June 2025 - Assisted

Evergreen Retirement Community

Verve INSPIRED SENIOR LIVING

EVERGREEN RETIREMENT COMMUNITY

INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Shuffle Board (GR) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes (LGE) 4:00 Go for Life Walk Club (LGE) 4:30 Word Games - June Word Unscramble (LGE) 6:00 Movie Night (LGE)	**2** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Tennis (LGE) 2:00 Artist Hour (DR) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Pearl (June Birthstone) (LGE)	**3** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:30 Outing- Chaalo Indian Restaurant (TS) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Strawberry Mango Iced Tea (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**4** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Vendor- Classy Jewellery By Maria (TS) 11:00 Nail Care (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Holy Mass (Catholic) (T) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:15 Categories Game (LGE)	**5** 9:30 Go for Life Walk (TS) 10:00 World Environment Day - Facts & Trivia (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Brandon's Travelogue on Czech Republic, Latvia & Poland (T) 3:00 Lifemark- Movement Matters (LGE) 3:30 LLL - Strawberry Daquiri's (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**6** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 10:30 D-Day World War 2 Presentation (T) 11:00 Vendor- Express Fashions (TS) 11:00 Travelogue - Croatia (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Samira Yeo served with Doughnuts (DPR) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Gardening Week - Planting Herbs (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**7** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games - Math Challenge (LGE) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 6:00 Movie Night (LGE)
8 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Bingo (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:30 Word Games - Ocean Day Hangman (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night (LGE)	**9** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Volleyball (LGE) 2:00 Artist Hour (DR) 3:00 Cards - UNO (LGE) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Roses (June Flower) (LGE)	**10** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:00 Outing- Great Canadian Casino (TS) 10:30 Evergreen Balancing Exercises (LGE) 10:30 National Herbs and Spices Day- Presentation and Smell-test (CK) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Sip Social- Iced Tea (National Icea Tea Day) (TS) 2:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Portugal Day Entertainment- Filipa Sousa with Custard Tarts (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**11** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Fit Minds Cards (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Scattergories (LGE)	**12** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Pet Therapy- Bunnies in a Basket (CK) 3:00 Lifemark- Movement Matters (LGE) 3:30 LLL - Strawberry Matcha Tea (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**13** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Poland (LGE) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Prince Cave served with Rose Wine (DPR) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 Colouring & Conversation (DR) 3:30 Classy Potato Chip Tasting (GR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**14** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:15 Bingo (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Word Games - Canadian Indigenous Day Themed (LGE) 6:00 Movie Night (LGE)
15 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 11:30 Father's Day BBQ Social (DPR) 1:00 Shuffle Board (GR) 2:00 Ring Toss (LGE) 3:00 Origami Paper Ties - Father's Day Craft (LGE) 4:00 Go for Life Walk Club (LGE) 4:30 Word Games - Father's Day Crossword (LGE) 6:00 Movie Night (LGE)	**16** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Group Basketball (LGE) 2:00 Artist Hour (DR) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Alzheimer's Month (LGE)	**17** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:30 Outing- Sushi Omigoto (TS) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Root Beer Floats (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**18** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Fit Minds Cards (LGE) 11:00 Vendor- Anish's Fashion Traditions (TS) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 2:30 International Picnic Day - Freezies on the Balcony (B) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Spelling Bee (LGE)	**19** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Afternoon (Iced) Tea Social (WB) 3:00 Lifemark- Movement Matters (LGE) 3:00 LLL- Strawberry Benefits and Trivia (LGE) 3:30 820 Residents Meeting (T) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS) 7:00 Entertainment- JT Choir Band (TS)	**20** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Travelogue - Greece (LGE) 11:00 Puppy Therapy with Ruby (TS) 1:00 Seated Bowling (LGE) 2:00 Entertainment- Dave Thierry (Pianist) served with Mango, Pineapple Smoothies (TS) 3:00 Lifemark- Osteo Exercises (LGE) 3:30 First Day of Summer - DIY Flower Bouquets (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**21** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:00 Shuffle Board (GR) 2:00 Brain Games - Summer Themed Hangman (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 6:00 Movie Night (LGE)

