June 2025- Independent
Evergreen Retirement Community

Verve INSPIRED SENIOR LIVING

EVERGREEN RETIREMENT COMMUNITY
INSPIRED SENIOR LIVING WITH Verve

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Gratitude Journaling (CK) 10:30 Creative Colouring (CK) 10:30 Go for Life Walk (TS) 1:00 Cribbage (GR) 2:00 Craft- Beaded Bracelets (CK) 4:00 Go for Life Walk (TS) 6:30 Shuffle Board (GR) 7:00 Uno Card Game (CK) 7:00 Movie Night- La La Land (T)	**2** 9:00 Lifemark Movement Matters (MVS) 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Strength & Balance Exercises (TS) 10:15 Lifemark Fall Prevention (MVS) 10:30 Go for Life Walk (TS) 1:00 Cards- Mexican Train (GR) 1:45 Quiddler & Racko Game (LGE) 2:00 Fit Minds (CK) 3:00 Knitting & Crochet (CK) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk (TS)	**3** 10:00 Evergreen Posture Exercises (MVS) 10:30 Go for Life Walk (TS) 11:30 Outing- Chaalo Indian Restaurant (TS) 1:45 Aqua Fit Class (PL) 2:00 Rummikub Game (GR) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Strawberry Mango Iced Tea (TS) 4:00 Go for Life Walk (TS) 4:30 Tech Time (CF) 6:30 Shuffle Board (GR) 7:00 Scrabble Board Game (GR)	**4** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Tai Chi Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Vendor- Classy Jewellery By Maria (TS) 1:00 Canasta (WB) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Bingo with Brandon (GR) 2:00 Lifemark- Osteo Program (MVS) 2:00 Bible Study (CK) 3:00 Holy Mass (Catholic) (T) 3:30 Name that Tune (FSL) 3:30 Men's Social Club (GR) 4:00 Go for Life Walk (TS) 7:00 Euchre Club (GR)	**5** 10:00 Evergreen Leg Exercises (MVS) 10:00 Outings for Shopping (TS) 10:30 Go for Life Walk (TS) 1:15 Lifemark- Pump it Up (MVS) 2:00 Rummikub Game (GR) 2:00 Lifemark- Movement Matters (MVS) 2:00 Brandon's Travelogue on Czech Republic, Latvia & Poland (T) 3:00 Rosary with Joana (T) 3:00 LLL- Strawberry Daquiri's (TS) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk (TS) 7:00 Group Puzzle (CK)	**6** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Yoga Exercises (MVS) 10:30 Go for Life Walk (TS) 10:30 Barbara's Exercise Class (MVS) 10:30 D-Day World War 2 Presentation (T) 11:00 Meet Me at MOMA (CK) 11:00 Vendor- Express Fashions (TS) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Lifemark- Osteo Program (MVS) 2:00 Entertainment- Samira Yeo served with Doughnuts (DPR) 3:00 What's in a Word? (CK) 4:00 Go for Life Walk (TS) 7:00 Board Game- Lost in Translation (GR)	**7** 10:30 Go for Life Walk (TS) 11:00 Billards -Pool Table (GR) 1:00 Brain Teasers- Word Unscramble (CK) 2:00 Artfull Enrichment (CK) 3:00 Scrabble Board Game (GR) 3:00 Rosary with Joana (T) 4:00 Go for Life Walk (TS) 7:00 Jack Pot Bingo (Bring Quarters and 1 Toonie) (GR) 7:00 Movie Night- War Horse (T)
