



INSPIRED
SENIOR LIVING

May 2025

Port Credit Retirement Residence



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 MONDAY MAY 5 Cinco De Mayo	 SUNDAY MAY 11 Mother's Day			What's in a Word? Delivery! 1 8:30 Fitness with San (G) 9:30 Fitness with San (G) 9:30 Go 4 Life Walk (FD) 9:30 Great Art Explained: Salvador Dali (T) 10:30 Food Feedback Chat! (10) 1:30 Shopping at Shopper's Drug Mart and Dollarama *Two Shuttles* (OUTI) 2:00 Scrabble Afternoon (B) 2:00 Squeegie Art (10) 3:00 Afternoon Tea Time (L) 3:30 Great Art Cities Explained: Florence (T) 4:00 Cocktail Hour (L) 6:00 Cocktails and Art: Frida Mezcahlo (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: Le Divorce (T)	9:00 Pump It Up Exercise Class (G) 2 9:15 Fit Minds - Stay Sharp (MR) 9:30 Great Art Explained: Michelangelo's David (T) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 11:00 Movement Matters Exercise Class (G) 1:30 Outing: Kariya Park (OUTI) 2:00 Meet Me at the MOMA Lecture: Alex Colville (10) 3:00 Afternoon Tea Time (L) 3:30 Music Appreciation Afternoon (T) 4:30 Living, Loving, Local Dinner (D) 6:00 Cocktails and Art: One Bad Apple (L) 7:00 Bingo *Bring \$1.00* (10) 7:00 Evening Movie: Hook (T)	9:30 Great Art Explained: Mona Lisa (T) 3 9:30 Craft: Paint Your Own Maraca *Drop in Until 11:30* (MR) 10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:30 Hangman (T) 1:30 RR Painting: Rhubarb (MR) 2:00 Kentucky Derby Games! (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour ft \$4 Watermelon Agua Fresca (L) 7:00 Evening Movie: The Homesman (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 4 10:30 Games Morning: Quiddler and More! (B) 11:00 Vendor: Monika's Signature Collection (L) 2:00 Classic Movie Sundays: The Malta Story (T) 2:00 Flash Card Bingo with Gail and Family (10) 3:00 Afternoon Tea Time (L) 7:00 Evening Concert: André Rieu - Dancing Through the Skies (T)	9:00 Movement Matters Exercise Class (G) 5 10:00 Falls Prevention Exercise (G) 10:00 Book Club Discussion (T) 10:30 Java Singalong (10) 11:00 Pump It Up Exercise Class (G) 1:00 Celebrate Cinco De Mayo with Entertainment by Mariachi Fuego (10) 2:00 Resident Run Bridge (10) 2:00 Margarita's and Nacho Bar Social *Margarita's by donation for the Alzheimer's Walk* (L) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 3:30 Artfull Talks: Mexican Art (10) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Frida (T)	8:30 Fitness with San (G) 6 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Cycling Without Age Program Launch with Kevin! (T) 10:00 Digital Concert: Beethoven: String Quartet No. 15 (T) 1:30 Documentary: Tricky Dick and the Man In Black (10) 2:00 An Afternoon of Reminiscing with Justine *Motherhood Memories* (T) 3:00 Afternoon Tea Time (L) 3:00 Texas Hold'Em Poker * Bring \$2.00* *Time Change* (MR) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: Madam President (T)	Mobile Hearing Clinic * Sign-up at Front Desk* (MR) 7 9:30 Knitting Nook (10) 9:30 Go 4 Life Walk (FD) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 Flower Arranging *Sign Up* (B) 10:30 Aqua Fit with Alison (AC) 10:30 Drumfit (10) 2:00 National Geographics Wildlife Photography Presentation (T) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 6:30 Build Your Own Cocktail: Rhubarb (B) 7:00 Evening Movie: The Rainmaker (T)	What's in a Word? Delivery! 8 8:30 Fitness with San (G) 9:30 Fitness with San (G) 9:30 Shopping at Walmart (OUTI) 10:30 Food Feedback Chat! (10) 2:00 All Resident Meeting (10) 3:00 Afternoon Tea Time (L) 3:30 Documentary: Francis - The People's Pope (T) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: The Great Gatsby (T)	9:00 Pump It Up Exercise Class (G) 9 9:15 Fit Minds - Stay Sharp (MR) 9:30 Outing: Brueckner Rhododendron Gardens (OUTI) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 11:00 Movement Matters Exercise Class (G) 2:00 Armchair Travel: Wales (10) 3:00 Afternoon Tea Time (L) 3:30 Tech Time (B) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10) 7:00 Evening Movie: The Queen (T)	9:30 Craft: Egg Carton Flowers *Drop In Until 11:30* (MR) 10 10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:00 Muffins and "Mom-osas" (L) 1:30 RR Painting: West Coast Forest (MR) 2:00 Mother's Day Wine & Chocolate Tasting - *Sign Up at Reception, Ladies Only* (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour ft \$4 Cucumber Gin Fizz (L) 7:00 Evening Movie: The Importance of Being Ernest (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 11 11:00 Mother's Day Brunch *Make Reservations at Reception!