



INSPIRED
SENIOR LIVING

June 2025

Canterbury Place Retirement Residence



INSPIRED SENIOR LIVING WITH



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Packages Available At Reception 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Ryan (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Jojo Rabbit (TH) 2:00 Loonie Bingo with Ryan (CK) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Jojo Rabbit (TH)	10:00 Exercises with Shantel (CK) 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: De-Lovely (TH) 2:00 Meet Me at the MoMa Presentation - Georg Baselitz (PL) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: De-Lovely (TH)	10:00 Gentle Fitness (CK) 10:00 Outing to Sherway Gardens Group 1 (Sign up @ Reception) (L) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Artfull Enrichment Workshop: Shaded Flower Patch (PL) 2:00 Disney Live Animation: Aladdin (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Gardening Club Meeting (CK) 3:30 Fit Minds-Stay Sharp (CK) 6:00 Clash of Opinions Debate (CK) 6:30 Movie Night: Woman in Gold (TH)	9:30 Smoothie Wednesdays: Green Pineapple Coconut Smoothie (BAR) 10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Classic Movie Wednesdays: The Shawshank Redemption (TH) 2:00 Crafty Wednesdays with Sandra: Creative Birthday Card Craft with Foam Paper (Sign-up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:30 Make Your Own Strawberry Ice Cream (Sign up @ Reception) (CK) 4:00 Go4Life Walking Grp (L) 6:15 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: The Shawshank Redemption (TH)	Wheelchair & Walker Clinic (2:00PM to 5:00PM) (S) 10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:30 Outing Classical Band/Orchestra Concert at Trinity Presbyterian Church (Please Sign Up @ Reception) (L) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel & Sandra (PL) 2:00 Netflix Series: Murdoch Mysteries "Concocting a Killer" (TH) 3:00 Afternoon Tea Social (BAR) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: Inception (TH) 7:00 Loonie Bingo (CK)	Ladies One Stop Shop (10:00AM. to 3:00PM) (PL) 10:00 Exercises with Sandra (CK) 10:00 Outing to Sherway Gardens Group 2(Sign up @ Reception) (L) 10:30 Quiddler with Andrea (GR) 10:45 Drumfit Classics (PL) 2:00 Movie Matinee: Saving Private Ryan (TH) 2:00 Friday Afternoon Bingo with Shantel (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Clay Sculpting Class with Sandra (Please Sign up @ Reception) (CK) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Saving Private Ryan (TH)	10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Presentation with Lianne Harris: Everything You Ever Wanted To Know About ART but afraid to ask (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 3:30 Saturday Afternoon Entertainment: Mozart: Symphony No. 40 Nikolaus Harnoncourt & Concentus Musicus (TH) 6:30 Movie Night: Armageddon Time (TH)
Activity Packages Available At Reception 10:00 Tai Chi with Thomas from Kinected Chain (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Adrienn (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Goodbye, Christopher Robin (TH) 2:00 Loonie Bingo with Adrienn (PL) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Goodbye, Christopher Robin (TH)	Hearing Clinic (Sign Up @ Reception, 1:30 - 4:30 p.m.) (S) 10:00 Seated Yoga with Tanvi (CK) 10:45 Drumfit Classics with Sandra (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: Hans Christian Andersen (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 6:30 Musical Movie Mondays: Hans Christian Andersen (TH)	10:00 Gentle Fitness (CK) 10:00 Outing to Toronto Holocaust Museum (Sign-up at Reception) (L) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Artfull Enrichment Workshop: Rowers Ripples (PL) 2:00 Disney Live Animation: 101 Dalmatians (TH) 3:00 Afternoon Tea Social (BAR) 3:30 Fit Minds-Stay Sharp (CK) 6:30 Movie Night: A Secret Love (TH)	10:00 Drumfit Classics with Sandra (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Clash of Opinions (CK) 2:00 Classic Movie Wednesdays: 12 Angry Men (TH) 2:00 Crafty Wednesdays with Sandra: DIY Ice Cream Stick Wall Art (Sign-up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Living Loving Local Chef's Demo with Crystel- Featuring Strawberries (CK) 4:00 Go4Life Walking Grp (L) 6:15 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: 12 Angry Men (TH)	10:00 Gentle Fitness (CK) 10:30 Thursday Trivia with Simone (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Sandra (PL) 2:00 Netflix Series: Murdoch Mysteries "Jagged a Little Pill" (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Resident Food Meeting with Crystel (CK) 4:30 Living Loving Local Theme Dinner (DR) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: The Father (TH) 7:00 Loonie Bingo (CK)	COVID Vaccine Clinic Day (CK) 10:00 COVID 19 Booster Clinic (CK) 10:30 Quiddler (GR) 10:30 Church Service with Msgr. Pat (PL) 11:30 St Edwards Church Appreciation Lunch (Please Sign Up @ Reception) (PL) 2:00 Movie Matinee: Beautiful Boy (TH) 2:00 Friday Afternoon Bingo with Sandra (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Clay Creations: Painting Your Masterpiece (Please Sign up @ Reception) (PL) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Beautiful Boy (TH)	10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics with Sandra (PL) 1:30 Go4Life Walking Grp (L) 2:00 Scattergories with Sandra (PL) 2:00 Saturday Afternoon Entertainment: Beethoven: Symphony No. 5 Fate Symphony Christian Thielemann & Vienna Philharmonic (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:00 Exercises with Sandra (CK) 3:30 Creative Colouring and Relaxing Music (PL) 6:30 Movie Night: Fatherhood (TH)
FATHER'S DAY Activity Packages Available At Reception 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Crystel (BAR) 11:30 Special Father's Day Brunch (DR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: The Pursuit of Happyness (TH) 2:00 Loonie Bingo with Loida (PL) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: The Pursuit of Happyness (TH) 6:30 Father's Day Entertainment with Jeff Giles (CK)	10:00 Exercises with Sandra (CK) 10:45 Drumfit Classics with Sandra (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: The Sound of Music (TH) 2:00 Meet Me at the MoMa Presentation - Agnes Martin (PL) 2:30 Meet me at the MoMa - Painting Session (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long with Lette (CK) 6:30 Musical Movie Mondays: The Sound of Music (TH)	Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 10:00 Gentle Fitness (CK) 10:45 Falls Prevention Exercise Class (CK) 1:30 Resident Council Meeting (PL) 2:00 Euchre (GR) 2:00 Artfull Enrichment Workshop: Clay Garden Gnome (CK) 2:00 Disney Live Animation: Peter Pan & Wendy (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Fruit Tasting (CK) 4:30 Outing- Dinner to The Keg Group 1(Sign up @ Reception) (L) 6:30 Movie Night: Eternal Sunshine of the Spotless Mind (TH)	10:00 Drumfit Classics (PL) 10:15 Seated Yoga With Deborah (CK) 2:00 Classic Movie Wednesdays: Mission: Impossible (1996) (TH) 2:00 Crafty Wednesdays with Debbie: DIY 3D Tissue on a Canvas (Please Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Getting To Know Adrienn Lovasz , Office Manager (CK) 4:00 Go4Life Walking Grp (L) 6:15 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: Mission: Impossible (1996) (TH)	10:00 Gentle Fitness (CK) 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Netflix Series: Murdoch Mystery "Bend It Like Brackenreid" (TH) 2:00 Loonie Bingo (CK) 3:00 Afternoon Tea Social (BAR) 3:00 Happy Hour \$5 a Glass (BAR) 3:30 Musical Hang Man with Sandra (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: Mission: Impossible 2 (2000) (TH)	10:00 Exercises with Sandra (CK) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 11:30 Bistro Lunch (Sign up @ Reception) (BAR) 2:00 Movie Matinee: Mission: Impossible 3 (2006) (TH) 2:00 Indigenous Show: Drumming Ceremony with Steve Blue (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 3:30 Life Enrichment Meeting (PL) 4:30 Go4Life Walking Grp (L) 6:30 Movie Night: Mission: Impossible 3 (2006) (TH)	National Indigenous People's Day First Day Of Summer! 10:00 Virtual Exercises (PL) 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 12:00 First Day of Summer Picnic (Please Sign Up @ Reception) (3T) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: Schubert: Große C-Dur-Sinfonie · hr-Sinfonieorchester · Andrés Orozco-Estrada (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Aberdeen (TH)