8 9:00 Gratitude Journaling (CK) 10:30 Creative Colouring (CK) 10:30 Go for Life Walk (TS) 1:00 Cribbage (GR) 2:00 Craft- Jelly Fish Streamers (CK) 4:00 Go for Life Walk (TS) 6:30 Shuffle Board (GR) 7:00 Uno Card Game (CK) 7:00 Movie Night- Winter's Tale (T)	**9** 9:00 Lifemark Movement Matters (MVS) 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Strength & Balance Exercises (TS) 10:15 Lifemark Fall Prevention (MVS) 10:30 Go for Life Walk (TS) 1:00 Cards- Mexican Train (GR) 1:45 Quiddler & Racko Game (LGE) 2:00 Fit Minds (CK) 3:00 Knitting & Crochet (CK) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk (TS)	**10** 10:00 Evergreen Posture Exercises (MVS) 10:00 Outing- Great Canadian Casino (TS) 10:30 Go for Life Walk (TS) 10:30 National Herbs and Spices Day- Presentation and Smell-test (CK) 1:45 Aqua Fit Class (PL) 2:00 Rummikub Game (GR) 2:00 Sip Social- Iced Tea (National Icea Tea Day) (TS) 2:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Portugal Day Entertainment- Filipa Sousa with Custard Tarts (TS) 4:00 Go for Life Walk (TS) 4:30 Tech Time (CF) 6:30 Shuffle Board (GR) 7:00 Scrabble Board Game (GR)	**11** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Tai Chi Exercises (MVS) 10:30 Go for Life Walk (TS) 1:00 Canasta (WB) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Bingo with Brandon (GR) 2:00 Lifemark- Osteo Program (MVS) 2:00 Bible Study (CK) 3:30 Name that Tune (FSL) 3:30 Men's Social Club (GR) 4:00 Go for Life Walk (TS) 7:00 Euchre Club (GR)	**12** 10:00 Evergreen Leg Exercises (MVS) 10:30 Go for Life Walk (TS) 1:15 Lifemark- Pump it Up (MVS) 2:00 Rummikub Game (GR) 2:00 Lifemark- Movement Matters (MVS) 2:00 Pet Therapy- Bunnies in a Basket (CK) 3:00 Rosary with Joana (T) 3:00 LLL- Strawberry Matcha Tea (TS) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk (TS) 7:00 Group Puzzle (CK)	**13** 10:00 Evergreen Yoga Exercises (MVS) 10:30 Go for Life Walk (TS) 10:30 Barbara's Exercise Class (MVS) 11:00 Meet Me at MOMA (CK) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Lifemark- Osteo Program (MVS) 2:00 Entertainment- Prince Cave served with Rose Wine (DPR) 3:00 What's in a Word? (CK) 3:30 Classy Potato Chip Tasting (GR) 4:00 Go for Life Walk (TS) 7:00 Board Game- Lost in Translation (GR)	**14** 10:00 Evergreen Body Strength Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Billards -Pool Table (GR) 1:00 Brain Teasers- Odd one Out (CK) 2:00 Artfull Enrichment (CK) 2:30 Travelogue- Belarus (CK) 3:00 Holy Communion and Rosary (T) 3:00 Scrabble Board Game (GR) 4:00 Go for Life Walk (TS) 7:00 Jack Pot Bingo (Bring Quarters and 1 Toonie) (GR) 7:00 Movie Night- Maudie (T)
