toast	Smoked Salmon Croissant with Chive Cream Cheese
side	Cucumber Dill Salad	Mixed Green Salad	Spinach & Mandarin Salad	Greek Salad	Dinner Roll	Watermelon Slices	Potato Chips
Entrée 2	Italian Sausage with Farfalle Pasta Salad	Roasted Vegetable & Feta Quiche	Wieners with Baked Beans and Cheddar Cheese	BBQ Roast Beef Sandwich with Caramelized Onion & Cheddar on Bun	Perogies with Bacon, Sauteed Onions, & Sour Cream	French Toast with Marinated Berries & Breakfast Sausage	Steak House Burger with HP Sauce & Sauteed Onions
Side	Dinner Roll	Mixed Green Salad	Spinach & Mandarin Salad	Greek Salad	Caesar Salad	Watermelon Slices	Potato Chips
Dessert	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection	Chef's Assorted Selection
DINNER							
Appetizer	Spinach and Cheese Dip with Nachos	Smoked Salmon Pinwheel with Cream Cheese & Spinach	Carrot Pineapple Raisin Salad	Mixed Green Salad with Strawberry & Goat Cheese	Vegetable Egg Rolls with Plum Sauce	Hummus with Toasted Pita Bread	Crispy Cauliflower Bites with Curry Aioli
Entrée 1	Shrimp & Vegetable Stir Fry	Spaghetti and Meatballs with Marinara Sauce	Catch of the Day with Gremolata Butter Sauce	Pork Piccata with Lemon Caper Butter Sauce	Curried Lamb Stew	Maple Orange Glazed Chicken Breast	Veal Parmesan
Side	Basmati Rice	Garlic Bread & Tossed Salad	Mashed Potato	Wild Rice	Roasted Mini Potato	Baked Potato	Roasted Garlic Mashed Potato
Entrée 2	Butter Chicken Naan Bread	Pork Tenderloin with Peach Mango Chutney	Bavette Steak with Roasemary au Jus	Honey Lime Chicken Thigh	Baked Salmon Loin with Dill Hollandaise Sauce	Slow Roasted Pork Loin with Hunter Sauce	Turkey and Sundried Tomato Sausage with Mixed Pepper Tomato Sauce
Side	Basmati Rice	Lyonnaise Potatoes	Mashed Potato	Wild Rice	Roasted Mini Potato	Baked Potato	Roasted Garlic Mashed Potato
Vegetable		Baby Carrots	French Green Beans	Roasted Mixed Peppers	Sugar Snap Peas	Zucchini	Cauliflower
Vegetable	Stir Fry Vegetables	Brussels Sprouts	Buttered Corn	* Broccoli	Roasted Beets	Baked Squash	Roasted Diced Carrots
Dessert	Apple Cobbler with Scoop of Vanilla Ice Cream	Homemade Banana Bread Pudding	English Trifle	Assorted Cakes	Espresso Ice Cream	Red Velvet Cake	Assorted Tarts

* Menu item contains a Superfood.

Choose Superfoods more often for optimal health

Living Loving Local - Rhubarb

Breakfast - Daily menu choices - Eggs Various preparations, Cereal, Fresh Fruit, Yogurt, Granola, Juice, Milk, Coffee and Tea