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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Activity Packages Available At Reception 22 10:00 Tai Chi with Thomas from Kinnected Chain (CK) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Lette (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Perfect Days (TH) 2:00 Loonie Bingo with Lette (PL) 3:00 Afternoon Tea Social (BAR) 6:30 Movie Night: Perfect Days (TH)	10:00 Exercises with Shantel (CK) 23 10:45 Drumfit Classics with Shantel (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: West Side Story (1961) (TH) 2:00 Painting with Lynn (Sign Up @ Reception) (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:00 Hearing Health Presentation with Christine from Hearing Life (CK) 6:30 Musical Movie Mondays: West Side Story (1961) (TH)	Fit Minds-Stay Sharp (Pick up @ Reception) (IS) 24 10:00 Gentle Fitness (CK) 10:00 Outing to Centerpoint Mall Group 1 (Sign-up at Reception) (L) 10:45 Falls Prevention Exercise Class (CK) 2:00 Euchre (GR) 2:00 Java Music Club Sing A-long (PL) 2:00 Disney Live Animation: Jungle Book (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Wine Tasting Featuring Wines from Canada (CK) 6:00 Clash of Opinions Debate (CK) 6:30 Movie Night: Flowers in the Attic (TH) 7:00 Sing A-long with Patricia Duffy (PL)	9:30 Smoothie Wednesdays: Mango, Strawberry, and Pineapple Smoothie (BAR) 25 10:00 Drumfit Classics with Sandra (PL) 10:00 Outing to Centerpoint Mall Group 2 (Sign-up at Reception) (L) 10:15 Seated Yoga With Deborah (CK) 2:00 Arms & Armour Educational Program with Jaclyn (CK) 3:00 Afternoon Tea Social (BAR) 4:00 Go4Life Walking Grp (L) 6:15 Poker Night with Effie (GR) 6:30 Classic Movie Wednesdays: From Russia with Love (TH)	10:00 Gentle Fitness (CK) 26 10:30 Thursday Trivia (BAR) 10:45 Falls Prevention Exercise Class (CK) 2:00 Musical Hang Man with Shantel & Sandra (PL) 2:00 Netflix Series: Murdoch Mystery " Painted Ladies" (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Celebrating June Birthdays with John Bridgens (CK) 6:00 Paraffin Wax Treatment (PL) 6:30 Bridge Night (GR) 6:30 Movie Night: A Haunting in Venice (TH) 7:00 Loonie Bingo (CK)	10:00 Exercises with Sandra (CK) 27 10:30 Quiddler (GR) 10:45 Drumfit Classics (PL) 2:00 Movie Matinee: The Imitation Game (TH) 2:00 Friday Afternoon Bingo with Shantel (CK) 3:00 Kings in the Corner (GR) 3:00 Afternoon Tea Social (BAR) 4:30 Go4Life Walking Grp (L) 6:00 Canterbury Place Prom (CK) 6:30 Movie Night: The Imitation Game (TH)	10:00 Exercises with Shantel (CK) 28 10:30 Quiddler (GR) 10:45 Drumfit Classics with Shantel (PL) 11:00 Outing on the Toronto Odyssey Boat Cruise (Please Sign Up @ Reception) (L) 1:30 Go4Life Walking Grp (L) 2:00 Saturday Afternoon Entertainment: Schumann: Symphony No. 1 with Christoph von Dohnányi (2008) NDR Elbphilharmonie Orchestra Schumann: 3. Sinfonie (»Rheinische«) · hr-Sinfonieorchester · Constantinos Carydis (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Euchre (GR) 3:30 Creative Colouring and Relaxing Music (CK) 6:30 Movie Night: Good Will Hunting (TH)