15 9:00 Gratitude Journaling (CK) 10:30 Creative Colouring (CK) 10:30 Go for Life Walk (TS) 11:30 Father's Day BBQ Social (DPR) 1:00 Cribbage (GR) 2:00 Craft- Origami Paper Ties (CK) 4:00 Go for Life Walk (TS) 6:30 Shuffle Board (GR) 7:00 Uno Card Game (CK) 7:00 Movie Night- Walking Out (T)	**16** 9:00 Lifemark Movement Matters (MVS) 10:00 Evergreen Strength & Balance Exercises (TS) 10:15 Lifemark Fall Prevention (MVS) 10:30 Go for Life Walk (TS) 1:00 Cards- Mexican Train (GR) 1:45 Quiddler & Racko Game (LGE) 2:00 Fit Minds (CK) 3:00 Knitting & Crochet (CK) 3:00 Entertainment- Auggie on Saxophone (TS) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk (TS)	**17** 10:00 Evergreen Posture Exercises (MVS) 10:30 Go for Life Walk (TS) 11:30 Outing- Sushi Omigoto (TS) 1:45 Aqua Fit Class (PL) 2:00 Rummikub Game (GR) 2:00 Entertainment- Audrey & Auggie (TS) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Root Beer Floats (TS) 4:00 Go for Life Walk (TS) 4:30 Tech Time (CF) 6:30 Shuffle Board (GR) 7:00 Scrabble Board Game (GR)	**18** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Tai Chi Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Vendor- Anish's Fashion Traditions (TS) 1:00 Canasta (WB) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Bingo with Brandon (GR) 2:00 Lifemark- Osteo Program (MVS) 2:00 Bible Study (CK) 3:30 Name that Tune (FSL) 3:30 Men's Social Club (GR) 4:00 Go for Life Walk (TS) 7:00 Euchre Club (GR)	**19** 10:00 Evergreen Leg Exercises (MVS) 10:00 Outings for Shopping (TS) 10:30 Go for Life Walk (TS) 1:15 Lifemark- Pump it Up (MVS) 2:00 Rummikub Game (GR) 2:00 Lifemark- Movement Matters (MVS) 2:00 Afternoon (Iced) Tea Social (WB) 3:00 Rosary with Joana (T) 3:30 820 Residents Meeting (T) 3:30 LLL - Strawberry Benefits & Trivia (LGE) 4:00 Go for Life Walk (TS) 7:00 Group Puzzle (CK) 7:00 Entertainment- JT Choir Band (TS)	**20** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Yoga Exercises (MVS) 10:30 Go for Life Walk (TS) 10:30 Barbara's Exercise Class (MVS) 11:00 Meet Me at MOMA (CK) 11:00 Puppy Therapy with Ruby (TS) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Lifemark- Osteo Program (MVS) 2:00 Entertainment- Dave Thierry (Pianist) served with Mango, Pineapple Smoothies (TS) 3:00 What's in a Word? (CK) 4:00 Go for Life Walk (TS) 7:00 Board Game- Lost in Translation (GR)	**21** 10:30 Go for Life Walk (TS) 11:00 Billards -Pool Table (GR) 1:00 Brain Teasers- Nutrition Trivia (CK) 2:00 Artfull Enrichment (CK) 3:00 Holy Communion and Rosary (T) 3:00 Scrabble Board Game (GR) 4:00 Go for Life Walk (TS) 7:00 Jack Pot Bingo (Bring Quarters and 1 Toonie) (GR) 7:00 Movie Night- The Hundred Foot Journey (T)

