





INSPIRED SENIOR LIVING

# May 2025

## Memory Care Households

**HOLLAND GARDENS**  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>SUNDAY</b> <b>MAY 11</b> <b>Mother's Day</b></p>	 <p><b>Mental Health Awareness Month</b></p>					
<p><b>10:00 Virtual Church Service (2LR) 4</b></p> <p><b>10:30 Reading Circle &amp; Tea Time (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>3:00 Short Stories and Poems (2LR)</b></p> <p><b>6:30 Card Game Night (2MP)</b></p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 5</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 BINGO! (2K)</b></p> <p><b>1:30 Manicure Monday! (2LR)</b></p> <p><b>2:30 Tea Time &amp; Trivia! (2K)</b></p> <p><b>3:30 Horse Races! (2K)</b></p> <p><b>6:30 Music &amp; Therapeutic Colouring (2MP)</b></p>	<p><b>10:00 Music and Movement (2MP) 6</b></p> <p><b>10:30 Nature Bingo! (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>11:00 Spring Scenic Drives (RSVP)</b></p> <p><b>1:30 Crafters Corner! Flower Arrangements! (2MP)</b></p> <p><b>2:30 Spring Tea Party! (2K)</b></p> <p><b>3:30 GIANT BOWLING! (2LR)</b></p> <p><b>6:30 Movie Night &amp; Popcorn! (2LR)</b></p> <p><b>7:00 Hallway Strolls (2FH)</b></p>	<p><b>10:00 Morning Yoga and Stretch Exercise (2MP) 7</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 Number Bingo! (2K)</b></p> <p><b>1:30 Science Fun With Friends! (2K)</b></p> <p><b>2:30 Fresh Fruit &amp; Fit Minds! (2K)</b></p> <p><b>3:30 Sing A Long Afternoon (2K)</b></p> <p><b>6:00 Evening Snack Social &amp; Trivia (2MP)</b></p> <p><b>7:00 Bingo Night With MC Nursing Team! (2MP)</b></p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 8</b></p> <p><b>10:30 Musical Instrument Bingo! (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>1:30 The Busy Bakers! (2K)</b></p> <p><b>2:30 Fancy High Tea Party! (2K)</b></p> <p><b>3:30 Java Music Club (2LR)</b></p> <p><b>7:00 Colour By Numbers (2K)</b></p>	<p><b>10:00 Drum Fit Exercise Class (2DR) 9</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 School Days Bingo! (2K)</b></p> <p><b>1:30 Artful Enrichment Program (2DR)</b></p> <p><b>2:30 Munchies &amp; Mocktails! (2FP)</b></p> <p><b>3:00 Music Club! (2K)</b></p> <p><b>6:30 Movie Night &amp; Popcorn! (2LR)</b></p>	<p><b>10:30 Refresh &amp; Hydrate (2DR) 10</b></p> <p><b>11:00 Bingo Bash! (2MP)</b></p> <p><b>1:15 Fill In The Blanks..... (2MP)</b></p> <p><b>3:00 Movie Popcorn Matinee (2LR)</b></p> <p><b>6:30 Reminiscing Group (2LR)</b></p>
<p><b>9:00 Music &amp; Therapeutic Colouring (2MP) 11</b></p> <p><b>10:00 Virtual Church Service (2LR)</b></p> <p><b>10:30 Reading Circle &amp; Tea Time (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>1:30 Kid Crooner Entertainment (CK)</b></p> <p><b>3:00 Short Stories and Poems (2LR)</b></p> <p><b>6:30 Card Game Night (2MP)</b></p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 12</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 BINGO! (2K)</b></p> <p><b>1:30 Manicure Monday! (2LR)</b></p> <p><b>2:30 Tea Time &amp; Trivia! (2K)</b></p> <p><b>3:30 Horse Races! (2K)</b></p> <p><b>6:30 Music &amp; Therapeutic Colouring (2MP)</b></p>	<p><b>10:00 Music and Movement (2MP) 13</b></p> <p><b>10:30 Nature Bingo! (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>11:00 Spring Scenic Drives (RSVP)</b></p> <p><b>1:30 Crafters Corner! (2MP)</b></p> <p><b>2:30 Spring Tea Party! (2K)</b></p> <p><b>3:30 GIANT BOWLING! (2LR)</b></p> <p><b>6:30 Movie Night &amp; Popcorn! (2LR)</b></p> <p><b>7:00 Hallway Strolls (2FH)</b></p>	<p><b>10:00 Morning Yoga and Stretch Exercise (2MP) 14</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 Number Bingo! (2K)</b></p> <p><b>1:30 Science Fun With Friends! (2K)</b></p> <p><b>2:30 Fresh Fruit &amp; Fit Minds! (2K)</b></p> <p><b>3:30 Sing A Long Afternoon (2K)</b></p> <p><b>6:00 Evening Snack Social &amp; Trivia (2MP)</b></p> <p><b>7:00 Bingo Night With MC Nursing Team! (2MP)</b></p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 15</b></p> <p><b>10:30 Musical Instrument Bingo! (2MP)</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>1:30 The Busy Bakers! (2K)</b></p> <p><b>2:30 Fancy High Tea Party! (2K)</b></p> <p><b>3:30 Java Music Club (2LR)</b></p> <p><b>7:00 Colour By Numbers (2K)</b></p>	<p><b>10:00 Drum Fit Exercise Class (2DR) 16</b></p> <p><b>10:30 Refresh &amp; Hydrate (2DR)</b></p> <p><b>10:30 School Days Bingo! (2K)</b></p> <p><b>1:30 Artful Enrichment Program (2DR)</b></p> <p><b>2:30 Munchies &amp; Mocktails! (2FP)</b></p> <p><b>3:00 Music Club! (2K)</b></p> <p><b>6:30 Movie Night &amp; Popcorn! (2LR)</b></p>	<p><b>10:30 Refresh &amp; Hydrate (2DR) 17</b></p> <p><b>11:00 Bingo Bash! (2MP)</b></p> <p><b>1:15 Fill In The Blanks..... (2MP)</b></p> <p><b>3:00 Movie Popcorn Matinee (2LR)</b></p> <p><b>6:30 Reminiscing Group (2LR)</b></p>