Activity Packages Available At Reception 29 10:00 Virtual Exercises (PL) 10:30 Manor Road United Church YouTube Service (All Welcome) (TH) 10:30 Sunday Trivia with Simone (BAR) 2:00 Scrabble Self Directed (GR) 2:00 Sunday Movie Screening: Love, Simon (TH) 2:00 Loonie Bingo with Simone (PL) 3:00 Afternoon Tea Social (BAR) 3:00 Spiritual Hymns with Simone (CK) 6:30 Movie Night: Love, Simon (TH)
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10:00 All Resident Information Meeting (CK) 30 10:45 Drumfit Classics (PL) 11:00 Go4Life Walking Grp (L) 2:00 Bridge Game (2:00pm to 4:00pm) (GR) 2:00 Musical Movie Mondays: The Greatest Showman (TH) 3:00 Afternoon Tea Social (BAR) 3:00 Tech Corner with the Students (Sign-up at Reception) (IS) 3:30 Java Music Club Sing A-long (CK) 5:00 Outing- Dinner to The Keg Group 2 (Sign up @ Reception) (L) 6:30 Musical Movie Mondays: The Greatest Showman (TH)

Alzheimer's Brain Awareness Month

SUNDAY
JUNE
15

Father's Day

SATURDAY
JUNE
21

Indigenous Peoples Day

Calendar Legend

Outing

Special Program

Cruise Week

Living, Loving, Local

Signature Program

Be Heard

Locations Legend

Country Kitchen (CK)

Theatre (TH)

Piano Lounge (PL)

Bar (BAR)

Games Room (GR)

Lobby (L)

In Suite (IS)

Salon (S)

Dining Room (DR)

3rd Floor Terrace (3T)