* 12:00 Vendor: Garden Glass Whimsies (L) 2:00 Classic Movie Sundays: A Song Is Born (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: Love Is In The Air (T)	Reflexology with Judy 12 9:00 Movement Matters Exercise Class (G) 10:00 Falls Prevention Exercise (G) 10:00 Exploring Ted Talks (T) 10:30 Help Make Volunteer Appreciation Cards (MR) 11:00 Pump It Up Exercise Class (G) 2:00 Resident Run Bridge (10) 2:00 Musical Bingo: American Classic *Prizes to be won!* (10) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 3:30 TV Series: 1883 Episode 1 (T) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Riverfront Romance (T)	8:30 Fitness with San (G) 13 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Digital Concert: Quatuor Girard (T) 10:30 Java Singalong (10) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 2:00 Tombola Bingo *Prizes to be Won!* (10) 3:00 Afternoon Tea Time (L) 3:30 Prize BINGO (10) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: The Aeronauts (T)	9:30 Knitting Nook (10) 14 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 Learn About Reflexology with Judy (T) 10:30 Aqua Fit with Alison (AC) 10:30 Drumfit (10) 11:30 Shopping at Cloverdale Mall (OUTI) 2:00 Anglican Church Service (T) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 7:00 Wine & Paint Night: The Night Sky (10) 7:00 Evening Movie: Sweet Home Alabama (T)	What's in a Word? Delivery! 15 8:30 Fitness with San (G) 9:30 Fitness with San (G) 9:30 Go 4 Life Walk (FD) 10:30 Food Feedback Chat! (10) 11:00 Cathy's Scarfs, Gifts and Jewelry (L) 2:00 Scrabble Afternoon (B) 2:00 Great Minds Think Alike Word Game (10) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 6:00 Lime Rickeys Social (B) 7:00 Night Bridge Game (10) 7:00 Guest Speaker Lianne Harris presents "She Wolves of the Throne: Queens Who Ruled" (10)	National Pizza Party Day! 16 9:00 Pump It Up Exercise Class (G) 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 11:30 Lunch Out at Pizzeria 4 Stelle (OUTI) 2:00 Dr. Gordon Bannerman presents Chimney Sweeps and Empire: Britain and the Industrial Revolution (10) 3:00 Afternoon Tea Time (L) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10) 7:00 Evening Movie: Dumplin (T)	9:30 Craft: Oragami *Drop in Until 11:30* (MR) 17 10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:30 Hangman (T) 1:30 RR Painting: Orange Tree (MR) 2:00 May Trivia Challenge (10) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour ft. \$4 Mint Juleps (L) 7:00 Evening Movie: You're Cordially Invited (T)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:15 Eucharist Service by St. Mary Star of the Sea (T) 18 10:30 Games Morning: Quiddler and More! (B) 2:00 Classic Movie Sundays: Kiss Me, Stupid (T) 2:00 Royal Trivia Challenge (B) 3:00 Afternoon Tea Time (L) 3:30 British Chip Tasting! (B) 7:00 Evening Movie: Primal Fear (T)	9:00 Fitness Cancelled Due To Holiday! (G) 19 2:00 Resident Run Bridge (10) 2:00 Documentary: Being The Queen (T) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 3:30 TV Series: 1883 Episode 2 (T) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Home Team (T)	Cycling Without Age Rides (L) 20 8:30 Fitness with San (G) 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Digital Concert: Culver City Symphony - Piano (T) 10:30 Java Singalong (10) 1:30 Documentary: Pets (T) 2:00 Texas Hold'Em Poker * Bring \$2.00* (MR) 3:00 Afternoon Tea Time (L) 3:30 Prize BINGO (10) 7:00 Mexican Train Dominos (10) 7:00 Evening Movie: Moving On (T)	International Tea Day! 21 9:30 Knitting Nook (10) 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 Tea and Crumpets Social! (B) 10:30 Aqua Fit with Alison (AC) 10:30 Drumfit (10) 11:00 Roman Catholic Mass (T) 2:00 Ed Smith Performs *Marketing Event* (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 6:00 Arnold Palmers at the Bar! (L) 7:00 Evening Digital Concert: John Denver (T)	What's in a Word? Delivery! 