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Bingo (LGE) 2:00 Hand-eye Coordination and Sensory Activity (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:30 Brain Games - Matching Memory Exercise (LGE) 4:00 Go for Life Walk Club (LGE) 4:15 World Rainforest Day - Trivia (LGE) 6:00 Movie Night (LGE)	**23** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Beach Ball Soccer (LGE) 2:00 Artist Hour (DR) 3:00 Cards - UNO (LGE) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - Men's Health Month (LGE)	**24** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Balancing Exercises (LGE) 11:00 Java Music (LGE) 11:00 Outing- Paradiso Restaurant (TS) 1:30 Bingo (LGE) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Pear & Jasmine Iced Tea (TS) 3:30 Fit Minds (LGE) 4:00 Go for Life Walk Club (TS)	**25** 9:30 Go for Life Walk (TS) 10:00 Prayers 1-1 (LGE) 10:00 Question of the Day (LGE) 10:30 Evergreen Tai Chi Exercises (LGE) 11:00 Vendor- Adrian's Family Clothing (TS) 11:00 Fit Minds Cards (LGE) 1:30 Board Game-Scrabble (LGE) 2:00 Bible Study (CK) 3:00 Lifemark- Osteo Exercises (LGE) 4:00 Go for Life Walk Club (TS) 4:30 Eye-Spy (LGE)	**26** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Foot Step Exercises (LGE) 11:00 Java Music (LGE) 1:30 Bingo (LGE) 2:00 Wine & Cheese with Strawberries & Cream (WB) 3:00 Lifemark- Movement Matters (LGE) 3:45 Shuffle Board (GR) 4:00 Go for Life Walk Club (TS)	**27** 9:00 Sense of Hearing Clinic (CK) 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Evergreen Yoga Exercises (LGE) 11:00 Vendor- Arbonne Cosmetics (TS) 11:00 Travelogue - Hungary (LGE) 1:00 Seated Bowling (LGE) 2:00 Carnival Entertainment– Tim Godfrey served with Pina Coladas (DPR) 3:00 Lifemark- Osteo Exercises (LGE) 3:00 Carnival Entertainment- Hands on Exotics- Exotic Animal Showcase (DPR) 3:30 Colouring & Conversation (DR) 4:00 Go for Life Walk Club (TS) 4:30 Short Stories (LGE)	**28** 9:30 Go for Life Walk (TS) 11:00 Artfull Enrichment (LGE) 1:15 Bingo (LGE) 2:30 Brain Games - What's in the Word? (LGE) 3:00 Holy Communion and Rosary (T) 3:30 Sing Along (LGE) 4:00 Go for Life Walk Club (TS) 4:15 5 Senses Questionnaire Discussion (LGE) 4:30 Brain Games - Maze Puzzles (LGE) 6:00 Movie Night (LGE)
29 9:30 Go for Life Walk (TS) 10:00 Gratitude Journaling (LGE) 11:00 Meet Me at MOMA (CK) 1:00 Shuffle Board (GR) 2:00 Ring Toss (LGE) 3:00 Coffee Social and Horoscopes (LGE) 3:30 Word Games - Finishing Words (LGE) 4:00 Go for Life Walk Club (LGE) 6:00 Movie Night (LGE)	**30** 9:30 Go for Life Walk (TS) 10:00 Question of the Day (LGE) 10:30 Meditation Monday (LGE) 10:45 Prayers 1-1 (LGE) 11:00 Lifemark- Movement Matters (LGE) 1:00 Balloon Volleyball (LGE) 2:00 Artist Hour (DR) 3:00 Cards - Crazy Eights (LGE) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk Club (TS) 4:30 Trivia - What Happened in June (LGE)					

Be Heard

Locations Legend

Lounge (LGE)
Town Square (TS)
Craft Kitchen (CK)
Games Room (GR)
Dining Room (DR)
Theatre (T)
Dining Room Patio (DPR)
Movement Studio (MVS)
Window Bar (WB)
Balcony (B)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program