





INSPIRED SENIOR LIVING

May 2025

Independent & Assisted Living Calendar

HOLLAND GARDENS RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>SUNDAY MAY 11</p> <p>Mother's Day</p>	 <p>Mental Health Awareness Month</p>					
<p>8:45 Non-Denominational Church Service (T) 4</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:00 Catholic Church Service with Deacon David (T)</p> <p>2:30 Tea Time With Sonia! *RSVP* (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Cinco De Mayo! Wear Red, White & Green! (ML) 5</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Mariachi Entertainment: Los Gallos (CK)</p> <p>3:00 Nacho & Margarita Cocktail Hour (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 6</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 Artful Enrichment Virtual Workshop: Peonies & Poem *RSVP* (T)</p> <p>3:15 Java Music Club! (3FL)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>*Special Living,Loving,Local Dinner Tonight! * (DR) 7</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Vin Bon Wine Bottling & Tasting (RSVP)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 The Friendly Debate! (T)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 1</p> <p>10:00 Bradford Green House Outing *Bradford Location* (RSVP)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>1:30 Artful Enrichment Program: Make Your Own Facinator! *RSVP* (CK)</p> <p>3:00 New Resident Welcome Cocktail Hour With Shelley! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Wear Your Facinators or Kentucky Derby Hats! (AF) 2</p> <p>9:45 Assited Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Kentucky Derby Race! 50 Cents A Bet! (CK)</p> <p>3:00 Cocktail Hour and Kentucky Derby Bets! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 3</p> <p>Bring Your Art Pieces Down To Reception For Elise To Display! (T)</p> <p>10:00 Morning Story Share (T)</p> <p>11:00 Morning Exercise Class (3FL)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Afternoon Art Gallery With Elise (PB)</p> <p>6:00 Kentucky Derby (T)</p>
<p>8:45 Non-Denominational Church Service (T) 4</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:00 Catholic Church Service with Deacon David (T)</p> <p>2:30 Tea Time With Sonia! *RSVP* (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Cinco De Mayo! Wear Red, White & Green! (ML) 5</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Mariachi Entertainment: Los Gallos (CK)</p> <p>3:00 Nacho & Margarita Cocktail Hour (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 6</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 Artful Enrichment Virtual Workshop: Peonies & Poem *RSVP* (T)</p> <p>3:15 Java Music Club! (3FL)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>*Special Living,Loving,Local Dinner Tonight! * (DR) 7</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Vin Bon Wine Bottling & Tasting (RSVP)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 The Friendly Debate! (T)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Ladies Breakfast Today! (DR) 8</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>2:00 Tena Product Information Seminar (T)</p> <p>3:00 Mother's Day Fresh Flower Arrangements *RSVP* (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assited Living Exercise Class (3FL) 9</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Cocktail Hour & Joker Poker! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 10</p> <p>10:00 Morning Story Share (T)</p> <p>11:00 Morning Exercise Class (3FL)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Sing A Long With Elise! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>
<p>Happy Mother's Day! (ML) 11</p> <p>Special Mother's Day Brunch! *Guests RSVP At Reception* (DR)</p> <p>8:45 Non-Denominational Church Service (T)</p> <p>10:00 Italian Biscotti Social With Julianna (PB)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:15 Kid Crooner Entertainment (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise Class (3FL) 12</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Java Music Club! (3FL)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Vendor: Maria's Jewlery (ML) 13</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>11:00 Captain George's Fish & Chips Lunch Outing *Group 1* (RSVP)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 The Goldenairs Choir Performance (CK)</p> <p>3:30 Ladder Toss Competiton! (T)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 14</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>1:30 Crafters Corner: Floral Art *RSVP* (CK)</p> <p>3:00 Spring Nail Polish Change! *RSVP* (CK)</p> <p>4:30 Chef's Private Dinner *RSVP* (PDR)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>9:45 Assisted Living Exercise (3FL) 15</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>1:30 Artful Enrichment Program! (CK)</p> <p>3:00 Living,Loving,Local: Strawberry Rubarb Pie Social! *RSVP* (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>National Mimosa Day! *Wear Yellow, Orange or White* (PB) 16</p> <p>9:45 Assited Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Mimosa Cocktail Hour & Joker Poker! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>Puzzles & Colouring Pages Available in Mailroom (ML) 17</p> <p>10:00 Morning Story Share (T)</p> <p>11:00 Morning Exercise Class (3FL)</p> <p>12:30 Newmarket Stage Company: Boeing Boeing Live Theatre Show (RSVP)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Sing A Long With Elise! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>