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# May 2025

## Memory Care Households

HOLLAND GARDENS  
RETIREMENT RESIDENCE

INSPIRED SENIOR LIVING WITH

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>10:00 Virtual Church Service (2LR) 18</b></p> <p>10:30 Reading Circle &amp; Tea Time (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>3:00 Short Stories and Poems (2LR)</p> <p>6:30 Card Game Night (2MP)</p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 19</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>10:30 Victoria Day Trivia &amp; Discussion (2K)</b></p> <p>1:30 Victoria Day Entertainment With John (2K)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p><b>10:00 Music and Movement (2MP) 20</b></p> <p>10:30 Nature Bingo! (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>11:00 Spring Scenic Drives (RSVP)</b></p> <p>1:30 Crafters Corner! (2MP)</p> <p>2:30 Spring Tea Party! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p><b>10:00 Morning Yoga and Stretch Exercise (2MP) 21</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Science Fun With Friends! (2K)</p> <p>2:30 Fresh Fruit &amp; Fit Minds! (2K)</p> <p>3:30 Sing A Long Afternoon (2K)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 22</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>1:30 The Busy Bakers! (2K)</b></p> <p>2:30 Fancy High Tea Party! (2K)</p> <p><b>3:30 Java Music Club (2LR)</b></p> <p>7:00 Colour By Numbers (2K)</p>	<p><b>10:00 Drum Fit Exercise Class (2DR) 23</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>10:30 School Days Bingo! (2K)</p> <p><b>1:30 Artful Enrichment Program (2DR)</b></p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p><b>3:00 Music Club! (2K)</b></p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p><b>10:30 Refresh &amp; Hydrate (2DR) 24</b></p> <p>11:00 Bingo Bash! (2MP)</p> <p>1:15 Fill In The Blanks..... (2MP)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>
<p><b>9:00 Music &amp; Therapeutic Colouring (2MP) 25</b></p> <p><b>10:00 Virtual Church Service (2LR)</b></p> <p>10:30 Reading Circle &amp; Tea Time (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>3:00 Short Stories and Poems (2LR)</p> <p>6:30 Card Game Night (2MP)</p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 26</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>10:30 BINGO! (2K)</b></p> <p>1:30 Manicure Monday! (2LR)</p> <p>2:30 Tea Time &amp; Trivia! (2K)</p> <p>3:30 Horse Races! (2K)</p> <p>6:30 Music &amp; Therapeutic Colouring (2MP)</p>	<p><b>10:00 Music and Movement (2MP) 27</b></p> <p>10:30 Nature Bingo! (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>11:00 Spring Scenic Drives (RSVP)</b></p> <p>1:30 Crafters Corner! (2MP)</p> <p>2:30 Spring Tea Party! (2K)</p> <p>3:30 GIANT BOWLING! (2LR)</p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p> <p>7:00 Hallway Strolls (2FH)</p>	<p><b>10:00 Morning Yoga and Stretch Exercise (2MP) 28</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>10:30 Number Bingo! (2K)</p> <p>1:30 Science Fun With Friends! (2K)</p> <p>2:30 Fresh Fruit &amp; Fit Minds! (2K)</p> <p>3:30 Sing A Long Afternoon (2K)</p> <p>6:00 Evening Snack Social &amp; Trivia (2MP)</p> <p>7:00 Bingo Night With MC Nursing Team! (2MP)</p>	<p><b>10:00 Sing Fit *New Signature Program* (2MP) 29</b></p> <p>10:30 Musical Instrument Bingo! (2MP)</p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p><b>1:30 The Busy Bakers! (2K)</b></p> <p>2:30 Fancy High Tea Party! (2K)</p> <p><b>3:30 Java Music Club (2LR)</b></p> <p>7:00 Colour By Numbers (2K)</p>	<p><b>10:00 Drum Fit Exercise Class (2DR) 30</b></p> <p>10:30 Refresh &amp; Hydrate (2DR)</p> <p>10:30 School Days Bingo! (2K)</p> <p><b>1:30 Artful Enrichment Program (2DR)</b></p> <p>2:30 Munchies &amp; Mocktails! (2FP)</p> <p><b>3:00 Music Club! (2K)</b></p> <p>6:30 Movie Night &amp; Popcorn! (2LR)</p>	<p><b>10:30 Refresh &amp; Hydrate (2DR) 31</b></p> <p>11:00 Bingo Bash! (2MP)</p> <p>1:15 Fill In The Blanks..... (2MP)</p> <p>3:00 Movie Popcorn Matinee (2LR)</p> <p>6:30 Reminiscing Group (2LR)</p>

Be Grateful



MONDAY  
MAY  
19

Victoria Day

### Locations Legend

2nd Floor Multi-Purpose Room (2MP)

2nd Floor Kitchen (2K)

2nd Floor Dining Room (2DR)

2nd Floor Living Room (2LR)

2nd Floor Patio (2FP)

Outing (RSVP)

2nd Floor Hallways (2FH)

Country Kitchen (CK)

### Calendar Legend

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program