



INSPIRED
SENIOR LIVING

May 2025

Assisted Living

Hazelton Place Retirement Residence



INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Mental Health Awareness Month	 MONDAY MAY 5 Cinco De Mayo					
10:45 Hand Massage (2ND) 4 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 5 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 3:00 A Story Reading by Sondra (AS) 3:00 Cinco De Mayo Celebration. (LL) 4:00 Games and Trivia (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Story Telling (2ND) 6 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:30 Seated Ballet with Harlan (MT) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 KARAOKE with Harlan (MT)	10:00 Individual Visits (2ND) 7 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Residents' Food Meeting (MT) 11:00 Outing to the High Park. (Out) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 8 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 7:00 Bingo with Abtin (AS)	10:00 Individual Visits (SUI) 9 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 5:00 Hazelton Disco (MR) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 10 11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:00 Classical Concert with Ryan (LL) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)
10:45 Hand Massage (2ND) 11 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 1:00 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 2:45 Hymn Singing (2ND) 3:00 Tea Time (2ND) 3:00 Mother's Day Celebration with Jordan Klapman (LL) 4:00 Artful Enrichment- Creative Watercolors (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:30 Guided Meditation (2ND) 12 11:00 Sit and Stretch (2ND) 11:30 Balloon Games (2ND) 12:00 Pet Therapy (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 2:30 Drumfit (2ND) 3:00 Tea Time (2ND) 4:00 Games and Trivia (2ND) 4:15 Christie Cheung Classical Concert (LL) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Story Telling (2ND) 13 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:30 Pass the Ball Game (2ND) 2:00 Sing Fit (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 4:30 Seated Ballet with Harlan (MT) 6:00 Movie Night- Residents' Choice Movie (2ND) 6:00 KARAOKE with Harlan (MT)	10:00 Individual Visits (2ND) 14 10:30 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Outing to the Black Creek Village. (Out) 11:30 Balloon Games (2ND) 11:30 Morning Sing Along (MT) 1:30 Go For Life Walking Club (2ND) 2:00 Java Music Club (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:00 Communion Service with Paige Souter. (STG) 3:30 Artful Enrichment - Mindful Colouring (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:00 Individual Visits (2ND) 15 10:30 Brain Gym (2ND) 10:45 Hand Massage (2ND) 11:00 Sit and Stretch (2ND) 11:00 Appointments' Pick-up and Drop-off Shuttle Service 10:30AM-4PM. (SU) 11:30 Pass the Ball Game (2ND) 1:00 Go4Life Walking Club (2ND) 2:00 MOMA - Art Session (AS) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Fit Minds (2ND) 4:00 Bingo (2ND) 6:00 Movie Night- Residents' Choice Movie (2ND) 7:00 Bridge with David (BR) 7:00 Bingo with Abtin (AS)	10:00 Individual Visits (SUI) 16 11:00 Sit and Stretch (2ND) 2:00 Sing-Fit (2ND) 2:00 One on One Exercise with Kaushal. (2ND) 2:30 Movie Matinee- Resident's Choice TV Program (2ND) 3:00 Tea Time (2ND) 3:30 Artful Enrichment- Mindful Coloring (2ND) 4:00 Chair Zumba (2ND) 5:00 Hazelton Disco (MR) 6:00 Movie Night- Residents' Choice Movie (2ND)	10:45 Hand Massage (2ND) 17 11:00 Sit and Stretch (2ND) 11:30 Brain Gym (2ND) 1:30 Go4Life Walking Club (2ND) 2:30 Movie Matinee- Resident's Choice Movie (2ND) 3:00 Tea Time (2ND) 3:30 Bingo (2ND) 4:00 Happy Hour (AB) 6:00 Movie Night- Residents' Choice Movie (2ND)



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MONDAY

MAY

19

Victoria Day



Locations Legend

2nd Floor (2ND)
Movie Theatre (MT)
111 Art Studio (AS)
Lower Lobby (LL)
Sign-up (SU)
Bedford Bridge Lounge (BR)

Suites (SUI)
Meeting Room (MR)
Annex Bar (AB)
Outside (Out)
St. George Lounge (STG)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program