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RETIREMENT RESIDENCE

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>18</p> <p>8:45 Non-Denominational Church Service (T)</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:00 The Queens Tea! *RSVP* (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>19</p> <p>Happy Victoria Day! Dress Like Royalty! (ML)</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:15 Entertainment With John Kim (CK)</p> <p>3:15 Java Music Club! (3FL)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>20</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>11:00 Rosary With Father John (T)</p> <p>1:00 Pass The Ace (PB)</p> <p>1:30 Crafters Corner: Dried Flower Art *RSVP* (CK)</p> <p>3:00 Personalized Pizza Making *RSVP* (CK)</p> <p>4:30 Personalized Pizza Night Party *RSVP* (CK)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>21</p> <p>Bake Sale Today! Proceeds Go To The Alzheimer's Walk (ML)</p> <p>10:00am Wendy's Spring Floral Vendor (ML)</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Resident Forum With All Department Managers (CK)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>22</p> <p>Men's Breakfast Today! (DR)</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Upper Canada Mall Shopping Outing (RSVP)</p> <p>11:00 Alzheimer's Walk With Staff & Residents *Meet In The Lobby* (PLP)</p> <p>2:00 Ballroom Dancing Class With Derek (CK)</p> <p>3:00 Spring Nail Polish Change! *RSVP* (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>23</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Group 1 -Morning Spa For The Ladies! *Hair & Nails Done By Holy Trinity Students* RSVP (CK)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Cocktail Hour & Joker Poker! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>24</p> <p>Puzzles & Colouring Pages Available in Mailroom (ML)</p> <p>10:00 Morning Story Share (T)</p> <p>11:00 Morning Exercise Class (3FL)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Sing A Long With Elise! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>
<p>25</p> <p>8:45 Non-Denominational Church Service (T)</p> <p>10:00 Crosswords Available At Reception (ML)</p> <p>1:00 Fit Minds Stay Sharp (CK)</p> <p>2:00 May Birthday Tea Celebration *RSVP* (CK)</p> <p>6:00 Card Game Night: Bridge (GR)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>26</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:00 Lianne Harris Guest Speaker: She Wolves of the Throne: Queens Who Ruled (T)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>27</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Chair Yoga (CK)</p> <p>11:00 Captain George's Fish & Chips Lunch Outing *Group 2* (RSVP)</p> <p>1:00 Pass The Ace (PB)</p> <p>2:00 Artful Enrichment Live Workshop: Cactus Oasis *RSVP* (T)</p> <p>3:00 The Price Is Right! *Everything Spring* (CK)</p> <p>6:45 Card Game Night (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>28</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>11:00 Georgian Downs Casino Outing (RSVP)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Ladder Toss Competition! (T)</p> <p>3:15 Java Music Club! (3FL)</p> <p>3:30 Book Club With Shelley! (CK)</p> <p>6:30 Euchre and Pepper Bid Euchre Night (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>29</p> <p>Casual Day! (ML)</p> <p>9:45 Assisted Living Exercise (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Drum Fit Exercise Class (CK)</p> <p>11:00 BINGO IN SUTTON! (RSVP)</p> <p>2:00 Spring Fling Dance With Just The Two Of Us (CK)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>30</p> <p>9:45 Assisted Living Exercise Class (3FL)</p> <p>10:00 Jeopardy! (T)</p> <p>11:00 Strength and Endurance Exercise Class (CK)</p> <p>1:00 GO 4 Life Walking Club (ML)</p> <p>2:00 Horse Races! 50 Cents A Bet! (CK)</p> <p>3:00 Cocktail Hour and Friendly Feud! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>	<p>31</p> <p>Puzzles & Colouring Pages Available in Mailroom (ML)</p> <p>9:00 Bradford Farmers Market Outing *RSVP* (RSVP)</p> <p>2:00 Loonie Bingo (CK)</p> <p>3:15 Sing A Long With Elise! (PB)</p> <p>7:00 Resident Movie Pick (T)</p>



Locations Legend

Theater (T)	Games Room (GR)
Country Kitchen (CK)	Dining Room (DR)
3rd Floor Lounge (3FL)	All Floors (AF)
Main Lobby (ML)	Private Dining Room (PDR)
Pub/Bistro (PB)	Parking Lot Patio (PLP)
Outing (RSVP)	

Calendar Legend

Outing	Theme Day
Special Program	Cruise Week
Vendor	Living, Loving, Local
Holidays	Signature Program
New Program	Active Week
Sign up Required	