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22 9:00 Gratitude Journaling (CK) 10:30 Creative Colouring (CK) 10:30 Go for Life Walk (TS) 1:00 Cribbage (GR) 2:00 Craft- Painting Lady Bugs (CK) 4:00 Go for Life Walk (TS) 6:30 Shuffle Board (GR) 7:00 Uno Card Game (CK) 7:00 Movie Night- Boyhood (T)	**23** 9:00 Lifemark Movement Matters (MVS) 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Strength & Balance Exercises (TS) 10:15 Lifemark Fall Prevention (MVS) 10:30 Go for Life Walk (TS) 1:00 Cards- Mexican Train (GR) 1:45 Quiddler & Racko Game (LGE) 2:00 Fit Minds (CK) 3:00 Knitting & Crochet (CK) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk (TS)	**24** 10:00 Evergreen Posture Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Outing- Paradiso Restaurant (TS) 1:45 Aqua Fit Class (PL) 2:00 Rummikub Game (GR) 2:00 Entertainment- Audrey & Auggie (TS) 2:00 Pear/Jasmine Iced Tea & Painting (CK) 3:00 Lynnie's Bollywood Chair Dancing (MVS) 3:00 Sip Social- Pear & Jasmine Iced Tea (TS) 4:00 Go for Life Walk (TS) 4:30 Tech Time (CF) 6:30 Shuffle Board (GR) 7:00 Scrabble Board Game (GR)	**25** 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Tai Chi Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Vendor- Adrian's Family Clothing (TS) 1:00 Canasta (WB) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Bingo with Brandon (GR) 2:00 Lifemark- Osteo Program (MVS) 2:00 Bible Study (CK) 3:30 Name that Tune (FSL) 3:30 Men's Social Club (GR) 4:00 Go for Life Walk (TS) 7:00 Euchre Club (GR)	**26** 10:00 Evergreen Leg Exercises (MVS) 10:00 Outings for Shopping (TS) 10:30 Go for Life Walk (TS) 1:15 Lifemark- Pump it Up (MVS) 2:00 Rummikub Game (GR) 2:00 Lifemark- Movement Matters (MVS) 2:00 Wine & Cheese with Strawberries & Cream (WB) 3:00 Rosary with Joana (T) 3:30 Drum Fit (MVS) 4:00 Go for Life Walk (TS) 7:00 Group Puzzle (CK)	**27** 9:00 Outings for Medical Appointments (TS) 9:00 Sense of Hearing Clinic (CK) 10:00 Evergreen Yoga Exercises (MVS) 10:30 Go for Life Walk (TS) 10:30 Barbara's Exercise Class (MVS) 11:00 Meet Me at MOMA (CK) 11:00 Vendor- Arbonne Cosmetics (TS) 1:15 Lifemark- Falls Prevention (MVS) 2:00 Lifemark- Osteo Program (MVS) 2:00 Carnival Entertainment– Tim Godfrey served with Pina Coladas (DPR) 3:00 What's in a Word? (CK) 3:00 Carnival Entertainment- Hands on Exotics- Exotic Animal Showcase (DPR) 4:00 Go for Life Walk (TS) 7:00 Board Game- Lost in Translation (GR)	**28** 10:00 Evergreen Body Strength Exercises (MVS) 10:30 Go for Life Walk (TS) 11:00 Billards -Pool Table (GR) 1:00 Brain Teasers- Poetry Writing (CK) 2:00 Artfull Enrichment (CK) 2:30 Travelogue- Lithuania (CK) 3:00 Holy Communion and Rosary (T) 3:00 Scrabble Board Game (GR) 4:00 Go for Life Walk (TS) 7:00 Jack Pot Bingo (Bring Quarters and 1 Toonie) (GR) 7:00 Movie Night- Penny Serenade (T)
29 9:00 Gratitude Journaling (CK) 10:30 Creative Colouring (CK) 10:30 Go for Life Walk (TS) 1:00 Cribbage (GR) 2:00 Craft- Potted Cactus (CK) 4:00 Go for Life Walk (TS) 6:30 Shuffle Board (GR) 7:00 Uno Card Game (CK) 7:00 Movie Night- An American in Paris (Classic) (T)	**30** 9:00 Lifemark Movement Matters (MVS) 9:00 Outings for Medical Appointments (TS) 10:00 Evergreen Strength & Balance Exercises (TS) 10:15 Lifemark Fall Prevention (MVS) 10:30 Go for Life Walk (TS) 1:00 Cards- Mexican Train (GR) 1:45 Quiddler & Racko Game (LGE) 2:00 Fit Minds (CK) 3:00 Knitting & Crochet (CK) 3:00 Entertainment- Auggie on Saxophone (TS) 4:00 Go for Life Walk (TS)					

Be Heard

Locations Legend

Town Square (TS)
Movement Studio (MVS)
Craft Kitchen (CK)
Games Room (GR)
Theatre (T)
Lounge (LGE)
Window Bar (WB)
Dining Room Patio (DPR)
Pool (PL)
Cafe (CF)
Fireside Lounge (FSL)

Calendar Legend

Outing
Special Program
Living, Loving, Local
Signature Program