22 8:30 Fitness with San (G) 9:30 Fitness with San (G) 9:30 Go 4 Life Walk (FD) 10:00 Outing: Shopping at Sheridan Nursery (OUTI) 10:30 Food Feedback Chat! (10) 1:00 Toronto Blue Jays vs. San Diego Padres on the Big Screen! Snacks and Beer served! (T) 2:00 Scrabble Afternoon (B) 2:00 Meet Me at the MOMA Lecture: Faith Ringgold (10) 3:00 Afternoon Tea Time (L) 4:00 May Birthday Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: The Heartbreak Kid (T)	9:00 Pump It Up Exercise Class (G) 23 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Walk for Alzheimer's *Meet in the Lobby* (OUTI) 11:00 Movement Matters Exercise Class (G) 2:00 Plant Your Own Balcony Tomato Plant * Sign-up* (B) 3:00 Afternoon Tea Time (L) 3:30 Tech Time (B) 3:30 Music Appreciation Afternoon (T) 7:00 Bingo *Bring \$1.00* (10) 7:00 Evening Movie: Three Men and a Baby (T)	9:30 Craft: Mason Jar Suncatcher *Drop in Until 11:30* (MR) 24 10:00 Smoothie Social (L) 10:00 Seated Yoga with Margaret *Room Change* (G) 10:30 Hangman (T) 1:30 RR Painting: Abstract Garden (MR) 2:00 Plant Your Own Mini Balcony Flower Pot *Sign Up* (B) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour ft. \$4 Cherry Blossoms (L) 7:00 Evening Movie: The Last King of Scotland (T)
10:15 Eucharist Service by St. Mary Star of the Sea (T) 25 10:30 Games Morning: Quiddler and More! (B) 2:00 Entertainment by Vocalist Siobhan Duffy (10) 2:00 Classic Movie Sundays: Hans Christian Anderson (T) 3:00 Afternoon Tea Time (L) 7:00 Evening Movie: It Had To Be You (T)	9:00 Movement Matters Exercise Class (G) 26 10:00 Falls Prevention Exercise (G) 10:00 Listen and Learn: Podcasts (T) 10:30 Help Make Volunteer Appreciation Gifts (MR) 11:00 Pump It Up Exercise Class (G) 2:00 Resident Run Bridge (10) 2:00 Learn to Play Rummikub with Justine (B) 3:00 Afternoon Tea Time (L) 3:00 Rummikub (B) 3:30 TV Series: 1883 Episode 3 (T) 6:30 Elliot the Dog Visits! (L) 7:00 Evening Movie: Solitary Man (T)	8:30 Fitness with San (G) 27 9:30 Fitness with San (G) 10:00 Cribbage (B) 10:00 Digital Concert: Culver City Symphony - Violin (T) 10:30 Food Committee Meeting (MR) 10:30 Java Singalong (10) 2:00 Musical Entertainment by Dallas: Opera and Musical Theatre Hits (10) 3:00 Afternoon Tea Time (L) 3:30 Prize BINGO (10) 3:00 Mexican Train Dominos (10) 7:00 Evening Movie: My Secret Billionaire (T)	9:30 Knitting Nook (10) 28 10:00 Dog Visits with Nona the Golden Retriever (L) 10:00 Documentary: Prince William - We Can End Homelessness (T) 10:30 Aqua Fit with Alison (AC) 10:30 Drumfit (10) 11:30 Vendor: Mary Kay (L) 2:00 Texas Hold'Em * Bring \$2.00* (MR) 2:00 Seated Beach Volleyball (10) 3:00 Afternoon Tea Time (L) 3:30 Quiddler Card/Word Game (B) 7:00 Evening Movie: Alone Together (T)	COVID Vaccine Booster Clinic 29 What's in a Word? Delivery! 8:30 Fitness with San (G) 9:30 Fitness with San (G) 9:30 Go 4 Life Walk (FD) 10:30 Food Feedback Chat! (10) 2:00 Scrabble Afternoon (B) 2:00 Richard Jordan presents Erindale (10) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour (L) 7:00 Night Bridge Game (10) 7:00 Evening Movie: Miss Sloane (T)	9:00 Pump It Up Exercise Class (G) 30 9:15 Fit Minds - Stay Sharp (MR) 10:00 Falls Prevention Exercise (G) 10:30 Fit Minds - Stay Sharp (MR) 10:30 Go 4 Life Walk (FD) 11:00 Movement Matters Exercise Class (G) 2:00 Swing Into the 60's with Entertainment by Briar (10) 3:00 Afternoon Tea Time (L) 3:30 60's Inspired Musical Bingo! (T) 7:00 Bingo *Bring \$1.00* (10) 7:00 Evening Movie: Three Men and a Little Lady (T)	9:30 Craft: Bird House Painting *Drop in Until 11:30* (MR) 31 10:00 Seated Yoga with Margaret (10) 10:00 Smoothie Social (L) 10:30 Hangman (T) 1:30 RR Painting: Water Lily (MR) 2:00 Documentary: Sea Lions of the Galapagos (T) 3:00 Rummikub (B) 3:00 Afternoon Tea Time (L) 4:00 Cocktail Hour *Cancelled* (L) 7:00 Evening Movie: The Shipping News (T)



FRIDAY
MAY
16

National Pizza
Party Day



MONDAY
MAY
19

Victoria Day

Locations Legend

Theatre (T)
Pier 10 (10)
Lobby (L)
Gym (G)
Bistro (B)

Meeting Room (MR)
Outing (OUTI)
Front Desk (FD)
Aquatic Center (AC)
Dining Room (D)

Calendar Legend

Outing
Special Program
Cruise Week
Living, Loving, Local
Signature Program